

Sugar Creek Swim Club Solstice Splash

June 19-21, 2015

This meet is sanctioned by USA Swimming and Indiana Swimming, Inc. Sanction #IN15288
Dual sanctioned by Indiana Masters for USMS, Inc Sanction #165-S005

Host Club: Sugar Creek Swim Club

Meet Directors: Keith Mason – keith.mason@heart.org and Brent Noble – nobleb@wabash.edu

Location: Crawfordsville Aquatic Center
Crawfordsville High School
1129 South SR 47
Crawfordsville, IN 47933-8201

The facility is located approximately 1/2 mile southwest of downtown Crawfordsville.

Directions: **If you are coming from the Indy area:**

Follow I-74 West to Exit 34, SR 231 South (Many hotels are near this exit.) *This road is re-named Washington Street as you drive through downtown Crawfordsville. Turn RIGHT on South Boulevard at the National Guard Armory. Bear LEFT onto Highway 47 (toward Waveland); Crawfordsville High School will be on your left in ½ mile. The Aquatic Center is located on the right hand side of the building.

If you are coming from the Lafayette area: Follow SR231 South. Then use the directions after the * from above.

If you use www.mapquest.com please use this address to access accurate directions:

1129 S SR 47, Crawfordsville, IN 47933-8201

Facilities: The competition course has been certified in accordance with USA Swimming rule 104.2.2C(4). The competition course has been certified according to USMS regulations. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Eight lane, 50-meter pool for competition, with additional space for continual warm-up and warm-down. Pool depth ranges from 7 feet to 14 feet at the start end and is 3.5 feet deep at the turn end. Colorado automatic timing system with touch pads at start and turn ends, backup buttons, and 8-lane scoreboard. Balcony seating for 500 spectators overlooks the pool. Concessions will be available. A swimmer camping area will be set up in the auxiliary gym adjacent to the pool. Swimwear and equipment sales will be provided by Kast-A-Way Swimwear.

Schedule: Friday PM

This session is for 10 & Under swimmers ONLY and will be swum in short course yards.

Warm-up begins at 4:30pm. Meet starts at 5:30pm.

Saturday and Sunday

Morning session: Warm-up begins at 7:30 am. Meet starts at 8:30 am.

Afternoon session: Warm-up will begin immediately following the completion of the morning session, but no earlier than 12:30 pm with the meet beginning one hour following the start of warm-up, not earlier than 1:30 pm.

Eligibility: Swimmers must be registered with USA Swimming or USMS to be accepted into this meet. Age as of June 19, 2015 will determine USA swimmer's age for the entire meet. Indiana Swimming does not process on-site registrations.

Entry Limits: Each swimmer may compete in up to 4 individual events each day of the meet.

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Entry Fees: \$4.00 per individual event. An additional \$2.00 Indiana Swimming surcharge will be collected per athlete. Fees must accompany all entries. Deck entries, if accepted, will be double the regular fee. SCSC reserves the right to limit entries in an event in order to maintain a reasonable timeline. Any entries cut from an event will be refunded. **Please make all checks payable to Sugar Creek Swim Club.**

Entry Format: Indiana Swimming is proceeding to a new on-line entry system that we intend to have implemented for the summer 2015 championship meets. In an effort to permit Indiana clubs time to interface with the new system in advance, SCSC has agreed to use this on-line entry system for this meet. Please use the following link to submit your entry, https://indianaswimming.formstack.com/forms/scsc_solstice. Once your entry is submitted, you will receive an automated email notification with an ID and time stamp. Correspondence after initial entry submission will be through the SCSC entry chair.

If you have questions about this entry process, please contact Entry Chair Sarah Dowd sdowd@cville.k12.in.us Work (765) 364-3247 Cell (765) 414-5951

Times for Saturday and Sunday events should be submitted in Long Course Meters. Friday evening events should be submitted in Short Course Yards. No times (NT) and nonconforming times will be accepted, but will be seeded slowest.

The following items need to be received by the meet director prior to the start of the meet:

- Completed team summary report (included in this packet).
- Executed release and hold harmless form (included in this packet).
- Check for payment of all entry fees.

You may mail forms and payment to:

Sarah Dowd, Entry Chair
Crawfordsville Aquatic Center
One West Athenian Drive
Crawfordsville, IN 47933

Deadline: Entries will be accepted starting at **8:00 am, May 25, 2015**. Entry deadline will be at **5:00 pm, June 5, 2015**. If necessary, we will limit the number of teams accepted to ensure four-hour competition sessions. We recommend submitting your entry within the first 48 hours. SCSC will extend the deadline if the meet is not full. In the event of a full meet, teams not accepted will be notified by **12:00 Noon, June 8, 2015** at the e-mail address or phone number of the person submitting the entry. If the meet is over-entered, SCSC has the sole discretion in determining which entries to accept. Criteria we will use in making this decision include but are not limited to: balance of age groups and gender in entry, level of competition, geographic diversity, time-line of the meet.

NO Positive Check-In: This is a **Pre-Seeded MEET**. If the meet becomes full, SCSC reserves the right to change to a Positive Sign in. Notification will be posted at www.scscswim.org.

Clerk of Course: Eight and under swimmers must report to the Clerk of the Course to learn their lane assignments and line up to swim the event. For all other events, there will be no Clerk of the Course. Seeded heat sheets will be posted on deck immediately before the start of each session. It is the swimmer's responsibility to appear at the correct starting block ready to swim in time for the start of his/her heat.

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- Rules:** Current USA Swimming and Indiana Swimming rules will govern this meet.
- USA Swimming Rules 202.3.2- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Coaches MUST constantly display their current USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.
- In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.101.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Awards:** Medals will be given for 1st through 3rd place. Ribbons will be awarded to 4th through 16th places. Trophies will be awarded to the top two visiting teams.
- Scoring:** Individual scoring: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 points. For 10 & Under events, scoring will be apportioned by the following Age Groups: 8 & under, 9-10.
- Volunteers:** SCSC welcomes any officials, timers or other volunteers who would like to work during the meet. Officials who volunteer will be given complimentary food from the hospitality room in appreciation of their help. Please indicate how many officials your team can provide during the meet with your entry. Officials and parents who are interested in volunteering should contact SCSC Officials' Coordinator, Win Gerde at FlintwoodF@aol.com or the meet director.
- Spectators:** Per USA Swimming Rules and insurance regulations only athletes, registered coaches, certified officials volunteering to officiate and meet volunteers are allowed on the pool deck. Balcony seating for 500 spectators, parents and family members overlooks the pool. **Due to limited seating SCSC requests that coolers, folding chairs and other large items not be taken into the balcony.** These can be set up in the auxiliary gymnasium area.
- Spectator Admission Fees: Adults - \$5 per day, \$12 (three-day pass), \$8 (Saturday/Sunday)
Children under the age of 12 - Free of charge
- Web Page:** Information regarding this meet, including cut off times for limited events and which teams have been accepted will be posted on SCSC's web site at www.scscswim.org. Live Results via Meet Mobile will be utilized for this meet. Live results via our website will be posted at the completion of each session.

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PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

| | | | | |
|----------------------------------|------------|----|--------------------------|--------------------------|
| Last Name | First Name | MI | Sex (circle) M F | Date of Birth (mm/dd/yy) |
| Street Address, City, State, Zip | | | | |
| Signature of Participant | | | | Date Signed |

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Friday Evening: June 19, 2015 – 10 & Under ONLY 25 YARDS

Warm-up begins at 4:30 pm, Meet Starts at 5:30 pm

| WOMEN'S EVENT | | MEN'S EVENT |
|---------------|----------------------|-------------|
| 1 | 10 & Under 100 Free | 2 |
| 3 | 8 & Under 25 Free | 4 |
| 5 | 10 & Under 50 Fly | 6 |
| 7 | 8 & Under 25 Breast | 8 |
| 9 | 10 & Under 50 Free | 10 |
| 11 | 8 & Under 25 Back | 12 |
| 13 | 10 & Under 50 Breast | 14 |
| 15 | 8 & Under 25 Fly | 16 |
| 17 | 10 & Under 50 Back | 18 |
| 19 | 10 & Under 100 IM | 20 |

Saturday Morning: June 20, 2015

Warm-up begins at 7:30 am, Meet Starts at 8:30 am

| WOMEN'S EVENT | | MEN'S EVENT |
|---------------|----------------------------|-------------|
| 21 | 15 & Over 200 IM | 22 |
| 23 | 13-14 200 IM | 24 |
| 25 | 15 & Over 100 Freestyle | 26 |
| 27 | 13-14 100 Freestyle | 28 |
| 29 | 15 & Over 200 Backstroke | 30 |
| 31 | 13-14 200 Backstroke | 32 |
| 33 | 15 & Over 100 Breaststroke | 34 |
| 35 | 13-14 100 Breaststroke | 36 |
| 37 | 15 & Over 200 Butterfly | 38 |
| 39 | 13-14 200 Butterfly | 40 |
| 41 | 13 & Over 400 Freestyle | 42 |

Saturday Afternoon: June 20, 2015

Warm-up begins not before 12:30 am; Meet begins no earlier than 1:30 pm

| WOMEN'S EVENT | | MEN'S EVENT |
|---------------|----------------------------|-------------|
| 43 | 10 & Under 200 Freestyle | 44 |
| 45 | 11-12 200 Freestyle | 46 |
| 47 | 8 & Under 50 Backstroke | 48 |
| 49 | 9-10 50 Backstroke | 50 |
| 51 | 11-12 50 Backstroke | 52 |
| 53 | 8 & Under 100 Breaststroke | 54 |
| 55 | 9-10 100 Breaststroke | 56 |
| 57 | 11-12 100 Breaststroke | 58 |
| 59 | 8 & Under 50 Butterfly | 60 |
| 61 | 9-10 50 Butterfly | 62 |
| 63 | 11-12 50 Butterfly | 64 |
| 65 | 8 & Under 100 Freestyle | 66 |
| 67 | 9-10 100 Freestyle | 68 |
| 69 | 11-12 100 Freestyle | 70 |

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Warm-up begins at 7:30 am; Meet starts at 8:30

| WOMEN'S EVENT | | MEN'S EVENT |
|---------------|----------------------------|-------------|
| 71 | 15 & Over 200 Freestyle | 72 |
| 73 | 13-14 200 Freestyle | 74 |
| 75 | 15 & Over 100 Backstroke | 76 |
| 77 | 13-14 100 Backstroke | 78 |
| 79 | 15 & Over 100 Butterfly | 80 |
| 81 | 13-14 100 Butterfly | 82 |
| 83 | 15 & Over 200 Breaststroke | 84 |
| 85 | 13-14 200 Breaststroke | 86 |
| 87 | 15 & Over 50 Freestyle | 88 |
| 89 | 13-14 50 Freestyle | 90 |
| 91 | 13 & Over 400 IM | 92 |
| 93 | 13 & Over 1500 Freestyle | 94 |

Sunday Afternoon: June 21, 2015

Warm-up begins not before 12:30 am; Meet begins no earlier than 1:30 pm

| WOMEN'S EVENT | | MEN'S EVENT |
|---------------|---------------------------|-------------|
| 95 | 10 & Under 200 IM | 96 |
| 97 | 11-12 200 IM | 98 |
| 99 | 8 & Under 100 Backstroke | 100 |
| 101 | 9-10 100 Backstroke | 102 |
| 103 | 11-12 100 Backstroke | 104 |
| 105 | 8 & Under 100 Butterfly | 106 |
| 107 | 9-10 100 Butterfly | 108 |
| 109 | 11-12 100 Butterfly | 110 |
| 111 | 8 & Under 50 Breaststroke | 112 |
| 113 | 9-10 50 Breaststroke | 114 |
| 115 | 11-12 50 Breaststroke | 116 |
| 117 | 8 & Under 50 Freestyle | 118 |
| 119 | 9-10 50 Freestyle | 120 |
| 121 | 11-12 50 Freestyle | 122 |
| 123 | 11-12 400 Freestyle | 124 |

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Summary of Entries

Please supply the information requested below and mail with your Entry Forms and check to the SCSC Entry Chairperson. Make check payable to Sugar Creek Swim Club.

Club Name: _____ Club Code: _____
Number of entered swimmers: Boys _____ + Girls _____ = _____ x \$2.00 each Indiana Swimming Surcharge = _____
Number of Boy's individual entries _____ x \$4.00 = _____
Number of Girl's Individual entries _____ x \$4.00 = _____
Total Amount Enclosed = _____

Club Official Submitting Entry:

Name: _____
Street Address: _____
City/State/Zip: _____
Phone: _____
Email address: _____

Coaches' Names:

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for him/herself, his successors and assigns, hereby releases and forever discharges Sugar Creek Swim Club, its Board of Directors, Crawfordsville Aquatic Center, USA Swimming, and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Sugar Creek Swim Club, USA Swimming, Crawfordsville Aquatic Center, and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2015 _____
Signature of Club Official or Coach

Indiana Swimming Rule: Person who has signed above is responsible for any fines imposed upon the club.

Team Spokesperson: You may have 1 designated spokesperson for your team to talk to the referee or Clerk of Course. The coach would be the logical choice.

Our designated team spokesperson is _____

The following forms of results will be posted on-line at scscswim.org following the meet: Complete Results in PDF format; Meet Manager Back-up and Meet Manager Export for Team Manager. Please indicate below if you would like a hard copy of the results mailed to you.

_____ Please mail a hard copy of the final results to: _____
