

**Santa Barbara Masters  
Reg Richardson Memorial LCM Meet  
Saturday July 11, 2015**

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction #335-S017

**Facility:** Los Banos Del Mar Pool, 401 Shoreline Drive, Santa Barbara, CA 93109. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**Directions:** From the 101 Freeway going North, exit at Cabrillo Blvd. (Off ramp on the left) Turn toward the ocean and drive west along the beach. Cabrillo Blvd becomes Shoreline Dr. at Castillo St. The pool is on the left. Just past the pool is the entrance to the Harbor parking lot. From the 101 Freeway going South, exit at Castillo St. Turn right onto Castillo St. Castillo St ends at Shoreline Dr. and the pool is straight ahead. Turn right on Shoreline and Harbor parking will be on your left. (There is a parking fee at the lot)

**Rules:** USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form. Age on December 31, 2015 determines age group for the meet. You must be at least 18 to compete. Swimmers are limited to entering a total of 5 individual events.

**Entries:** Pre-entry postmarked deadline is Wednesday July 1, 2015. On deck registration is permitted. Online registration will close on Wednesday, July, 8 @11:59 p.m. Deck entries will close at 8:45 a.m. for the 1500 m Freestyle and 10:30 a.m. for all other events.

**Entry Fees:** There is a \$30.00 flat fee per swimmer. For relay-only swimmers the fee is \$5.00 Deck entries or online entries after July 2, 2014 are allowed for \$40.00 flat fee.

**Seeding:** All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check-in is not required in order to be deck seeded, except swimmers *must* check in to swim the 1500 m Freestyle.

**Relays:** The 400 m Freestyle relay will be deck-entered. Relay fees are \$5.00 per relay due upon entry. All relays must be submitted on SPMS relay forms that will be available at the meet. For each relay swimmer who is not entered in individual events, a signed release must be submitted with the relay entry.

**Awards:** Individual: Ribbons for places 1-3, Relay: Ribbons for first place.

**Checks payable to:** Santa Barbara Swim Club. Mail consolidated entry card, a copy of your 2015 USMS card, and check to Ben Britten, 409 Tiffany Dr., Santa Maria, CA 93454, [benjet23@yahoo.com](mailto:benjet23@yahoo.com)

**Questions:** Santa Barbara Swim Club Office (806) 966-9757, [swimoffice@sbswim.net](mailto:swimoffice@sbswim.net)

**Saturday, July 11, 2013**

**Warm-Up at 8:00 a.m.**

**1500 m Freestyle starts at 9:00 a.m.**

1. 1500 m Freestyle

**Additional warm-up after the 1500 m Freestyle**

**Event #2 starts at 11:00 a.m.**

2. 100 m Freestyle
3. 100 m Breaststroke
4. 200 m Individual Medley
5. 50 m Freestyle
6. 200 m Butterfly
7. 50 m Breaststroke
8. 100 m Backstroke
9. 200 m Freestyle
10. 100 m Butterfly
11. 50 m Backstroke
12. 200 m Breaststroke
13. 50 m Butterfly
14. 200 m Backstroke
15. 400 m Relay (Medley or Freestyle; men, women, mixed)