

Saturday, May 30, 2015 AGUA Masters Battery Park City Sprint Pentathlon
Sanctioned by the Metropolitan LMSC for USMS, Inc. Sanction #065-S004

- Facility** Asphalt Green Battery Park City, a six-lane 25-yard pool located at 212 North End Avenue, New York, NY 10282 (corner of North End Ave. and Murray St.). Competition will either be swum in six lanes with no warm down lane, or five lanes with one warm down lane at the discretion of the meet director based on timeline constraints.
- Directions** By Subway: Take 1, 2 or 3 train to Chambers St. station; or take 4, 5, or 6 train to Brooklyn Bridge station. Walk west on Chambers St. to North End Ave. and make a left. Facility entrance is on the left, one building in from the corner of Murray St.
 By Car: From South, take West St. to Murray St. and turn left. From North, take West Side Highway/West St. to Murray St. and turn right. Once on Murray St., turn right on North End Ave. Please be advised that street parking is sparse and public transportation is recommended.
- Eligibility** Open to all 2015 USMS-registered swimmers age 18 or older, regardless of Club or LMSC affiliation or residency. Age determination date for this meet is May 30, 2015. Note: You cannot register with USMS until you are 18 years old.
 Retrieve USMS registration number/card online at: https://www.clubassistant.com/club/usms_member_card_request.cfm
 Not a USMS member? No problem. Register with USMS for this meet online at: <http://www.usms.org/reg/>
- Rules** 2015 USMS rules govern this meet. NO DIVING permitted during warm-up except for designated one-way sprint lanes. Swimmers must enter the water in a cautious and controlled manner. Failure to comply with no diving rule may result in expulsion from meet.
- Schedule** Check-In: 5-5:45 p.m. / Warm-Up: 5:30-6:10 p.m. / Start: 6:15 p.m. / Finish: No later than 8:00 p.m.
- Check-In** Please email Meet Director Jonas Altman-Kurosaki to scratch in advance. Scratches will be accepted until 5:45 p.m. on the day of the meet.
- Seeding** Swimmers will be seeded according to entry time, not by age or gender. Heats will be contested slowest to fastest; "NT" (no time) entries will be seeded as slowest. All events will be seeded and heat sheets posted after swimmer check-in has closed at 5:45 p.m. on the day of the meet.
- Entry Limit** Each swimmer is permitted to enter and swim a maximum of five (5) individual events.
- Awards** A cash prize of \$100 will be awarded to the top cumulative time in each gender, regardless of age. Additional prizes will be awarded to the top cumulative time in each age group. **Participants must compete in all five events in order to be eligible for awards.**
- Records** The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.
- Entry Fee** \$25 flat individual entry fee. Entry fees are non-refundable and non-transferable.
- Deadline** **Online registration CLOSES at 11:59 a.m. ET on May 29, 2015.** Mail-in entry RECEIPT (not postmark) deadline is **May 25, 2015.**
- Register** Online meet registration with a credit card is strongly recommended for convenience and accuracy. Credit card statement will reflect a charge by "ClubAssistant.com Events." Register online at: https://www.clubassistant.com/club/meet_information.cfm?c=1542&smid=6763
- Food** With the exception of plastic bottled water or sports drinks, facility management prohibits food and beverages on pool deck or in locker rooms.
- Results** Results will be posted online within 48 hours of meet conclusion at www.metroswim.org and www.aquamasters.org.
- Questions** Direct inquiries to Meet Director Jonas Altman-Kurosaki at JAltmanK@asphaltgreen.org.

INDIVIDUAL MEET MAIL-IN ENTRY FORM

Swimmers MUST complete and sign USMS liability waiver on second page in order for entry to be accepted.

#	Event Description	Entry Time
1	Mixed 50y Butterfly	_____
2	Mixed 50y Backstroke	_____
3	Mixed 50y Breaststroke	_____
4	Mixed 50y Freestyle	_____
5	Mixed 100y Individual Medley	_____

_____	_____	_____	____/____/____	_____	_____
LAST NAME	FIRST NAME	M.I.	BIRTH DATE	GENDER	USMS CLUB

_____	_____
SIGNATURE OF PARTICIPANT	DATE SIGNED

Include completed entry form; completed and signed USMS waiver; legible copy of current 2015 USMS card;
 \$25 check or money order payable to ASPHALT GREEN.
Mail to: Jonas Altman-Kurosaki, 555 E. 90th St., New York, NY 10128



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Revised 07/01/2014

LAST NAME	FIRST NAME	M.I.	BIRTH DATE		GENDER

STREET ADDRESS	APT. #	CITY	STATE	ZIP CODE	

PHONE NUMBER	EMAIL ADDRESS

SIGNATURE OF PARTICIPANT	DATE SIGNED