

**2015 Ozark LMSC SC Yards Championship**  
**Sponsored by St. Louis Area Masters Swimming, Inc. (SLAM)**  
**March 28 and 29, 2015**

Sanctioned by Ozark LMSC for USMS, Inc., Sanction # \_\_\_\_\_

**Location: Chuck Fruit Aquatic Center, 6168 Center Grove Rd., Edwardsville, IL 62025**

The pool is 50 meters in length with 2 movable bulkheads. The elevated viewing area has seating capacity of 499 for spectators. The pool level has seating capacity of 220 for coaches and swimmers. There are two 8-lane competition courses (one course will be available for warm-up and warm-down during the meet) and there are 2 dedicated men's and women's large size locker rooms. **The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.**

**Time:** Saturday afternoon, March 28, warm-up 1 pm, meet starts 2 pm, and Sunday morning, March 29, warm-up begins at 8 am, meet begins at 9 am. Positive check-in is required for Event 1 (500 free) prior to 1:30 pm Saturday and Event 15 (1000 free) and Event 16 (1650 free) prior to 8:30 am Sunday.

**Ozark LMSC Membership Meeting:** A brief meeting of the Ozark LMSC general membership will be held during the second break on Saturday. All Ozark LMSC members are urged to be attentive at this time and vote on the important issues, such as 2016 LMSC membership fees, to be decided at this meeting. The agenda will be posted at [www.ozarkLMSC.org](http://www.ozarkLMSC.org).

**SLAM Membership Meeting:** A brief meeting of the SLAM general membership will be held during the second break on Sunday. All SLAM members are urged to be attentive at this time and vote on the important issues, such as the 2016 SLAM membership fees. The agenda will be posted at [www.swimSLAM.org](http://www.swimSLAM.org).

**Eligibility:** Persons eighteen (18) years of age and older and all levels of swimming ability are welcome. Age is determined by swimmer's age on March 29, 2015. Participants must be 2015 USMS members. You may apply for USMS membership at the meet if you so desire, but we prefer you apply for USMS membership online <http://www.usms.org/reg/> prior to the meet. We are in the Ozark LMSC. One Event USMS registration (OEVT) of \$20 is also available at the meet, but OEVT membership is good only for this meet and does not qualify you to swim relays or to represent a club. Meet entries fees are in addition to the \$20 OEVT fee. OEVT member times are not recognized for records or Top Ten consideration, nor are they submitted to the USMS times database.

**Conduct:** The 2015 USMS rules will govern the conduct of the meet. All events will be timed finals. Participants will be limited to ten (10) individual events for the meet, no more than five (5) on any one day, in addition to relays. Events will be seeded slowest to fastest; genders may be seeded together at the discretion of the meet referee.

**Relays:** Fully completed relay entry cards will be accepted at the timing console table BEFORE 1:30 pm on Saturday for events 2 & 3; BEFORE 2:30 pm for events 8, 13, 14; BEFORE 9:30 am on Sunday for events 17-18; and BEFORE 10:30 am for events 23, 27, and 28. All relays will be deck seeded. Blank relay cards will be available at the check-in table and/or can be downloaded from the Ozark LMSC website. Unattached swimmers cannot swim on relays.

**Fees:** On-line entry will be available and is the preferred method. No email entries will be accepted. The online meet entry fee is \$30 for one day participants or \$40 for two days. Mailed entries are \$35 for one day or \$50 for two days. Mailed entries must be accompanied by check and signed entry form and mailed to **Maryanne Barkley, Meet Director, 931 Cherry Lane, Troy, IL 62294**. Please make checks payable to **St Louis Area Masters Swimming, Inc.** Do not send a mailed entry if you have registered online. Deck entries are \$40 for one day or \$55 for two days. Swimmers participating only on relays must submit a signed entry form and pay the appropriate entry fee as above. *No cash please.* Bring proof of 2015 USMS membership or be prepared to pay for USMS registration at the meet.

**Entry Deadline:** Deadline for Online entries is midnight CST March 26th. Mailed entries must be received by March 26th or postmarked by March 24th. Call Maryanne Barkley at (618) 667-3134 if you do not receive email confirmation of your entry by March 27th. Questions: [barkleymaryanne@gmail.com](mailto:barkleymaryanne@gmail.com)

Deck entries for Saturday close at 1:30 pm, for Sunday at 8:30 am. To expedite deck entry check-in, please have your completed, signed paper entry form and completed check ready. **No deck entries are permitted for the 500 and the 1000 (Events 1 and 15). These events will be pre-seeded. Deck entries for the 1650 will be accepted only if no new heats are required.**

**Driving Directions: Chuck Fruit Aquatic Center, 6168 Center Grove Rd., Edwardsville, IL 62025**

From I-270 exit 157 north (Exit #9). Take Hwy 157 approximately 3.5 miles north. Turn right onto Center Grove Road. Go to the next stop light and turn right, entering into the District 7 Sports Complex. The Chuck Fruit Aquatic Center will be on your left hand side. Parking is either the first left as you enter, or, you can go through the gates and you will find more parking. Overflow parking can be found at Edwardsville High School on the north side of Center Grove Rd. There is a walking tunnel from the high school to the complex located near the staff parking lot.

**Closest accommodations:**

Holiday Inn Express & Suites - 1000 Plummer Dr, Edwardsville, IL, (618) 692-7255 (walk to pool)

Country Hearth Inn - 1013 Plummer Dr, Edwardsville, IL, (618) 656-7829 (walk to pool)

Quality Inn & Conference Center - 3080 S. State Rd 157, Edwardsville, IL, (618) 656-4900 (north @ I-270)

Hampton Inns & Suites -5723 Heritage Crossing Drive, Glen Carbon, IL (618) 589-5000 (south @ I-270)

**2015 OZARK LMSC SC Yard Championship ENTRY FORM**  
**Sanctioned by Ozark LMSC for USMS, Inc., Sanction # \_\_\_\_\_**

Name (as listed on 2015 USMS card):	Birth Date:	Age:	Gender:
Address:	Home Phone		
City:	State:	Zip:	Club Affiliation
2015 USMS Number (attach copy of card)	Email Address:		
Emergency Contact Name:	Emergency Contact Phone:		

EV	Seed Time	Saturday, March 28
1		500 Freestyle
		15 Minute Break*
2		200 M/W Medley Relay
3		800 Mixed Free Relay
4		100 Individual Medley
5		200 Backstroke
6		50 Freestyle
7		100 Butterfly
		15 Minute Break*
8		400 Mixed Free Relay
9		100 Freestyle
10		50 Backstroke
11		100 Breaststroke
12		400 Individual Medley
13		200 M/W Free Relay
14		400 Mixed Medley Relay

EV	Seed Time	Sunday, March 29
15		1000 Freestyle
16		1650 Freestyle
		15 Minute Break*
17		200 Mixed Medley Relay
18		800 M/W Free Relay
19		50 Breaststroke
20		100 Backstroke
21		200 Butterfly
22		200 Individual Medley
		15 Minute Break*
23		400 M/W Free Relay
24		200 Breaststroke
25		50 Butterfly
26		200 Freestyle
27		200 Mixed Free Relay
28		400 M/W Medley Relay

\*15 minute breaks are contingent on meet progress

Online entries, one day fee: \$30 or two days: \$40, deadline midnight March 26<sup>th</sup> CST.

Mailed entries, one day fee: \$35 or two days: \$50, must be received by March 26<sup>th</sup> or postmarked by March 24<sup>th</sup>

Deck entries, one day fee: \$40 or two days: \$55, deadline 1:30 pm Saturday, 8:30 am Sunday.

No deck entries are accepted for Event 1 (500 Free) and Event 15 (1000 Free).

Deck entry for the 1650 will be permitted only if no new heats are required.

Total Enclosed \$ \_\_\_\_\_ Checks payable to **St. Louis Area Masters Swimming, Inc.**

Mail to **Maryanne Barkley, Meet Director, 931 Cherry Lane, Troy, IL 62294.**

Call (618) 667-3134 or email [barkleymaryanne@gmail.com](mailto:barkleymaryanne@gmail.com) if your entry is not confirmed by March 27<sup>th</sup>.

The waiver on the next page must also be completed, signed and mailed with mailed entries.



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,  
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. (“USMS”) allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities (“Event” or “Events”); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the “Agreement”);

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the “Released Parties”), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys’ fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed