#### 2015 KATS DRIVE AND DIVE MEET



# Hosted by Kalispell Aquatic Team Swimming JANUARY 11, 2015

## Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction # . This meet is dual sanctioned with Montana Masters sanction # \_\_\_\_.

Meet Referee	Meet Director	Meet Registrar
Merle L. Gunderson	Anthony Popp	Anthony Popp
mtgunders@msn.co	406-755-1001/314 1001	406-755-1001
<u>m</u>	drpoppkats@gmail.com	katsswimmeet@gmail.com
		cc: drpoppkats@gmail.com
		KATS
		PO Box 11,
		Kalispell, MT 59903

**FACILITY:** 

The meet will be held at the Summit Fitness Center located at 205 Sunnyview Lane off HWY 93 North, near the hospital in Kalispell, Montana. Please use the North Entrance.

The Summit is a state-of-the-art private fitness center. The pool is a regulation 25-yard six lane pool with non-turbulent lane dividers and six place clock display showing event, heat, lane, place, and time. The Start end is 8'6" deep and the turn end is 3'9" deep. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

This is a **partial closed deck meet**; only athletes, certified coaches, USA officials, timers and meet management may be behind the blocks and in the timing area. Exception: *One* (1) parent of an 8 and under swimmer may be at the start area two (2) heats prior and one (1) heat after the swimmers event.

Timing will be by an automatic Colorado Timing System with touch pads on the start end and manual backup timers. All events will be timed finals.

There is seating available on deck for spectators and a conference room will be provided for swimmers and families to "set up camp".

The Summit is a private club with rules for all swimmers to follow.

Please note especially that no one under the ages of 13 is allowed in the adult locker rooms. There are boys' and girls' locker rooms and family locker rooms available. We ask that the hot tub not be used until the end of each day. There will be no eating allowed in the pool area or on the lower level of the Summit. Beverages will be allowed on the pool deck in plastic or paper containers, absolutely no glass will be allowed.

Since this is a private club, only members are allowed to use the facilities. The Summit will offer a ½ price daily use fee for visiting adults who would like to have a workout during the meet.

#### **MEET FORMAT**

This is an open invitational, timed finals swim meet. Swimmers will be seeded according to submitted fastest yard times by age and gender.

The 1650 will be swum combined, fastest to slowest. Positive check in is required for the before the start of event 15, Sunday. The 1650 freestyle will be deck seeded after positive check in. Swimmers in the 1650 freestyle must provide timers and counters.

All 25-yard events will start from the blocks.

Individual events will be swum as noted on the event list. Events will be scored and awarded 8&U, 9-10, 11-12, 13-14, 15-16, 17 &O and Masters.

#### **SAFETY**

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three point entry. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Each coach is responsible for informing the swimmers of the provisions of the safety code before attending the meet. No diving in the shallow end of the pool. Absolutely no glass containers are allowed in the building. No cameras of any type are allowed in the dressing rooms and the restrooms. No area of the building should be considered secure. KATS and the Summit are not responsible for loss or damage of any items. Deck changing is prohibited. A safety marshal will be on deck.

#### **RACING STARTS**

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

#### **RULES**

This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of

swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.

The USA Swimming Code of Conduct and athlete protection provisions will be enforced.

All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming.

Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

#### **ELIGIBILITY**

All swimmers must be currently registered athlete members of USA Swimming, Inc or the FINA equivalent registration or US Masters Swimming. Swimmers must be registered with USAS/FINA/USMS by December 4. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers who are not currently registered USA Swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair. Age as of the first day of the meet shall determine the age group in which the swimmer must compete.

## SWIMMERS WITH DISABILITIES

KATS welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources.

#### **ENTRIES**

Entries should be submitted as follows:

- 1. **Teams** should e-mail entries to <u>drpoppkats@gmail.com</u> and <u>katsswimmeet@gmail.com</u> using Hy-Tek software or Team Unifysoftware by January 2, 2015. Along with your meet entry file, include your team meet entry report (relay and individual entries) and team entry fee report from Team Manager (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Please e-mail all reports. Completed paperwork, signed waiver, team entry report must be received by no later than January 2 and entry fees must be received by January 2, 2015.
- **2. Individuals (not teams)** without access to Hy-Tek or Team Unify software may use the Hy-Tek Lite entry software to enter or may e-mail the entry data directly to the registrar by no later than January 2, 2015. Hy-Tek Lite entry software may be downloaded for free from the Hy-

Tek website. E-mail entries for individuals only will be accepted through 7:00 p.m. January 2, 2015 by emailing Tony Popp at <a href="mailto:drpopkats@gmail.com">drpopkats@gmail.com</a> and <a href="mailto:katsswimmeet@gmail.com">katsswimmeet@gmail.com</a>. Entry fees must be received by January 2, 2015.

No text messages accepted for entries or entry questions.

#### **ENTRY LIMITS**

Each swimmer may swim a maximum of four (4) individual events on Sunday. Swimmers will be seeded on the basis of their submitted times. Entrants shall submit their fastest officially recorded times in either yards or converted meters. "No time" entries will be accepted.

## ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

## ENTRY DEADLINES

All entries and completed paperwork must be received by Friday, January 2, 2015.

Entry fees are due by Friday, January 2, 2015. Mail to: KATS, PO Box 11, Kalispell, MT 59903.

Late entries, if accepted, will be charged double the entry fees. There will be no refunds. Deck entries/changes for swimmers already entered in the meet will only be allowed at the discretion of the meet referee, will be charged double the entry fee, will be seeded as non-scoring (exhibition) swims, and are not eligible for awards.

#### **ENTRY FEES**

Make checks payable to KATS in US dollars; All fees are non-refundable			
Individual Event	\$3.00 per event		
Surcharge	\$12.00		

An entry fee of \$12.00 plus \$3.00 per event will be charged for each swimmer competing in the meet. Entry fees must accompany the entries in US dollars. Please make checks payable to KATS. Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. There will be no refunds.

#### **SEEDING**

The conforming time standard for this meet is yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated

All non-conforming times will be seeded last in rank order. Swimmers should enter with their fastest officially recorded time in yards (or enter with a converted LCM or SCM time). No time (NT) entries will be accepted. Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except as noted. Events will be swum girls and boys unless otherwise indicated.

#### **CHECK-IN:**

The 500 will be swum combined, fastest to slowest. Positive check in is required for the 500 before the start of event 15 Sunday. The 500

freestyle will be deck seeded after positive check in. Swimmers in the 500 freestyle must provide timers and counters.

**SCRATCHES:** Swimmers will be scratched at the blocks. Swimmers and their

coaches are responsible for the swimmers being at the starting blocks before the start of their race. There will be no penalty for swimmers

who fail to scratch from an event.

**SCORING** Individual scoring will be as follows: 20-17-16-15-14-13-12-11-9-7-6-5-

4-3-2-1

**AWARDS** Ribbons will be awarded to the top 6 places in individual events 1-19

in the following girl and boy age groups: 8&U, 9-10, 11-12, 13-14,

and 15-19. A club representative should pick up the awards

immediately following the conclusion of the meet.

**RESULTS:** Results will be posted to the Montana Swimming web site at

http://www.mtswimming.com.

**WARM-UPS:** In accordance with USA Swimming guidelines, there will be a

published warm-up procedure for all swimmers and coaches attending

the meet. The meet marshal will ensure all teams, coaches, and

swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

Warm-ups shall begin on Sunday, January 11th at 8:30.

Meet Management reserves the right to change warm-up times

according to the number of entries.

OFFICIALS/ TIMERS: To the extent possible, teams are asked to provide timers and other certified meet officials.

On deck training time will be available for those wishing to train as an official. Trainees should attend the pre-meet officials meetings daily and sign in. All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

The officials' meeting will be Sunday at approximately 8:45am.

Volunteer lane timers are also greatly appreciated and can sign up prior to the meet through the KATS website at <a href="https://www.Kalispellswimming.com">www.Kalispellswimming.com</a>.

**COACHES:** The coaches meeting will be Sunday immediately after the conclusion of

warm-ups.

All coaches on deck must be registered and certified with USA

Swimming. Coach registration will be verified with the MT Swimming

Registration Chair.

**PROTESTS:** All protests should be given to the meet referee.

**HOSPITALITY:** There will be a light hospitality area open to all coaches and officials.

**CONCESSIONS:** The Summit Concessions is expected to be serving a variety of healthy

foods for breakfast, lunch and snacks. It is advised, however, that athletes and families bring food and drink to last through the day.

**SPECTATORS:** Spectators may be seated in the spectator areas on the bleachers on the

pool deck and on the balcony above the start end of the pool. As previously stated meet management requests only timers, officials, coaches, swimmers and parents of 8&U swimmers may be behind the blocks. We want all swimmers to have an enjoyable meet, but it can be difficult for athletes to get to their starting block if too many people are

in the way.

**MOTELS**: There have been a large block of rooms reserved at a team rate at

the following motels,

Hampton Inn (406) 755-7900

Please visit the KATS website often as we will try to post more information to help make your stay in Kalispell an enjoyable

one.

### **KATS 2014 Drive n Dive Invitational**

### **Event List**

1	Open	Mixed 200 Yard IM
2	Open	Mixed 100 Yard Breaststroke
3	8 & Under	Mixed 25 Yard Butterfly
4	Open	Mixed 50 Yard Freestyle
5	Open	Mixed 200 Yard Butterfly
6	11 & Over	Mixed 100 Yard Backstroke
7	8 & Under	Mixed 8 & Under 25 Yard Breaststroke
8	Open	Mixed Open 50 Yard Backstroke
9	Open	Mixed Open 200 Yard Breaststroke
10	Open	Mixed Open 100 Yard Freestyle
11	8 & Under	Mixed 8 & Under 25 Yard Freestyle
12	Open	Mixed Open 50 Yard Butterfly
13	Open	Mixed Open 200 Yard Freestyle
14	Open	Mixed Open 100 Yard Butterfly
15	8 & Under	Mixed 8 & Under 25 Yard Backstroke
16	Open	Mixed Open 50 Yard Breaststroke
17	Open	Mixed Open 200 Yard Backstroke
18	Open	Mixed Open 100 Yard IM
19	10 & Over	Mixed 10 & Over 1650 Yard Freestyle
20	Open	Mixed 50 Yard Choice – Deck Entry at Meet Only
21	Open	Mixed 100 Yard Choice – Deck Entry at Meet Only
22	Open	Mixed 200 Yard Choice – Deck Entry at Meet Only

<sup>\*</sup>The final three events (20, 21, and 22) are deck entry only and will be deck seeded after entries are received. Entries are due by the start of event 18. Swimmers may enter one, two or three of the choice events but cannot exceed the four entry limit for the meet. Swimmers may scratch down an event(s) to enter a choice event.

### 2013 KATS Invitational Swim Meet Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to KATS): Mail this form and your entries to Tony Popp at KATS, PO Box 11, Kalispell, MT 59903 or e-mail to <a href="mailto:drpopkats@gmail.com">drpopkats@gmail.com</a>

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$2.00 per event	
Swimmer Surcharge		\$10.00 per	
		swimmer	
<b>Total Fees Due</b>			

#### **Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. KATS, The Summit, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming:

Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative) CLUB

TITLE DATE