Bainbridge Aquatic Masters 14th Annual BAM Fest Saturday, October 3rd, 2015 Warm-up: 9:00 AM Meet starts at 10:00 AM Sanctioned by PNA for USMS Inc. # 0365-S007

- LOCATION: Bainbridge Island Aquatic Center, 8521 Madison Ave, Bainbridge Island WA 98110
- FACILITY: 25yd pool, 6 lanes, separate warm-up area. Temp 82°F
- MEET DIRECTOR: Andrea Wilson (206-799-1918), email: BAMFest2015@gmail.com.
- MEET REFEREE: Teri White, <u>teriwhite53@gmail.com</u>, 253-370-8261.
- **CONCESSIONS:** Free, donations accepted
- **RULES:** Current USMS rules will govern the meet.
- **ELIGIBILITY:** Open to all 2015 USMS or foreign registered swimmers 18 and above as of 10/03/2015. Age groups based on the swimmer's age as of 10/03/2015.
- **ENTRIES:** Swimmers may enter up to 5 individual events. Entries must be postmarked by Monday, September 28th or online by 11:59 PM (Pacific) Wednesday, September 30th. NO race day entries accepted.
- **SEEDING:** All events slow to fast, age group and sexes mixed. Pre-seeding except for 500 Free.
- **CHECK-IN:** Positive check-in required for the 500 Free by the conclusion of event #6. Swimmers missing the check-in deadline may be scratched from the event.
- **RELAYS:** Deck-enter relays at the meet at no charge. Mixed relays require two men and two women. Mark your relay entry card carefully to ensure correct intent and results.
- AWARDS: PNA awards available for purchase at meet.

ORDER OF EVENTS

Modified "High School" Format

1/2	Womens/Mens	9	100 Free
	200 Medley Relay	10	500 Free
3	200 Free	11	100 IM
4	50 Back	12/13	Womens/Mens
5	200 IM		200 Free Relay
6	50 Free	14	100 Back
	15 min break	15	50 Fly
7	100 Fly	16	100 Breast
8	50 Breast	17	200 Mxd Fantasy Rly

ENTRY FEES: \$16 (US or Canadian; includes LMSC and timing surcharges) PLUS \$1 per individual event (optional for seniors and needs-based swimmers). Entry fees include WA State sales tax. No charge for relays.

ONLINE ENTRIES: Enter online at:

https://www.clubassistant.com/club/meet_information.cfm?c= 1534&smid=6391

- PAPER ENTRIES: Use the PNA Generic Entry Form available on the PNA Website or in the WetSet. Make checks payable to BAM and mail to: BAM, PO Box 10934, Bainbridge Island, WA 98110.
- **DIRECTIONS: From Seattle**: Take the 7:55 AM ferry to Bainbridge Island. Proceed on SR305 exactly one mile to NE High School Road. Turn left (west) on High School Rd. Turn right (north) at traffic circle onto Madison Ave. Take first left for driveway entrance to pool.

From West sound: Take SR305 to Madison Ave. N and turn right (south). Proceed 0.6 miles to the pool entrance on the right.

LODGING:

- Eagle Harbor Inn, 291 Madison Ave. S., Bainbridge Island, (206) 842-1446 (<u>www.theeagleharborinn.com</u>)
- BEST WESTERN INN PLUS, 350 NE High School Road, Bainbridge Island, (206) 855-9666
- Island Country Inn, 920 Hildebrand Lane, Bainbridge Island, (206) 842-6861
- Suquamish Clearwater Casino Resort 15347 Suquamish Way, NE, Suquamish (866) 609-8700