



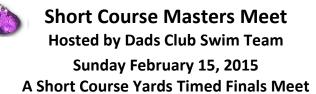
## Sweetheart Swim

















DATE: Sunday February 15, 2015. Warm up begins at 12 PM. The Meet will begin at 1 PM.

**FACILITIES:** 25 Yard, eight (8) lane indoor pool with regulation starting blocks, bulkhead separating competition pool from diving well, Daktronics electronic timing system, eight lane scoreboard. Diving well will be reserved for continuous warm up and cool down. Locker room facilities available. Facility seats 800.

**POOL LENGTH CERTIFICATION:** The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

**LOCATION:** WW Emmons Natatorium, 10404 Tiger Trail, Houston, TX 77043. Map link to the pool – WW EMMONS NATATORIUM-SPRING BRANCH ISD

**PARKING:** Parking is available in the Natatorium parking lot and additional parking is available in the High School lot next door.

Here is an aerial view of the facility:



**DIRECTIONS:** Take I-10 and exit Gessner exit. Facility is near Hammerly and Gessner on the North side of I-10. Heading north on Gessner, turn left onto Tiger Trail off of Gessner before you reach Hammerly. Pool will be on your right past high school.

SANCTION: Sanctioned by Gulf Master Swim Committee for USMS, Inc. Sanction #

Times achieved at the meet will be submitted to USMS.

**RULES:** Current USMS Short Course Rules will govern the conduct of the meet.

**ELIGIBILITY:** Open to all currently registered USMS swimmers. Swimmers not currently registered with USMS will be given an opportunity to register with USMS while doing their online entry.

**AGE:** Athlete age at the meet is determined by their age on the day of the meet.

**ENTRIES:** A maximum of 5 individual events may be entered. Enter with short course yard times or convert your meter times to short course yard. Swimmers may enter with NT (no time).

**FEES:** Meet entry fee is \$35. Online entry deadline is Friday February 13, 2015. Online entries will be charged to your credit card by "ClubAssistant.com Events". **There will be no paper entries or on deck entries.** 

**SEEDING:** All events will be pre-seeded, with women and men seeded together, slowest to fastest.

**IMPORTANT** – ALL 1000 FREE DISTANCE SWIMMERS MUST SUPPLY THEIR OWN COUNTERS.

**RESULTS:** Results will be posted during the meet on MeetMobile. Hard copies will also be posted at the meet. Final results will be posted on the Gulf Masters Web Site at <a href="https://www.gulfmastersswimming.org">www.gulfmastersswimming.org</a>

**AWARDS:** Personal satisfaction for a job well done.

MEET REFEREE: Herb Schwab <a href="herb.schwab@gmail.com">herb.schwab@gmail.com</a>

**HOSPITALITY:** Will be provided for timers and officials.

**SOCIAL:** A Masters meet would not be complete without a get together afterwards! Please check the Gulf Masters website and at the meet for more information about our post meet social which will undoubtedly include dinner and libations. Please make plans to join us.

QUESTIONS: Meet Director Nicole Christensen-Rembach ncr@creativewaters.net 281-352-8434













## Order of Events Sunday February 15, 2015

Warm Ups 12 PM, Meet Starts 1 PM

Swimmers may enter up to 5 events. All times will be assumed to be Short Course Yard times. Please convert Meter times to Yards. Swimmers may enter with no time or NT.

1	Mixed	500 Free *
15 minute break - open pool for 2 <sup>nd</sup> warm up		
2	Mixed	100 Fly
3	Mixed	50 Breast
4	Mixed	200 IM
5	Mixed	100 Free
6	Mixed	200 Breast
7	Mixed	50 Back
8	Mixed	100 IM
9	Mixed	200 Free
10	Mixed	50 Fly
11	Mixed	200 Back
12	Mixed	100 Breast
13	Mixed	50 Free
14	Mixed	400 IM
15	Mixed	100 Back
16	Mixed	200 Fly
17	Mixed	200 Free or Medley Relay
18	Mixed	400 Free or Medley Relay
19	Mixed	1000 Free **

- \* Relays cards must be turned in at the completion of Event 5, the 100 Free. Relays can be swum Female, Male or Mixed.
- \*\*Swimmers MUST provide their own counters.

There will be a social after the meet is over at nearby restaurant. We hope you plan to stay. Make sure to sign up in advance if you want to sit with the group.