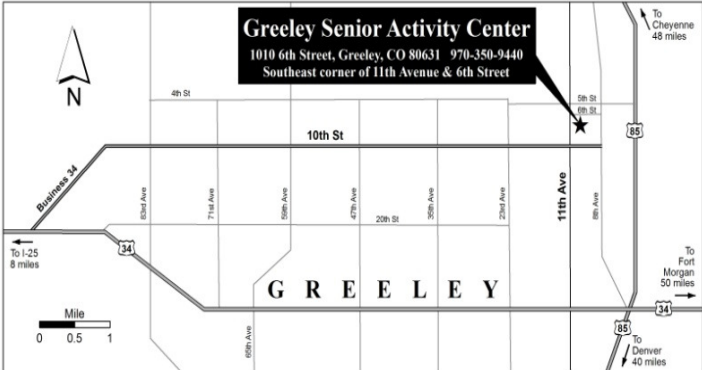




**To improve the quality of life of adults age 50+ by providing athletic competition and social opportunities that promote healthy & active lifestyles.**



## RMSG Check-in & Hospitality



## Greeley & Surrounding Area



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**Refer a Friend to RMSG!**

Be an RMSG Ambassador! If you participate in a singles or doubles competition at the 2015 Rocky Mountain Senior Games you can receive \$10 per NEW RMSG athlete\* who also pays the base registration fee and provides your name as the person who referred them to the RMSG. When completing the RMSG registration, the NEW athlete needs to simply list you as the person who referred them to the Games!

\*Limit \$50 per ambassador. New athlete must register, list ambassador's name & participate to receive credit. No credit given for NEW athletes who register and then cancel or becomes unable to participate.



## Schedule of Events: June 10-14, 2015

Date/Time	Wednesday, June 10	Thursday, June 11	Friday, June 12	Saturday, June 13	Sunday, June 14
6:00 am		Check-in & Hospitality Open	Check-in & Hospitality Open	Check-in & Hospitality Open	Check-in & Hospitality Open
7:30 am		10K Foot Road Race <b>**10K Fun Run/Walk</b>			5K Foot Road Race <b>**5K Fun Run/Walk</b> 5K Race Walk
8:00 am	Bocce Ball –Team	Pickleball - Mixed Doubles Weight Lifting - Arm Curl, Bench Press, Leg Press, Push-ups, Sit-ups	Pickleball Doubles Racquetball - Singles, Doubles, Mixed Doubles	Outdoor Archery Racquetball - Singles, Doubles, Mixed Doubles Tennis Doubles	Dance Sport Practice
8:30 am				Cycling 10K Time Trial	Cycling 5K Time Trial
9:00 am	Check-in Opens	Shuffleboard Singles Shuffleboard Singles-Nonambulatory	Field Events - Discus, High Jump, Javelin, Long Jump, Pole Vault, Shot Put, Triple Jump	Table Tennis - Doubles <b>**8 Ball Men/Women (Age 50+)</b>	Table Tennis – Singles <b>**9 Ball Men/Women (Age 50+)</b>
9:30 am		Badminton-Singles			Cycling 40K Road Race
10:00 am	Golf Tournament at Boomerang Basketball - Hotshot, Free Throw, 3 pt Shoot	Golf Tournament at Highland		Cycling 20K Road Race Skeet Shoot Hammer Throw, Weight Throw	Dance Sport – Team Line Dance <b>**Couples Dance</b>
11:00 am	Bowling - Singles, Team Bowling-Nonambulatory	Bowling - Doubles, Mixed Doubles Bowling-Nonambulatory	Track Events* – 1500 M Run, 400 M Run, 1500 M Power Walk, 50 M Dash, 800 M Run, 1500 M Race Walk, 100 M Dash, 400 M Power Walk, 200 M Run *Event start times available on p.5. Bowling - Doubles, Team Bowling-Nonambulatory		<b>SAVE THIS PAGE FOR YOUR REFERENCE!</b>
11:30 am		<b>**Pre-ordered Lunch Served</b>	<b>**Pre-ordered Lunch Served</b>	<b>**Pre-ordered Lunch Served</b>	<b>**Pre-ordered Lunch Served</b>
12:00 pm	Tennis Singles	Badminton Doubles Badminton Mixed Doubles Tennis Mixed Doubles		Table Tennis - Mixed Doubles Trap Shoot	
12:30 pm				Swimming Warm-up	Swimming Warm-up
1:00 pm	Pickleball Singles	Shuffleboard Doubles Shuffleboard Doubles-Nonambulatory	Indoor Archery Field Events - Frisbee Toss, Football Throw, Softball Throw		
1:30 pm				Swimming - 100 Back, 50 Side, 100 Free, 25 Fly, 50 Back, 200 IM, 100 Fly, 25 Back, 200 Free, 25 Side, 200 Breast	Swimming - 100 IM, 25 Breast, 50 Breast, 200 Back, 50 Free, 25 Front Crawl, 100 Breast, 50 Fly, 25 Elem. Back, 500 Free
2:00 pm	Bowling - Singles, Team Bowling-Nonambulatory	Bowling - Doubles, Mixed Doubles Bowling-Nonambulatory	Rowing		Check-in & Hospitality Close
6:00 pm	Check-in Closes	Check-in & Hospitality Close	Check-in & Hospitality Close <b>**Celebration of Athletes</b>	Check-in & Hospitality Close	

Updated Feb 23, 2015

e-mail address: [Sheri.Lobmeyer@greeleygov.com](mailto:Sheri.Lobmeyer@greeleygov.com)

**\*\*Bold Items indicate social events.**

## ENTRY GUIDELINES

The Rocky Mountain Senior Games are sanctioned by the National Senior Games Association (NSGA). 2015 is NOT a qualifying year for the National Senior Games. For information about NSGA please visit [www.nsga.com](http://www.nsga.com).

Competitive (C) Events: During qualifying years athletes who meet the NSGA qualifying standards for a Competitive (National) Event are eligible for competition in that event at the National Senior Games.

Recreational (R) Events: Recreational events are offered at the state level to encourage athletes who are new to senior games to participate.

### AGE DIVISIONS & ELIGIBILITY

Persons any gender, age 50 or better on or before **Dec 31, 2015** are eligible. Age divisions for most events are: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. As noted in the RMSG Rule Book age division may vary for some non-qualifying events. Age division for DOUBLES & TEAM events is determined by the age of youngest player on 12/31/2015.

### AWARDS

Gold, Silver and Bronze medals awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers in each age/gender group. Awards not picked up at the event will be available at the Greeley Senior Center after the event is completed. Medals can be mailed for a shipping & handling fee of \$4 per medal. AWARDS ARE NOT GIVEN IF AN ATHLETE IS UNABLE TO COMPLETE A COMPETITION OR FOR A ZERO SCORE.

### CHECK-IN & PHOTO ID

Prior to competing, participants must check in with a Photo ID or other documentation verifying their date of birth. Most athletes need to check-in at the Greeley Senior Center, 1010 6<sup>th</sup> Street, Greeley, CO. Check-in hours are:

Wed, June 10 9am-6pm

Thu, June 11 6am-6pm

Fri, June 12 6am-6pm

Sat, June 13 6am-6pm

Sun, June 14 6am-2pm

**If the following are your first or only event, check-in and receive your participant packet at your event:** indoor archery, bocce, cycling, golf and trap & skeet shoot.

### ENTRY RULES

Athletes in singles & doubles events must complete the athlete information & event registration and sign the waiver. An email address is required to process your registration. You will receive e-mail

confirmation after your entry form and payment are processed. A paper copy can be mailed by request. Team Captains must submit a team roster and make payment to register for team events.

### EQUIPMENT

Athletes must provide their own equipment for events, except as specified in the RMSG Rule Book.

### LUNCH

Lunch is served in the hospitality center, 11:30am-1pm, June 11-14. Order and pay for your lunch when you register.



**Hospitality Center & Cyber Café**  
**Open Thu.-Sat. • 6am-5pm  
& Sunday • 6am-2pm**

During Rocky Mountain Senior Games, don't forget to stop by our Hospitality Center for a quick snack between events. It's stocked with a variety of foods and treats to help you refuel.

We'll have souvenir merchandise available as well. Visit our vendor booths, play "Vendor" BINGO and thank our sponsors for their support.

We have free Wi-Fi in our Computer Lab. Check your results, send off an email to your family and friends or post your times on Facebook and Twitter!

**While you're here, check out the Cyber Café!**

You can also use the Cyber Café to sign-up for the **Rio Grande Marg Mob** to register for a free margarita!

## PARTNER & TEAM FINDER

Visit [www.rockymountainseniorgames.com](http://www.rockymountainseniorgames.com) and hover over the **Sports & Events** tab to submit partner & team requests and to view other athlete requests. Athletes are responsible for contacting each other and notifying RMSG when they secure a partner. You will **NOT** be entered in a doubles event if you do **NOT** have a valid partner listed!

## REFUND POLICY & CHANGES IN REGISTRATION

No refunds issued after May 22, 2015. A \$10 processing fee applies to refunds prior to May 22. After May 22 a \$10 fee for changes in registration.

## REGISTRATION

**EARLY BIRD DEADLINE:** May 8, 2015 postmark

**FINAL DEADLINE:** MAY 22, 2015 postmark

## 3 WAYS TO REGISTER

**Online:\*** [www.rockymountainseniorgames.com](http://www.rockymountainseniorgames.com)

To receive the **\$10 Early Bird Discount** during online registration please enter coupon code, **EARLYBIRD15** when you check out.

**Fax:\*** 970-350-9898

**Mail:\*\*** RMSG  
1010 Sixth Street  
Greeley, CO 80631

\*Requires credit card payment.

\*\*Registration forms mailed to our office will receive confirmation by e-mail. A paper copy can be sent by request.

## RULE BOOK

RMSG rules are available to view and download at [www.rockymountainseniorgames.com](http://www.rockymountainseniorgames.com).

## SilverSneakers®

The Greeley Senior Activity Center, Greeley Recreation Center and Family FunPlex are approved SilverSneakers® sites. If you are a SilverSneakers® member plan to attend your SilverSneakers® activities while in Greeley.

## SOCIAL MEDIA LINKS

Website: [www.rockymountainseniorgames.com](http://www.rockymountainseniorgames.com)

Facebook: [www.facebook.com/RMSeniorGames](http://www.facebook.com/RMSeniorGames)

Twitter: @RMSeniorGames

## T-SHIRT



Design by Nanci Avery

Athletes who pay the RMSG Base Registration receive **ONE FREE** T-shirt (4-color screen, 50/50, unisex). Additional t-shirts can be purchased during registration.

## WHAT'S NEW IN 2015?

**5K & 10 FUN RUN/WALK:** Friends & family under the age of 50 can participate in the Fun Runs/Walks.

**COUPLES DANCE:** Couples Dance event returns to Dance Sport. Both partners are required to register.

**NON-AMBULATORY SPORTS:** Non-ambulatory divisions offered for Bowling & Shuffleboard events.

**RACQUETBALL:** USRA sanctioned tournament held Friday & Saturday, June 12 & 13.

**ROWING:** Rowing will be held at the Greeley Recreation Center!

**ONLINE REGISTRATION FOR TEAM EVENTS:** Bocce, Team Bowling, Dance Sport & Volleyball captains can register teams online!

## RMSG ~ Social Events

**Celebration of Athletes\*\* • June 12 • 6pm**  
Greeley Senior Center & 9th St. Plaza

**8-ball Tournament\* • June 13 • 9am**  
Greeley Senior Center

**9-ball Tournament\* • June 14 • 9am**  
Greeley Senior Center

**Lunch\*\* • June 11-14 • 11:30am-1pm**  
Greeley Senior Center

**10K Fun Run/Walk+ • June 11, 7:30am**  
Bittersweet Park-35th Ave. & 16th St. Parking Lot

**5K Fun Run/Walk+ • June 14, 7:30am**  
Bittersweet Park-35th Ave & 16th St. Parking Lot

**Couples Dance\* • June 14, 10am**  
UCCC-Hensel Phelps Theatre

Registration is required for all Social Events.

\*Participants must be age 50+ by Dec 31, 2015.

\*\*Participants may be any age.

+Participants must be under age 50 to enter the 5K or 10K Fun Run/Walk.

## REGISTRATION STEP 1: ATHLETE INFO

**NAME:** \_\_\_\_\_ **NSGA #** \_\_\_\_\_  
Legal First\* Preferred Name Last (Same as fuseSPORT Acct #)

\*For athletes competing at more than one state's games, please use the same Legal First Name to register with each state.

**DATE OF BIRTH:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **AGE:** \_\_\_\_ **GENDER:** **M** or **F**  
Month/Day/Year As of 12/31/15 (Please Circle)

**E-MAIL ADDRESS\*\*:** \_\_\_\_\_

\*\*The FuseSPORT software requires a valid email address in order to create an account & to process your registration. You will receive confirmation at the e-mail address you provide. If you do NOT have an email address you can create a FREE Gmail account by visiting [www.google.com](http://www.google.com) and clicking on the Gmail tab.

**ADDRESS:** \_\_\_\_\_  
P.O. Box/Street City State Zip

**HOME PHONE:** \_\_\_\_\_ **CELL PHONE:** \_\_\_\_\_

**EMERGENCY CONTACT:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

**EMERGENCY CONTACT RELATIONSHIP:** \_\_\_\_\_

**PERSONAL PHYSICIAN:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

- |  |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
|--|---|---|--|---------------------------------------|-----------------------------------|---|----------------------------------|--|---|--|--|--|--|--|--|--|---------------------------------------|--|---|--|---------------------------------------|--|--|--|---|
| <p>1. How did you learn out about the <b>2015</b> Rocky Mountain Senior Games?</p> <table border="0" style="width: 100%;"> <tr> <td><input type="checkbox"/> Past Participant</td> <td><input type="checkbox"/> Direct Mailing</td> </tr> <tr> <td><input type="checkbox"/> PSA/Press Release</td> <td><input type="checkbox"/> RMSG Website</td> </tr> <tr> <td><input type="checkbox"/> Facebook</td> <td><input type="checkbox"/> American Diabetes Expo</td> </tr> <tr> <td><input type="checkbox"/> Twitter</td> <td><input type="checkbox"/> e-mail or e-blast</td> </tr> <tr> <td><input type="checkbox"/> TV Channel 8-Greeley</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Department of Veteran's Affairs</td> <td></td> </tr> <tr> <td><input type="checkbox"/> In Store Poster (list store): _____</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Recreation/Senior Center: _____</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Radio: _____</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Newspaper: _____</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Other: _____</td> <td></td> </tr> <tr> <td><input type="checkbox"/> *Friend/Ambassador: _____</td> <td></td> </tr> </table> <p>*If you are a NEW RMSG participant and a friend (also a 2015 RMSG participant) referred you to RMSG please list his/her name. Your friend (RMSG ambassador) will receive \$10 per NEW athlete who pays the base registration fee and participates in the Games! Limit \$50 per ambassador.</p> | <input type="checkbox"/> Past Participant       | <input type="checkbox"/> Direct Mailing | <input type="checkbox"/> PSA/Press Release | <input type="checkbox"/> RMSG Website | <input type="checkbox"/> Facebook | <input type="checkbox"/> American Diabetes Expo | <input type="checkbox"/> Twitter | <input type="checkbox"/> e-mail or e-blast | <input type="checkbox"/> TV Channel 8-Greeley |  | <input type="checkbox"/> Department of Veteran's Affairs |  | <input type="checkbox"/> In Store Poster (list store): _____ |  | <input type="checkbox"/> Recreation/Senior Center: _____ |  | <input type="checkbox"/> Radio: _____ |  | <input type="checkbox"/> Newspaper: _____ |  | <input type="checkbox"/> Other: _____ |  | <input type="checkbox"/> *Friend/Ambassador: _____ |  | <p>2. Are you a Veteran?<br/> <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>3. If you are a SilverSneakers® member please provide your membership #: _____</p> <p>4. Are you attending the Celebration of Athletes on Friday, June 12, 6pm? No registration fee! Food &amp; beverage purchase is optional and at your own expense.<br/> <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>If yes, would you like to carry a sport sign during the Parade of Athletes?<br/> <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>If yes, what RMSG sport would you like to represent? _____</p> |
| <input type="checkbox"/> Past Participant  | <input type="checkbox"/> Direct Mailing         |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> PSA/Press Release   | <input type="checkbox"/> RMSG Website           |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> Facebook  | <input type="checkbox"/> American Diabetes Expo |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> Twitter   | <input type="checkbox"/> e-mail or e-blast      |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> TV Channel 8-Greeley  |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> Department of Veteran's Affairs   |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> In Store Poster (list store): _____   |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> Recreation/Senior Center: _____   |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> Radio: _____  |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> Newspaper: _____  |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> Other: _____  |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |
| <input type="checkbox"/> *Friend/Ambassador: _____   |   |   |  |                                       |                                   |   |                                  |  |   |  |  |  |  |  |  |  |                                       |  |   |  |                                       |  |  |  |   |

### WAIVER AND RELEASE FROM LIABILITY 2015 ROCKY MOUNTAIN SENIOR GAMES

I, the undersigned, understand and expressly assume the dangers of the Rocky Mountain Senior Games competition(s) which I have entered. I hereby agree to indemnify, save and hold harmless Rocky Mountain Senior Games, Colorado Senior Sports Development Council, National Senior Games Association, City of Greeley, City of Greeley Parks Department, City of Greeley Culture, Parks, and Receptions Department, Weld County Commissioners, Weld County Sheriffs Office, University of Northern Colorado, Weld County School District #6, Highland Park Lanes, Pawnee Sports Center, Work Out West, City of Lakewood, City of Westminster, Anthem Ranch Community Association/Aspen Lodge, Greeley Place, Rocky Mountain Archery, City & County of Denver and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Rocky Mountain Senior Games and planned special events.

I have prepared myself for the event(s) I have entered by practicing prior to the Rocky Mountain Senior Games. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. I understand it would be in my best interest to consult my physician prior to my participation in regard to the Rocky Mountain Senior Games. Rocky Mountain Senior Games has my permission to have emergency medical personnel attend me during my participation in the Rocky Mountain Senior Games if it is deemed necessary.

I, the undersigned, grant Rocky Mountain Senior Games and its sponsors the right to release my results and phone number to the media. I understand that I will be contacted by a Rocky Mountain Senior Games representative prior to releasing my phone number to the media. PHOTO PERMISSION: I do hereby grant permission for any still or motion pictures to be used in publicity or brochures related to the Rocky Mountain Senior Games.

I have read and fully understand the refund policies as established by the Rocky Mountain Senior Games and do hereby agree to abide by those policies. I have read and understand the entry form and certify my compliance by my signature below.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## STEP 2: SINGLES & DOUBLES EVENT REGISTRATION

To register, mark the box next to the event.

### Archery Indoor Fee

- Sport Partner: Rocky Mountain Archery**
- Compound Fingers (R) \$2
- Compound Release (R) \$2
- Recurve (R) \$2

### Archery Outdoor Fee

- Compound Fingers (C) \$2
- Compound Release (C) \$2
- Recurve (C) \$2

### Badminton Fee

- Singles \$2
- Doubles \$2

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

- Mixed Doubles \$2

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

### Basketball Fee

- Free Throw Shoot \$2
- Hot Shot \$2
- Three Point Shoot \$2

### Bowling Fee

- Singles \$9.60

**Select Singles Day/Time:**

- Wed, 6/10, 11am  Wed, 6/10, 2pm

- Doubles \$9.60

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

**Select Doubles Day/Time:**

- Thu, 6/11, 11am  Thu, 6/11, 2pm  Fri, 6/12, 11am

- Mixed Doubles \$9.60

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

**Select Mixed Doubles Day/Time**

- Thu, 6/11, 11am  Thu, 6/11, 2pm

Most recent **Bowling Average:** \_\_\_\_\_

An average is NOT required to bowl.

### Cycling Fee

**Sport Partner: COBRAS**

- 5K Time Trial \$2
- 10K Time Trial \$2
- 20K Road Race \$2
- 40K Road Race \$2

### Golf Fee

- 36-Holes Scratch Play (C) \$64
- 18-Holes Scratch Play (R) \$32
- If there are other RMSG athletes you would like to **GOLF** with list their names: \_\_\_\_\_

**Golf handicap?** \_\_\_\_\_ Handicap NOT required.

**Greeley Golf Annual Pass #:** \_\_\_\_\_

Greeley Golf Pass NOT required.

### Pickle-ball Fee

- Singles \$2
- Doubles \$2

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

- Mixed Doubles \$2

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

**USAPA Rating:** \_\_\_\_\_

**Member #:** \_\_\_\_\_

USAPA membership & rating NOT required. **USAPA**

### Pickleball referees needed, PLEASE VOLUNTEER!

**Singles Referee-Wed, 6/10**

- Afternoon (1-6pm)

**Mixed Doubles Referee-Thu, 6/11**

- Morning (8am-1pm)  Afternoon (1pm-6pm)

**Doubles Referee-Fri, 6/12**

- Morning (8am-1pm)  Afternoon (1pm-6pm)

### Power Walking Fee

- 400 Meter Power Walk (R) \$2
- 1500 Meter Power Walk (R) \$2

### Race Walk Fee

- 1500 Meter Racewalk (C) \$2
- 5000 Meter Racewalk (C) \$2

### Racquetball Fee

- Singles \$2
- Doubles \$2

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

- Mixed Doubles \$2

Partner: \_\_\_\_\_  
First Name Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

**USRA Member #:** \_\_\_\_\_

**Road Race** **Fee**

- 5K Foot Race \$2
- 10K Foot Race \$2

**Rowing** **Fee**

- 2000 Meter Timed Event \$2

**Shooting** **Fee**

- Skeet Shoot (50 Rounds) \$14
- Trap Shoot (50 Rounds) \$14

**Shuffleboard** **Fee**

- Singles \$2
- Doubles \$2

Partner: \_\_\_\_\_

First Name                      Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

**Swimming** **Entry Time\***      **Fee**

**USMS Recognition #325-R003**      **\*Not Required**

- 50Y Backstroke (C) \$2
- 50Y Breaststroke (C) \$2
- 50Y Butterfly (C) \$2
- 50Y Freestyle (C) \$2
- 100Y Backstroke (C) \$2
- 100Y Breaststroke (C) \$2
- 100Y Butterfly (C) \$2
- 100Y Freestyle (C) \$2
- 100Y Ind. Medley (C) \$2
- 200Y Backstroke (C) \$2
- 200Y Freestyle (C) \$2
- 200Y Breaststroke (C) \$2
- 200Y Ind. Medley (C) \$2
- 500Y Freestyle (C) \$2
- 25Y Backstroke (R) \$2
- 25Y Breaststroke (R) \$2
- 25Y Elem. Backstroke (R) \$2
- 25Y Front Crawl (R) \$2
- 25Y Sidestroke (R) \$2
- 25Y Butterfly (R) \$2
- 50Y Sidestroke (R) \$2

**USMS Member #:** \_\_\_\_\_

USMS membership is NOT required.

**Table Tennis** **Fee**

- Singles \$2
- Doubles \$2

Partner: \_\_\_\_\_

First Name                      Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

- Mixed Doubles \$2

Partner: \_\_\_\_\_

First Name                      Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

**Tennis** **Fee**

- Singles \$2
- Doubles \$2

Partner: \_\_\_\_\_

First Name                      Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

- Mixed Doubles \$2

Partner: \_\_\_\_\_

First Name                      Last Name

Partner Birthdate: \_\_\_\_\_

Partner e-mail: \_\_\_\_\_

**USTA Rating:** \_\_\_\_\_ USTA rating not required.

If you play in a USTA league **that conflicts with your RMSG Tennis Events**, what day & time is the conflict? \_\_\_\_\_

**Track & Field/Throwing** **Fee**

- Discus (C) \$2
- High Jump (C) \$2
- Javelin (C) \$2
- Long Jump (C) \$2
- Shot Put (C) \$2
- Triple Jump (C) \$2
- Pole Vault (C) \$2
- Frisbee Toss (R) \$2
- Football Throw(R) \$2
- Softball Throw (R) \$2
- Hammer Throw (C) \$2
- Weight Throw (R) \$2
- 50 Meter Dash (C) \$2
- 100 Meter Dash (C) \$2
- 200 Meter Run (C) \$2
- 400 Meter Run (C) \$2
- 800 Meter Run (C) \$2
- 1500 Meter Run (C) \$2

**Weight Lifting** **Fee**

**Sport Partner: Melanie Sanford-Gillan**

- Arm Curl \$2
- Bench Press \$2
- Leg Press \$2
- Push Ups \$2
- Sit Ups \$2

**EVENT FEES SUBTOTAL**..... \_\_\_\_\_

Transfer this subtotal to STEP 3: PAYMENT CALCULATION on page 10.

**PARTNER & TEAM FINDER**

Looking for a partner or team member? Visit [www.rockymountainseniorgames.com](http://www.rockymountainseniorgames.com) and click on the **Sports & Events** tab to submit partner & team requests. Athletes are responsible for contacting each other. You will **NOT** be entered in a doubles until you provide RMSG with the requested partner info!

**STEP 3: T-SHIRTS, SOCIAL EVENTS, MEALS & PAYMENT**

<b>SOCIAL EVENTS</b>	<b>Qty</b>	<b>Fee</b>	<b>Total</b>
<input type="checkbox"/> Celebration of Athletes June 12, 6pm	___	<b>FREE</b>	<u>  \$0  </u>
<input type="checkbox"/> 10K Fun Run/Walk* June 11, 7:30am * Must be under age 50 to enter Fun Run/Walk.	___	<b>\$5</b>	_____
<input type="checkbox"/> 8-ball Tournament June 13, 9am	___	<b>\$5</b>	_____
<input type="checkbox"/> 5K Fun Run/Walk* June 14, 7:30am * Must be under age 50 to enter Fun Run/Walk.	___	<b>\$5</b>	_____
<input type="checkbox"/> 9-ball Tournament June 14, 9am	___	<b>\$5</b>	_____
<input type="checkbox"/> Couples Dance** June 14, 9am **Each dancer must register, pay the event fee and provide partner's information. Partner: _____ First Name                              Last Name Partner Birthdate: _____ Partner e-mail: _____		<b>\$5</b>	_____

<b>MEALS</b>	<b>Qty</b>	<b>Fee</b>	<b>Total</b>
<input type="checkbox"/> Lunch Thu, June 11 Chicken or Cheese Enchilada, Beans, Rice, Chips & Salsa prepared by Rio Grande Mexican Restaurant	___	<b>\$5</b>	_____
<input type="checkbox"/> Lunch Fri, June 12 Egg Salad Sandwich, Chips, Pickle, Cake	___	<b>\$5</b>	_____
<input type="checkbox"/> Lunch Sat, June 13 BBQ Pork Sandwich, Corn Bread, Cottage Cheese, Cookie	___	<b>\$5</b>	_____
<input type="checkbox"/> Lunch Sun, June 14 Lasagna, Salad, Garlic Bread, Brownie	___	<b>\$5</b>	_____

**PAYMENT CALCULATION** **Total**

Include payment for appropriate Base Registration\* fee (see dates below). If you are participating in **ONLY** Social Events OR **ONLY** purchasing t-shirts, social events & meals, you DO NOT have to pay the Base Registration fee.

<input type="checkbox"/> Early Bird Base Registration* <b>POSTMARKED ON OR BEFORE MAY 8, 2015</b>	<u>  \$40  </u>
<input type="checkbox"/> Late Base Registration* <b>POSTMARKED MAY 9-22, 2015</b>	<u>  \$50  </u>
<input type="checkbox"/> Singles & Doubles Event Fees (Subtotal from page 9)	_____
<input type="checkbox"/> Social Events, Meals & T-shirt Fees (from this page)	_____
<input type="checkbox"/> Donate to CSSDC (optional) CSSDC is a 501(c)3 non-profit organization and governs Rocky Mountain Senior Games	_____
<input type="checkbox"/> Processing Fee (required)	<u>  \$ 7  </u>

**GRAND TOTAL** \$ \_\_\_\_\_

**PAYMENT METHOD**

Credit Card     Cash     Check # \_\_\_\_\_

**CREDIT CARD AUTHORIZATION** (Check Credit Card Type)

MasterCard     Visa     AMEX     Discover

Card Number

				-						-												
--	--	--	--	---	--	--	--	--	--	---	--	--	--	--	--	--	--	--	--	--	--	--

Expiration Date    3-digit Security #  
(on back of card)

		/					
Month		Year		Security #			

Name on Credit Card: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**T-SHIRT ORDER**



Design by Nanci Avery

Athletes who pay the RMSG Base Registration receive **ONE FREE** T-shirt (4-color, 50/50, unisex).

Please circle **ONE** choice:

Small    Medium    Large

XL    2X    Donate my t-shirt

**Additional t-shirts can be purchased**

<b>Size</b>	<b>Qty</b>	<b>Fee</b>	<b>Total</b>
<input type="checkbox"/> Small	___	<b>\$6</b>	_____
<input type="checkbox"/> Medium	___	<b>\$6</b>	_____
<input type="checkbox"/> Large	___	<b>\$6</b>	_____
<input type="checkbox"/> XL	___	<b>\$6</b>	_____
<input type="checkbox"/> 2X	___	<b>\$7</b>	_____



## TEAM EVENT REGISTRATION

**DIRECTIONS:** Team captains for **Bocce, Bowling & Dance** can register teams **online** or by mailing a complete roster & payment to: RMSG, 1010 Sixth Street, Greeley, CO 80631. Please make copies of this page if needed. Athletes competing in singles and/or doubles events **in addition to a team event** need to complete a separate registration for those events.

### Bocce Ball Fee

- Team \$80/team  
(4 members, any combo of men and/or women)

### Bowling Fee

- Team Mixed Gender \$65/team  
(4 members, 2 men & 2 women)  
**Team Bowling day & time:**  
 Wed, 6/10 11am    Wed, 6/10 2pm    Fri, 6/12 11am

### Dance Sport Fee

- Small Group Line Dance \$50/team  
(3-5 members, any combo of men & women)  
 Medium Group Line Dance \$95/team  
(6-10 members, any combo of men & women)  
 Large Group Line Dance \$125/team  
(11-15 members, any combo of men & women)

To Register For Couples Dance see Step 3: Social Events on page 10.

**TEAM EVENT FEES TOTAL**.....\_\_\_\_\_

**Team Name:** \_\_\_\_\_ **Captain Name:** \_\_\_\_\_

**Captain Address:** \_\_\_\_\_  
PO Box/Street
City
State
Zip

**Captain Phone:** \_\_\_\_\_ **Captain Email:** \_\_\_\_\_

	Team Member Name <span style="color: red;">email address* required</span>	Address City, State, Zip	Phone #	Gender	Date of Birth
1	*				
2	*				
3	*				
4	*				
5	*				
6	*				
7	*				
8	*				
9	*				
10	*				
11	*				
12	*				
13	*				
14	*				

# Volunteer Form

Please circle your choices. You may circle more than one day and shift, if you are available! The times listed are the maximum hours. Hours may vary slightly after participant registrations are received in June. Mail, e-mail or fax this schedule page to RMSG.

Visit our website for more information [www.rockymountain seniorgames.com](http://www.rockymountain seniorgames.com) Please contact Sheri 970-350-9437 or [Sheri.Lobmeyer@greeleygov.com](mailto:Sheri.Lobmeyer@greeleygov.com) Confirmation of your volunteer assignments by June 1, 2015

RC – Recreation Center / SC – Senior Center / FFP - Family FunPlex

## Wednesday June 10

- Basketball @RC 10am -noon
- Bocce Ball @ Broomfield 9am-noon / Noon-2
- Pickleball @RC Noon-6pm (must know rules)

## Thursday June 11

- Registration @ SC 6am – 6pm (2 hour shifts)
- Kitchen Help @SC 6am – 6pm (1-3 hour shifts)
- 10K Foot Race @Bittersweet Park 7am -9am
- Bowling @Highland Park Lanes 11am -4pm
- Badminton @ FFP 9am–noon / noon–4pm
- Weightlifting @RC 7am – 1pm
- Shuffleboard @SC 9am – noon / 1-3pm
- Pickleball @RC 8 -4pm (must know rules)

## Friday June 12

- Registration @ SC 6am – 6pm (2 hour shifts)
- Kitchen help @SC 6am – 6pm (1-3 hour shifts)
- Racquetball @ RC 8am -6pm (2 hour shifts)
- Bowling @Highland Park Lanes 11am-2pm
- Pickleball @RC 8 -4pm (must know rules)
- Field Events@ Heath Middle School 9-12:30pm  
Ie: Discus, Javelin, High/Long /Triple Jump, Shot Put, Pole Vault  
Frisbee, Football, /Softball Throw @Heath Middle School, 1pm
- Track@ Heath Middle School 11-2pm / 2 – 4pm
- Indoor Archery @FC 1-4pm

## Saturday, June 13

- Registration @SC 6am-6pm (2 hour shifts)
- Kitchen help @SC 6am-6pm (1-3 hour shifts)
- Outdoor Archery @UNC 8am- noon
- Racquetball @ RC 8am-6pm (2 hour shifts)
- Cycling @Keensburg (van leaves from SC 6:30 to  
Take Volunteers to site) 7am – 12:30pm
- Table Tennis @ RC 8:45 – noon/ noon -4pm
- 8-ball@SC 9- noon / 1-3pm
- Hammer/Weight Throw @UNC 1-3pm / 3-5pm
- Swimming @RC 1:15pm – 4pm

## Sunday June 14

- Registration @SC 6am – 2pm (2 hour shifts)
- Kitchen help @SC 6am –2pm (1-3 hour shifts)
- 5k foot race @bittersweet 7am – 10am
- 5K race walk @Heath 7am – 9am
- Cycling @Keensburg (van leaves from SC 6:30 to  
Take volunteers to site) 7am – 12:30pm
- 9-ball@SC 9am – noon
- Table Tennis@ RC 9am-12:30pm
- Swimming@ RC 1:15-4pm



### Personal Information –one name per form. Note: volunteers must be 16 + years to receive t-shirt

Name \_\_\_\_\_ Agency/Group/Club (ie. Statefarm) \_\_\_\_\_

Address \_\_\_\_\_ Birth Month & Day \_\_\_\_\_  
Street City State Zip

By providing us your e-mail we will correspond wit you via e-mail for faster and more efficient communication. Watch for confirmation and other news via e-mail. Please print clearly. Thank you

E-mail \_\_\_\_\_ Phone number \_\_\_\_\_

### WAIVER AND RELEASE FROM LIABILITY

I, the undersigned, understand and expressly assume the dangers of the Rocky Mountain Senior Games competition(s) which I have volunteered. I hereby agree to indemnify, save and hold harmless Rocky Mountain Senior Games, Colorado Senior Sports Development Council, National Senior Games Association, City of Greeley, City of Greeley Culture, Parks, and Recreations Department, Weld County Commissioners, Weld County Sheriffs Office, University of Northern Colorado, Weld County School District #6, Highland Park Lanes, Pawnee Sports Center, Work Out West, City of Lakewood, City of Westminster, Anthem Ranch Community Association/Aspen Lodge, Greeley Place, Rocky Mountain Archery, City & County of Denver and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Rocky Mountain Senior Games events.

I have prepared myself for the event(s) I have entered by practicing prior to the Rocky Mountain Senior Games. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. I understand it would be in my best interest to consult my physician prior to my participation in regard to the Rocky Mountain Senior Games. Rocky Mountain Senior Games has my permission to have emergency medical personnel attend me during my participation in the Rocky Mountain Senior Games if it is deemed necessary.

I, the undersigned, grant Rocky Mountain Senior Games and its sponsors the right to release my results and phone number to the media. I understand that I will be contacted by a Rocky Mountain Senior Games representative prior to releasing my phone number to the media. PHOTO PERMISSION: I do hereby grant permission for any still or motion pictures to be used in publicity or brochures related to the Rocky Mountain Senior Games.

I have read and fully understand the refund policies as established by the Rocky Mountain Senior Games and do hereby agree to abide by those policies. I have read and understand the entry form and certify my compliance by my signature below.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mail:** RMSG Volunteer 1010 6<sup>th</sup> Street Greeley CO 80631  
**Fax:** 970-350-9898 **e-mail:** Sheri.Lobmeyer@greeleygov.com

# MENU OF EVENTS

## Archery-Indoor

Date	Time
June 12	1pm
June 12	1pm
June 12	1pm

### Venue: Rocky Mountain Archery - Fort Collins

- Athletes may register for **ONE** Indoor Archery event.
- If Indoor Archery is your first or only competition, please pick up your participant packet at Rocky Mountain Archery. A map to the venue is available online.

## Archery – Outdoor

Date	Time
June 13	8am
June 13	8am
June 13	8am

### Venue: UNC – Doubenmier Field

- Athletes may register for **ONE** Outdoor Archery event.

## Badminton

Date	Time
June 11	9:30am
June 11	12pm
June 11	12pm

### Venue: Family FunPlex – Fieldhouse

## Basketball

Date	Time
June 10	10am
June 10	10am
June 10	10am

### Venue: Greeley Recreation Center – Main Gym

## Bocce Ball

Date	Time
June 10	8am

### Venue: 16151 Lowell Blvd, Broomfield, CO

- If Bocce Ball is your first or only competition, please pick up your participant packet in Broomfield. A map to the venue is available online.
- 4 members/team, any combo of men and/or women. Players must be age 50 or better by Dec 31, 2015.
- Teams will be entered into one age/gender division. Medals will be awarded to the top 3 teams.
- Double elimination tournament format (a team must lose twice to be eliminated).

- Team captains may register online for team events or by completing the Team Event Registration on page 11.
- Walk-in registrations will NOT be allowed. Tournament limited to 16 teams.
- Light breakfast & lunch provided. Breakfast & check-in begin at 8am. Tournament begins promptly at 9am. Lunch available at 11:30am, players will eat between games. A lunch break will NOT be taken.

## Bowling

Date	Time
June 10-12	See entry form to select time
June 10-12	select time
June 10-12	by event.

### Venue: Highland Park Lanes

- \*Team Captain may register team online or by completing the Team Event Registration on page 11.



## Cycling

Date	Time
June 13	8:30am
June 13	10am
June 14	8:30am
June 14	9:30am

### Venue: Keenesburg

- If Cycling is your first or only competition, please pick up your participant packet in Keenesburg. A map to the venue is available online.

## Dance Sport

Date	Time
June 14	10am
June 14	10am
June 14	10am
June 14	10am

### Venue: UCCC - Hensel Phelps Theatre

- Team captains may register online or mail in a Team Event Registration (see page 11).
- Prior to competition on June 14 teams will be assigned a short practice time. Team captains will be notified of practice times after June 1.
- \*Register for Couples Dance Under Social Events on page 10.

Golf	Date	Time
18 Holes Scratch Play (R)	June 10	Tee Time
36 Holes Scratch Play (C)	June 10-11	Tee Time

- Venue: Boomerang**
- Athletes may register for **ONLY ONE** Golf event.
  - If Golf is your first or only competition, please pick up your participant packet at Boomerang. A map to the venue is available online.
  - Greeley Golf Annual Passholders need to provide a valid pass # and use coupon code: RMGOLF15 to receive their green fee discount. RMSG will verify Pass #'s.
  - Golfers will be called with tee times by June 8.
  - Golf carts can be rented at each course for \$14.

Pickleball	Date	Time
Singles (C)	June 10	1pm
Mixed Doubles (C)	June 11	8am
Doubles (C)	June 12	8am

**Venue: Greeley Recreation Center – Aux/Main Gyms Rodarte Community Center (if needed) - Gym**

- Please check-in 30 minutes prior to your match. If a court becomes available your match will begin early.
- RMSG has applied for USAPA tournament sanctioning. A sanctioning update will be published online.
- Pool Play Tournament format will be used and is accepted by USAPA. Participants are divided into two or more pools. Each pool plays a round-robin to determine the qualifiers that get into a single-elimination or double-elimination playoff.
- Age groups with minimal entrants may be combined in order to provide players with sufficient play. Results will be separated for combined age groups.
- The time requirement to play in the pickleball tournament makes it difficult to participate in other sports. Please plan accordingly.



Power Walking	Date	Time
400 Meter (R)	June 12	2:30pm
1500 Meter (R)	June 12	12pm

**Venue: Heath Middle School**

Race Walk	Date	Time
1500 Meter (C)	June 12	1:30pm
5K (C)	June 14	7:30am

**Venue: Heath Middle School**

Racquetball	Date	Time
Doubles (C)	June 12-13	8am
Mixed Doubles (C)		
Singles (C)		

**Venue: Greeley Recreation Center – Racquetball Courts**

- Athletes may register for **TWO** Racquetball events.
- Racquetball Tournament is sanctioned by the United States Racquetball Association (USRA).
- USRA membership is required. If you need a membership you can purchase one for \$10 from the tournament director.
- After the registration deadline, day & start time for each racquetball event will be determined.

Road Race	Date	Time
10K Run (C)	June 11	7:30am
5K Run (C)	June 14	7:30am

**Venue: Bittersweet Park – 16<sup>th</sup> St. & 35<sup>th</sup> Ave. Parking Lot**

Rowing	Date	Time
2000 Meter (R)	June 12	2pm

**Venue: Greeley Recreation Center**

Shooting	Date	Time
Skeet Shoot (R)	June 13	10am
Trap Shoot (R)	June 13	12pm

**Venue: Pawnee Sports Center**

- If Skeet or Trap is your first or only competition, please pick up your participant packet at Pawnee Sports Center the day of your event. A map to the venue is available online.

Shuffleboard	Date	Time
Singles (C)	June 11	9am
Doubles (C)	June 11	1pm

**Venue: Greeley Senior Center – Shuffleboard Court**

Swimming	Date	Time
2-day Meet*	June 13-14	1:30pm
Backstroke	50, 100, 200 (C) & 25 (R)	
Breaststroke	50, 100, 200 (C) & 25 (R)	
Elementary Backstroke	25 (R)	
Freestyle	50, 100, 200, 500 (C)	
Individual Medley	100, 200 (C)	
Front Crawl	25 (R)	
Sidestroke	25, 50 (R)	
Butterfly	50, 100 (C) & 25 (R)	

**Venue: Greeley Recreation Center- Swimming Pool**

## Swimming (continued)

- Warm-up at 12:30pm & meet start at 1:30pm each day. Heat sheets posted at the RMSG Hospitality Center.
- Experienced swimmers should **NOT** enter the 25 yard recreational (R) events offered for novice swimmers.
- USMS Recognized Swim Meet, #325-R003. USMS members can submit their times to their LMSC.
- USMS memberships available at [www.comsa.org](http://www.comsa.org).
- *"The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records contingent on verification of bulkhead placement."*
- \*See the Schedule of Events on page 4 for the event order each day.

Table Tennis	Date	Time
Doubles (C)	June 13	9am
Mixed Doubles (C)	June 13	12pm
Singles (C)	June 14	9am

### Venue: Greeley Recreation Center – Main Gym

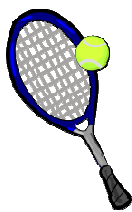
- Lunch break between Doubles & Mixed Doubles events on June 13. Order a lunch on page 10.

Tennis	Date	Time
Doubles (C)	June 13	8am
Mixed Doubles (C)	June 11	12pm
Singles (C)	June 10	12pm

### Venue: Centennial Park – Tennis Courts

#### Work Out West (if inclement weather)

- On Wednesday, June 3 tournament schedule will be posted online. Web link will also be sent by email to the email address provided by each player. Or, call the RMSG office on June 3, 9am-5pm, for 1st match times, 970-350-9433.
- In the event of a rain delay, players may be asked to play pro sets and to use no ad scoring. If it becomes necessary to use WOW players are responsible for the \$20 fee per hour, per court for indoor matches.
- Rain Out Dates: June 12 & June 14
- RMSG is an organizational member of the USTA.



Track & Field	Date	Time
Discus (C) Women 60+	June 12	9am
Women 50-59	June 12	9:45am
Men 50-59	June 12	10:30am
Men 70+	June 12	11:45am
Men 60-69	June 12	12:30pm
Football Throw (R)	June 12	1pm
Frisbee Toss (R)	June 12	1pm
High Jump (C)	June 12	9am
Javelin (C) Men 60-69	June 12	9am
Women 60+	June 12	10am
Men 70+	June 12	10:30am
Men 50-59	June 12	11:45am
Women 50-59	June 12	12:45pm
Long Jump (C)	June 12	9am
Pole Vault (C)	June 12	9am
Shot Put (C) Men 50-59	June 12	9am
Men 60-69	June 12	10am
Women 60+	June 12	11am
Women 50-59	June 12	12pm
Men 70+	June 12	12:45pm
Softball Throw (R)	June 12	1pm
Triple Jump (C)	June 12	9am
50 Meter Dash (C)	June 12	12:30pm
100 Meter Dash (C)	June 12	2pm
200 Meter Run (C)	June 12	3pm
400 Meter Run (C)	June 12	11:30am
400 Meter Power Walk	June 12	2:30pm
800 Meter Run (C)	June 12	1pm
1500 Meter Run (C)	June 12	11am
1500 Meter Power Walk (R)	June 12	12pm
1500 Meter Race Walk	June 12	1:30pm
5K Race Walk	June 14	7:30am

### Venue: Heath Middle School

- The Track & Field Meet is an all day event. Times are approximate. Events may start later, but not prior to the listed time. Please listen to P.A. announcements for when to report to events.
- Occasionally age groups and genders may be combined. Results will be scored separately.
- Field events and track events may occur at the same time. Please check-in at your field event, **participate in your track event first** and then, go directly back to your field event to compete.
- Results for track events will be announced over the P.A. system. Results for field events will be announced by the event coordinator after the event is completed. Please pick up your award after event results have been announced.

Track & Field Throwing Events	Date	Time
Hammer (C) Women 50+/Men 75+	June 13	10am
Men 50-74	June 13	12pm
Weight (R) Women 50+/Men 75+	June 13	10am
Men 50-74	June 13	12pm

**Venue: UNC – Field 9**

- Age groups will throw the hammer then the weight.

Weight Lifting	Date	Time
Arm Curl (R)	June 11	8am
Bench Press (R)	June 11	8am
Leg Press (R)	June 11	8am
Push Ups (R)	June 11	8am
Sit Ups (R)	June 11	8am

**Venue: Greeley Recreation Center – Weight Room**

- Order of events is dependent on the number of athletes & will be determined by the event coordinator after the registration deadline.
- For Arm Curl, Bench Press and Leg Press an age coefficient and a body weight coefficient calculation will be used to determine final medals.
- Two categories: With Compression Shirt  
Without Compression Shirt

# Volleyball Tournaments



**WOMEN'S VOLLEYBALL TOURNAMENT**  
September 18 & 19  
Westminster, CO

**MEN'S VOLLEYBALL TOURNAMENT**  
Date & location for the men's tournament will be announced on the RMSG website!

Send Inquiries to [rmsg@greeleygov.com](mailto:rmsg@greeleygov.com)  
For updates visit [www.rockymountaineniorgames.com](http://www.rockymountaineniorgames.com)

## City Supporters



WESTMINSTER

# Local Business Supporters



Quality Service Trust Since 1963





**To improve the quality of life of adults age 50+ by providing athletic competition and social opportunities that promote healthy & active lifestyles.**



# Lodging

Blocks of rooms are being held at the prices stated below until the dates published below. After the deadline rates will vary.

Rooms Blocked	Deadline to Receive Special Rate	Reservation Code	Rate per Night
---------------	----------------------------------	------------------	----------------

## Greeley Hotels

### West 29th Street Facilities

<b>Candlewood Suites</b> 3530 W. 29th St.	970-330-2333 www.candlewoodsuites.com	20	5/10/15	RMSG	\$159.99
<b>Fairfield Inn &amp; Suites by Marriott</b> 2401 W. 29th St.	970-339-5030 www.marriott.com/ftcgr	5	6/10/15	RMSG	\$149
<b>Hampton Inn &amp; Suites</b> 2350 W. 29th St.	970-339-5525 www.greeleysuites.hamptoninn.com	10	5/10/15	RMSG	\$139
<b>Super 8 - Greeley</b> 2423 W. 29th St.	970-330-8880, 800-454-3213 www.Super8.com	10	5/10/15	RMSG	\$109.99

### Downtown Facilities

<b>Clarion Hotel &amp; Conference Center</b> 701 8th St.	970-353-8444 www.clarionhotel.com	10	6/3/15	RMSG	\$109
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### West 10th Street Facilities

<b>Days Inn</b> 5630 W. 10th St.	970-392-1530, 800-771-7174 www.daysinn.com	15	5/10/15	RMSG	\$116.99
<b>Greeley Guest House</b> 5401 W. 9th St.	970-353-9373, 800-314-3684 www.greeleyguesthouse.com	13-18	6/14/15	RMSG	25% off

## Evans Facilities

<b>America's Best Value Inn</b> 800 31st St., Evans, CO	970-339-2492, 800-777-5088 www.americasbestvalueinn.com	10	5/27/15	RMSG	\$89.99*
<b>Select Stay</b> 3025 8th Ave., Evans, CO	970-356-2180 www.selectstay.com	5	6/5/15	RMSG	\$79.99

## Windsor/Loveland Facilities

<b>Best Western Plus Crossroads Inn</b> 5542 E. Hwy. 34, Loveland, CO	970-667-7810, 888-818-6223 www.bestwesterncolorado.com	15	5/10/15	RMSG	\$129.99
<b>Super 8 - Windsor</b> 1265 Main St., Windsor, CO	970-686-5996 www.super8.com	10	5/10/15	RMSG	\$149.99

\* Price will vary with pets

For more lodging options please visit [www.greeleychamber.com/visiting](http://www.greeleychamber.com/visiting).





[www.NSGA.com](http://www.NSGA.com)

# The Games are calling

Minnesota is proud to host the 2015 National Senior Games.  
The land of 10,000 lakes is also home to nationally-acclaimed arts  
and theater, fine dining, dazzling shopping and spectacular summers.  
And soon, 12,000 inspirational athletes.

For more information: 952-278-8513  
[seniorgames@2015goldengamesmn.org](mailto:seniorgames@2015goldengamesmn.org)

**2015 National Senior Games**  
Presented by Humana  
Bloomington/Minneapolis/St. Paul Minnesota  
July 3 - 16, 2015



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