St. Valen-TIMES Massacre Masters Swim Meet

25 yard timed finals

**Sanctioned by Florida LMSC, Sanction #**

**Sponsored by USRP Racers Swim Team**

**Date, Times, Warm-up:**

Saturday February 7, 2015

Warm-up: 10:00 am

Competition: 11:00 am

**Location:** Cypress Aquatic Center, 981 George Engram Blvd, Daytona Beach, FL 32114 (southeast corner of Nova and George Engram)

**Pool Specs:** 6-lane 25-yard outdoor heated pool (4 lanes for competition, 2 for warm-up, cool down).

**Eligibility:** Open to all USMS or FINA registered swimmers (check usms.org for yearly or

one-event memberships)

**Seeding:** Please enter a SCY time for each event (even if it is an estimate).

**Entry Limit:** Four (4) individual events plus relays.

**Entry fee:** $30 includes facility fee and events.

**Entry deadline:** Entries must be received by February 2.

**Paper entries:**

Complete the entry form below and make checks ($30 per swimmer) payable to

USRP Racers. Mail entries to

Rob Klotzbach

2237 Juanita Dr.

New Smyrna Beach, FL 32168

**Same-Day Entries:**

A limited number of same-day entries will be accepted with a $10 surcharge.

**Seeding:** Heats will be seeded from slowest to fastest by times submitted. (Please do not submit NT. Make a guess.) Ages will be combined but not sexes.

**Awards:** Each swimmer will receive a certificate with his or her results on it. Special awards for the “Daytona 500” winners and the SNARK relay.

**Rules:** Current USMS Swimming Rules and Regulations will govern the meet.

**Warm-up Procedures:** No equipment (pull buoys, kick boards, fins, paddles) will be allowed. Swimmers must enter the pool feet first in a cautious and controlled manner. Diving will be permitted only in designated lanes.

**Age Groups:** 19-24, 25-29, 30-34, etc.

**Questions?** Email agrams1234@gmail.com or 386-4­51-1910.

**Events:** Women (odd numbers) swim before men (even numbers). The relays are “just for fun” so any combination of sexes or teams or unattached is OK. The relays will be organized at the meet.

**Please enter a time for each individual event.**

* 1. 200 Medley Relay (men, women, or some of each, don’t have to be on same team)

3-4. 200 Individual Medley

5­-6. 200 Free

7-8. 50 Back

9-10. 50 Breast

11-12. 100 Fly

13-14. 50 free

15-16. 150 3-person SNARK relay (mixed as above)\*

17-18. 100 free

19-20. 100 Back

21-22. 50 fly

23-24. 100 Breast

25-26. “Daytona 500” Free

27-28. 100 Individual Medley

29-30. 200 Free Relay (mixed as above)

\* This is a 3 person drafting relay. Swimmers 2 and 3 start behind Swimmer 1. At the end of each 25, the lead swimmer drops back to the end of the line. No passing is allowed otherwise. Each swimmer swims 150 yards total. The time and place for each relay is determined by the time when the last swimmer touches the wall. This will be the swimmer who started second.

**St. Valen-TIMES Massacre Masters Swim Meet**

**ENTRY FORM**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sex \_\_\_\_ Age \_\_\_\_ DOB \_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Team Abbreviation \_\_\_\_\_\_\_

USMS # \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E Mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Enter a time for each of the 4 events you wish to swim. Please do not enter NT. Estimate your time if necessary. All events are in yards.

Women’s events are the odd numbered ones, and men’s the even.

Place a check mark in the relay entries if you want to swim a relay. Relays will be organized at the meet.

|  |  |  |  |
| --- | --- | --- | --- |
| 1. \_\_\_\_\_\_\_\_\_\_
 | 200 yd. mixed medley relay | 1. \_\_\_\_\_\_\_\_\_\_
 | 200 mixed medley relay |
| 1. \_\_\_\_\_\_\_\_\_\_
 | 200 yd. individual medley | 1. \_\_\_\_\_\_\_\_\_\_
 | 200 individual medley |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 200 yd. free | 1. \_\_\_\_\_\_\_\_\_\_
 | 200 free |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 50 yd. back | 1. \_\_\_\_\_\_\_\_\_\_
 | 50 back |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 50 breast | 1. \_\_\_\_\_\_\_\_\_\_
 | 50 breast |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 100 fly | 1. \_\_\_\_\_\_\_\_\_\_
 | 100 fly |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 50 free | 1. \_\_\_\_\_\_\_\_\_\_
 | 50 free |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 100 mixed free relay | 1. \_\_\_\_\_\_\_\_\_\_
 | 100 mixed free relay |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 100 free | 1. \_\_\_\_\_\_\_\_\_\_\_
 | 100 free |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 100 back | 1. \_\_\_\_\_\_\_\_\_\_\_\_
 | 100 back |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 50 fly | 1. \_\_\_\_\_\_\_\_\_\_\_
 | 50 fly |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 100 breast | 1. \_\_\_\_\_\_\_\_\_\_\_\_
 | 100 breast |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | “Daytona 500” free | 1. \_\_\_\_\_\_\_\_\_\_\_\_
 | “Daytona 500” free |
| 1. \_\_\_\_\_\_\_\_\_\_\_
 | 100 IM  | 1. \_\_\_\_\_\_\_\_\_\_\_\_
 | 100 IM |
|  29. \_\_\_\_\_\_\_\_\_\_\_\_ | 200 mixed free relay |  30. \_\_\_\_\_\_\_\_\_\_\_\_\_ | 200 mixed free relay |

**Liability Release**

“I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITES. In addition, I agree to abide by and be governed by the rules of USMS.”

Signature and date

**Mail entries to**

**Rob Klotzbach**

**2237 Juanita Dr.**

**New Smyrna Beach, FL 32168**

**Include a check for $30 payable to USRP Racers and a copy of your USMS membership card (or be prepared to complete a one-event membership for $14 at the meet).**

Entries are due by February 2.