**2015 Denver Masters SCY Intra Squad Swimming Meet**

Hosted by Denver Masters at Denver University in Denver, Colorado on Saturday, March 14, 2015 Warm up 1:00-2:00pm Meet from 2:00-6:00pm

USMS Sanction:

Denver Masters Swim Team invites you to the 2015 Denver Masters **Denver Masters SCY Intra Squad Swimming Meet**, to be held at El Pomar Natatorium in the Ritchie Center of the University of Denver in Denver, Colorado, which is located at 2201 East Asbury Avenue, Denver, CO 80210.  The pool is 25 yards by 50 meters, and will be set up with 6, 25 yard long course competition lanes and two lanes for warm up and cool down.  A Colorado Electronic Timing System with backup timing will be used.  On-deck seating space will be available. We recommend bringing your own chairs if you plan to make use of on-deck seating areas.

**SANCTION:** Sanctioned by COMSA (Colorado Masters Swimming Association) for USMS, Inc. (United States Masters Swimming, Inc) Sanction Number:

**TIMING:** Electronic timing will be used for all events, with back-up pickles and hand-timing.

**ELIGIBILITY:** Only Masters Swimmers with 2015 USMS Registration or foreign equivalent may participate. Verification of your current (2015) USMS card or card from foreign master's equivalent must accompany your registration. A one-day USMS registration will be available for $15 on the day of the meet. Online USMS registration is available at <http://www.comsa.org/joining/join-online.html>. Contact the COMSA registrar at [marcia.anziano@gmail.com](mailto:marcia.anziano@gmail.com) with questions.

**RULES:** Current USMS Rules govern the competition, including a *NO FALSE START RULE*, and whistle alerts announcing the start of each race. Age on 3/14/2015 determines competition age.  Seeding will be done from slow to fast by time. Men and women will be seeded separately, and event results will be separated. Be sure to enter Short Course Yards times on your registration.  All events are timed finals. No paddles, kick boards, or pull buoys are allowed during warm-ups.

**NUMBER OF ENTRIES:** Entries are limited to 5 events.  All entries are to be submitted via the Swim Meet Registration system (no individual time cards are required). A heat sheet and meet program will be available on the day of the meet. To register, go to <https://www.clubassistant.com/club/meet_information.cfm?c=1279&smid=6365> and follow the prompts.

**SCORING:** Individual events will be scored (by gender and age group) from 1st to 6th place as follows: 7-5-4-3-2-1 points.

**RESULTS:** Results will be posted by the Meet Director at the swim meet as soon as possible after each event. Final results will be posted on the COMSA.org websites.

**AWARDS:** No awards will be presented

**DEADLINES:**

Recommended: Early registration closes on 3/8/2015  
Final online registration closes at 11:59pm Mountain time on 3/12/2015

**REGISTRATION:** Preferred method for receiving entries is online at, (<https://www.clubassistant.com/club/meet_information.cfm?c=1279&smid=6365>) Click on the registration button and follow the prompts.

**ENTRY CONFRIMATIONS:** Your on-line entries will provide you with email verification of your entries.

MEET SCHEDULE:

|  |  |
| --- | --- |
| Warm Up: | 1:00-2:00pm |
| Estimated end of competition: | 6:00pm |

ORDER OF EVENTS:

(first numbers are female, second numbers are male

Event Womens/Mens Event #

200 IM 1/2

50 Fly 3/4

200 Free 5/6

100 Breast 7/8

50 Back 9/10

200 Fly 11/12

Break

100 Free 18-19

50 Breast 20-21

200 Back 22-23

100 Fly 24-25

50 Free 26-27

200 Breast 28-29

100 Back 30-31

100 IM 32-33

**ENTRIES AND FEES WORKSHEET:**  (<https://www.clubassistant.com/club/meet_information.cfm?c=1279&smid=6365>)

**Swim Meet:**

$5 surcharge per swimmer

$5 per individual event (max 5 events)

Enter event numbers 1)\_\_\_\_\_  2)\_\_\_\_\_ 3)\_\_\_\_\_4)\_\_\_\_\_5)\_\_\_\_\_

*Swim Meet Sub Total: $\_\_\_\_\_\_\_\_\_\_*

*Grand Total $\_\_\_\_\_\_\_\_\_\_\_\_\_*

**LIABILITY WAIVER:**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks.

AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: THE UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_            Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

For more information regarding the

2015 Denver Masters SCY Intra Squad Swimming Meet

Please contact:

Andrew Le Vasseur, Denver Masters Head Coach/Meet Organizer

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