



# Inaugural Snag Holmes Masters Invitational

Friday, March 27<sup>th</sup> – Sunday, March 29<sup>th</sup>, 2015  
Hosted by the Palm Beach Masters  
Sanctioned by the Florida Gold Coast LMS for USMS, Inc  
Sanction #: 505-S002



## **DATES & TIMES:**

Friday, March 27<sup>th</sup>: Warm-up 5:00pm; Meet begins at 6:00pm  
Saturday, March 28<sup>th</sup>: Warm-up 8:30am; Meet begins at 9:30am  
Sunday, March 29<sup>th</sup>: Warm-up 8:30am; Meet begins at 9:30am

**MEET DIRECTOR:** Linda Irish Bostic, 561-373-1440, LindaBostic@gmail.com

**FACILITY:** The beautiful North County Aquatic Complex at 801 Toney Penna Dr., Jupiter, FL, 33458, has a 50 meter x 25 yard & 25 meter outdoor pool. Eight (8) 25 yard lanes with Colorado Timing will be provided for the competition. Pool heaters & chillers keep the pool at an optimum temperature for competition. Designated 25 meter lanes will be available for warm-up & warm-down at all times. Overflow parking will be provided at Jupiter H.S., east of the pool on Toney Penna Dr.

**ELIGIBILITY:** Current USMS rules will govern. All athletes must be currently registered with U.S. Masters Swimming or with a FINA Masters recognized governing body.

**ENTRIES & FEES:** Entry fee of \$25 plus \$4 per event. All entries include a meet T-shirt! **Online entries preferred.** Swimmers may enter a maximum of five (5) individual events per day. All entries must be received by Tuesday, March 24<sup>th</sup>, at 11:59pm. All entry & event fees are nonrefundable. "Mailed in Entries" should include the entry form, payment, signed waiver, & a copy of your 2015 USMS Registration Card and mailed to Snag Holmes Masters Invitational, North County Aquatic Complex, 801 Toney Penna Dr, Jupiter, FL, 33458 with checks made payable to Palm Beach Masters.

**SEEDING:** All events will be swum in numerical order, slow to fast, with the exception of the 1650 Free, which will be swum fast to slow and mixed gender. The 1650 will be limited to the first 24 swimmers who register for the event and will be deck seeded with a positive check-in. The 1650 check-in deadline is at Friday, March 27<sup>th</sup> at 5:30pm.

**RELAYS:** Relay entries will be accepted on the deck up to 60 minutes prior to the start of the relay. There is no charge for relays. Only team members registered for the meet may participate. Mixed relays will be swum separately from Women's & Men's Relays and not in combined heats.

**DECK ENTRIES:** Deck entries will be accepted each day of the meet during warm-up for an added charge. Entries are only permitted into open lanes. No new heats will be added. "Double Entry Fee" if not already entered in meet. \$5 per event if already entered in meet.

**BREAKS:** There will be a 10-minute break prior to all relays and a 5-minute break after relays. Additional breaks in the meet may be taken at the direction of the meet referee.

**SCORING & AWARDS:** Tri-Fold Award cards will be provided for the placement of individual peel-off award labels as a race record for all. Team Scoring will be kept. Complimentary meet T-shirts will be given to all participants.

**SOCIAL:** Join us for a meet social on Saturday, March 28<sup>th</sup> after the conclusion of the meet that day at the Jupiter Beach Resort Pool Bar. Make new friends, relax with a cold beverage, and order any desired food from their menu.

**RESULTS:** Results will be available online at PalmBeachMasters.org and the Meet Mobile app.

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Sanctioned by the Florida Gold Coast LMS for USMS, Inc Sanction #:

## \*\* OFFICIAL PAPER ENTRY FORM \*\*

*Online registrations preferred.*

**Attach 2015 USMS Card Here →**

**Name:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Club:** \_\_\_\_\_ **Club Name:** \_\_\_\_\_

**Friday, March 27<sup>th</sup>**

F/M/Mixed	Event	Entry Time	<i>Please submit a SCY entry time (even if an estimated time).</i>
1	1650 Free	_____	
3/4/5	800 Free Relay	*****	

**Saturday, March 28<sup>th</sup>**

F/M/Mixed	Event	Entry Time
7 / 8	200 Free	_____
9 / 10	100 Fly	_____
11 / 12	50 Breast	_____
13 / 14	100 IM	_____
15 / 16 / 17	200 Medley Relay	*****
19 / 20	100 Back	_____
21 / 22	200 Breast	_____
23 / 24	50 Free	_____
25 / 26	400 IM	_____
27 / 28 / 29	400 Free Relay	*****

**Sunday, March 29<sup>th</sup>**

F/M/Mixed	Event	Entry Time
31 / 32	500 Free	_____
33 / 34	50 Fly	_____
35 / 36	100 Breast	_____
37 / 38 / 39	200 Free Relay	*****
41 / 42	200 Back	_____
43 / 44	100 Free	_____
45 / 46	200 Fly	_____
47 / 48	50 Back	_____
49 / 50	200 IM	_____
51 / 52 / 53	400 Medley Relay	*****

\*\*\*\*\* *Team Relays will be deck entered at Meet.*

<b>Meet Entry Fee.....\$25:</b>	<b>\$ 25.00</b>
<b>Number of Individual Events _____ x \$4 =</b>	<b>\$ _____</b>
<b>Total:</b>	<b>\$ _____</b>

Make checks payable to: Palm Beach Masters

Mail to: Snag Holmes Masters Invitational, North County Aquatic Complex, 801 Toney Penna Dr., Jupiter, FL , 33458



## PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed