

# EMU Warmest Masters LCM Swim Meet



Jones Natatorium - Ypsilanti, MI  
Sunday, July 26, 2015  
sanction#195-S008

This meet will be swum as Long Course Meters (50 meters)

Eligibility: Only swimmers who have a current USMS membership will be allowed to compete. **A photocopy of your USMS membership card should accompany your entry.**

Entries: Pre-entries are \$30; pre-entries should be postmarked by July 22nd. Deck entries on the morning of the meet will be \$35. All relays will be deck entered. Swimmers may swim a maximum of 5 individual events and 3 relays.

Warmup will begin at 8AM, the meet will begin at 9AM. Only one heat of the 1500 Free will be swum; only the first 10 entrants for this event will be able to swim it. No deck entries will be accepted for the 1500 Free.

Enter the pool feet first, no diving is allowed during warm-up, except in designated "start/sprint" lanes. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Location: Jones Natatorium at the Eastern Michigan University, which is located in the Athletic Campus (see attached map)

Meet Director:

Sally Guthrie (734) 913-9282 & Frank "Skip" Thompson (248) 683-2191  
[salgut@umich.edu](mailto:salgut@umich.edu) [FrankSkipThomps@aol.com](mailto:FrankSkipThomps@aol.com)

**Mail entries and a photocopy of your USMS card to:**

Sally Guthrie  
3521 Windemere Dr.  
Ann Arbor, MI 48105-2866

MAKE CHECKS PAYABLE TO:  
South Oakland Seals

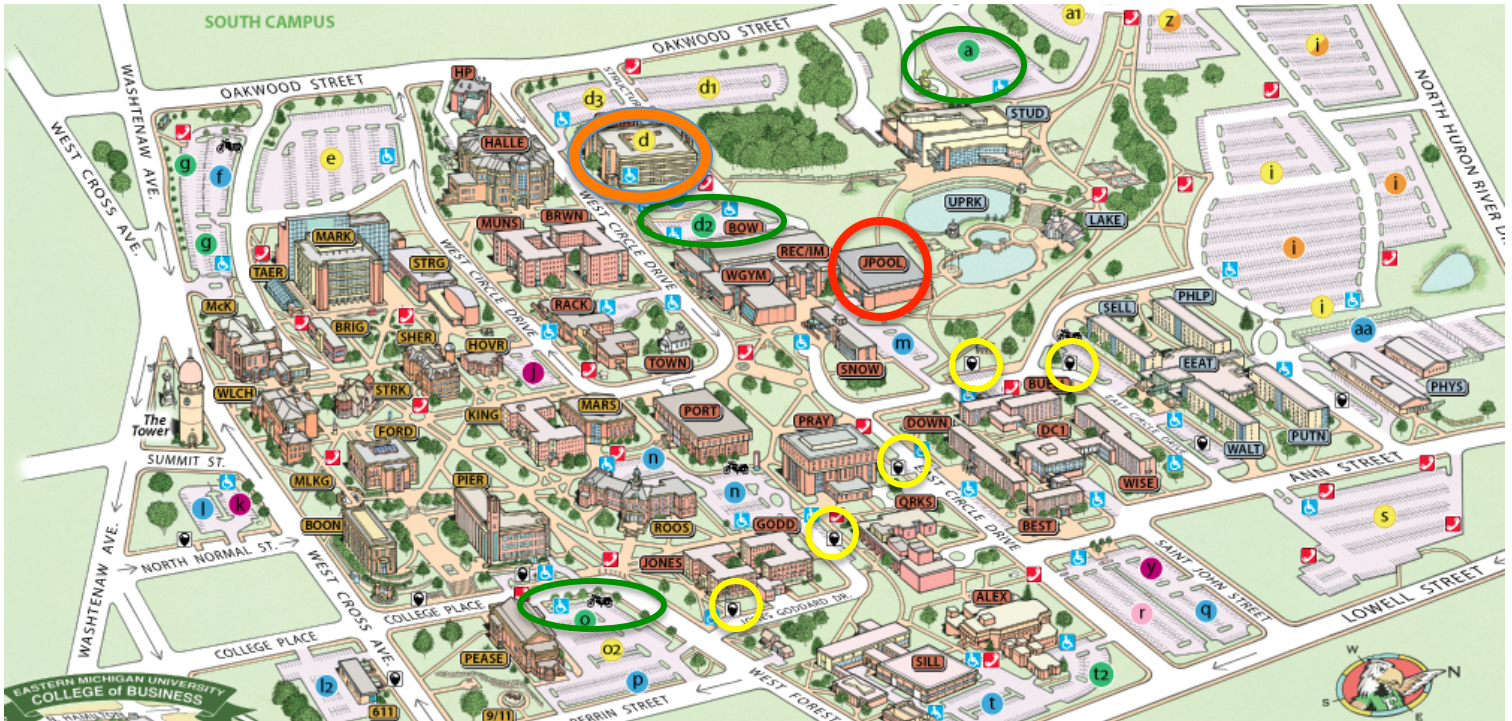


# EMU Warmest Masters Meet Entry, July 26, 2015

Name:	Email:		
Street Address:			
City:	Date of Birth:		
Phone#:	SEX:	AGE:	USMS#

<b>EVENT#</b>	<b>EVENT</b>	<b>SEED TIME</b>
1	1500 meter Freestyle	
2	50 meter Breaststroke	
3	100 meter Butterfly	
4	200 meter IM	
5	50 meter Freestyle	
6	800 meter Freestyle Relays	Will be deck entered
7	200 meter Backstroke	
8	200 meter Breaststroke	
9	100 meter Freestyle	
10	200 meter Butterfly	
11	400 meter Medley Relays	Will be deck entered
12	50 meter Backstroke	
13	100 meter Breaststroke	
14	50 meter Butterfly	
15	200 meter Freestyle	
16	400 meter Freestyle relays	Will be deck entered
17	100 meter Backstroke	
18	400 meter IM	
19	400 meter Freestyle	

# MAP OF THE EASTERN MICHIGAN UNIVERSITY CAMPUS



The red circle indicates the location of the Natatorium

Parking: The green circles indicate guest/paid parking (\$1/hr)

The yellow circles indicate metered parking (\$1/hr)

## Directions to Jones Natatorium at EMU:

It is easiest to approach EMU from US 23. Take exit 37-A, Washtenaw Ave, towards Ypsilanti. Take Washtenaw Avenue up to Oakwood Street (warning – there may not be a street sign at Oakwood – but this is the first entrance to Eastern Michigan University – if you pass by the distinctive water tower on your right – you have gone too far). The entrance to the parking deck is located off the fourth drive to your right off of Oakwood.

The pool is located beside and a little below the Bowen Field House – down the hill if you walk up West Circle Dr. – It is not located on a main street on campus so you will have to walk a little bit no matter where you park.



## PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed