

2015 HOT Red Hot Meet Hosted by Hardin Otters January 10-11, 2015

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction #0965. This meet is dual sanctioned with Montana Masters sanction #.

Meet Referee Susan Huckeby 406-723-4800 <u>shuckeby@msn.com</u>	Meet Director Carlos Gonzales 808-271-3562 mr.carlosjgonzalez@gmail.com	Meet Registrar Eshan Zaic 406-666-2340 home; 406-620-0168 cell eking0613@msn.com PO Box 105, St Xavier, MT 59075			
FACILITY	Eighth Street, Hardin, MT 59034. The pool is an indoor, eight lane, 25 yard turbulent lane lines and KDI Paragor	will be held at the Hardin Community Activity Center, 621 West eet, Hardin, MT 59034. The elevation of the facility is 2907'. The indoor, eight lane, 25 yard regulation short course pool with 9 non- ane lines and KDI Paragon starting platforms. There is a separate cool down pool that will be available throughout the meet for coach warm-ups.			
	right at the Town Pump. The pool is left across the street from Hardin Hi	Directions: From I-90 take exit 495 south (Crawford Ave./MT Hwy 313). Veer right at the Town Pump. The pool is located ¼ mile past Town Pump on your eft across the street from Hardin High School. Timing will be by an automatic Colorado Timing System with pads at one end of the pool or two manual times.			
		end and 4'2" feet deep at the turn end. n certified in accordance with 104.2.2C(4).			
MEET FORMAT	 This is a timed finals meet. Age groups are 8 & U, 9-10, 11-12, 13-14, 15-16, 17-18, and 19 & O. Individual events will be swum as noted on the event list. Age as of Jan 10, 2015, shall determine the swimmer's age group for scoring and entry the meet. Swimmers in the 500 Free, 1000 Free, and 1650 Free must provide their timers and counters. The 500 and 1650 free will be seeded and swum m fastest to slowest; the 1000 Free will be seeded and swum mixed slowe fastest, but all will be scored by age group for both girls and boys. If onl swimmers are entered into an event, other events may be combined, see and swum as a mixed event at the meet referee's discretion, but will be scored by sex and age group. 				
	Relays will be seeded and swum as r	nixed teams. Teams may compete as all			

girls, all boys, or a mix of boys and girls. Relays will not be scored or awarded.

	Teams wanting relay times to be entered into the SWIMS database must compete as all girls or all boys teams.			
SAFETY	The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three point entry. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. A safety marshal will be on deck.			
	 The shallow end of the pool will be open for all swimmers during the meet. This is for warm-ups and lap swim only. The hot tub and baby pool will be closed. Please keep swimmers out of these areas. No glass containers, large or hard sided coolers are allowed in the building No area of the center should be considered secure. The Hardin Otters Swim Team and the Hardin Community Activity Center will not be 			
	held responsible for loss of or damage to any items.			
RACING STARTS	Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.			
RULES	 This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue. The USA Swimming Code of Conduct and athlete protection provisions will be enforced. All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming. Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. 			
ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc, the FINA equivalent or US Masters. Swimmers must be registered prior to entry deadline. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers who are not currently registered USA			

	Swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair. Age as of the first day of the meet shall determine the age group in which the swimmer must compete.
SWIMMERS WITH DISABILITIES	The Hardin Otters Swim Team welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Hardin Otters ability to accommodate all requests.
ENTRIES	 Teams should e-mail entries to Eshan Zaic at eking0613@msn.com using Team Manager (preferred method) or Team Unify software by January 2, 2015. Along with your meet entry file, include your team meet entry report (relay and individual entries) and team entry fee report from Team Manager or Team unify (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Please e-mail all reports. Completed paperwork, signed waiver, team entry report, and entry fees must be received by Wednesday, January 7, 2015. Individuals (not teams) without access to Hy-Tek or Team Unify software may submit your entries on the enclosed master entry sheet. Hy-Tek Lite entry software may be downloaded for free from the Hy-Tek website to enter swimmers. Swimmers may also e-mail the entry data to the registrar by Saturday January 3, 2015. All relay only swimmers must be listed and pay the per swimmer surcharge.
ENTRY LIMITS	Each swimmer may compete in a total of ten (10) individual events with a maximum of five (5) individual events each on Saturday and five (5) on Sunday. Swimmers may compete in one (1) relay per day.
ENTRY VERIFICATION	An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
ENTRY DEADLINES	The Meet Registrar must receive entries by the date and time listed in the Deadline and Meeting Summary. No late entries will be accepted.
	Entries must be received by: January 2, 2015 Mail fees to: Eshan Zaic, PO Box 105, St Xavier, MT 59075.
	Phone/e-mail entries for individuals only (not teams) will be accepted until 5:00PM Saturday January 3, 2015. Send the individual entries to Paul Halfpop at 406-666-2340 home; 406-620-0168 cell or eking0613@msn.com. Entry fees for the individual entries must be received prior to the start of the meet. Deck entries will only be allowed at the discretion of the meet referee and will be seeded as non-scoring (exhibition) swims and are not eligible for awards.

	Deck entered events will be charged \$4 per individual event. No text messages will be accepted for entries or entry questions.
ENTRY FEES	An entry fee of \$18.00 plus \$2.00 per event will be charged for each swimmer competing in the meet. There will be a charge of \$6.00 per relay team. Entry fees must accompany the entries in US dollars. Please make checks payable to Hardin Otters. Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. There will be no refunds.
SEEDING	Swimmers should enter with their fastest officially recorded time in yards (or enter with a converted LCM or SCM time). No time (NT) entries will be accepted. Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except as noted. Events will be swum mixed.
CHECK-IN	A positive check-in is not required for any events.
SCRATCHES	There will be no clerk of course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.
SCORING	Individual events will be scored 8&U, 9-10, 11-12, 13-14, 15-16, 17-18, and 19 & O. Relays will not receive points.
AWARDS	High point ribbons for places 1-8 for ages 8-U, 9-10, 11-12, and 13-14 for males and females. High point ribbons for places 1-5 for ages 15-16 and 17-18 for males and females.
RESULTS	Results will be posted to the Montana Swimming web site at <u>http://www.mtswimming.com</u> .
WARM-UPS	Montana Swimming and USA Swimming warm-up procedure will be in place for the entire meet for all swimmers and coaches in attendance. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.
	On Saturday, warm-ups for the 500 Free are from 8:00 to 8:25 a.m. with the race starting at 8:30 a.m. Following the 500 Free, there will be a general warm-up session before the beginning of the remaining events. There will be a 10 minute warm-up before the 1000 Free.
	On Sunday, warm-ups for the 1650 Free are from 7:30 to 7:55 a.m. with the race starting at 8:00 a.m. Following the 1650 Free, there will be a general warm-up session before the beginning of the remaining events.
	The warm-up cool down pool will be open throughout the meet for coach supervised warm-ups. Swimmers should enter the pool using a three point

entry for warm-ups.

Warm-up times are subject to change depending upon the number of
entries. Teams will be notified of any changes by January 7, 2015. Warm-up
schedules will be e-mailed on Wednesday afternoon, January 7, 2015, to
teams providing e-mail addresses and posted on the MT Swimming website.

OFFICIALS/TIMERS To the extent possible, teams are asked to provide timers and other certified meet officials. On deck training time will be available for those wishing to train as an official. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day in the hospitality room. Trainees should attend the pre-meet officials meetings daily and sign in. All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Each team will be assigned lane timing assignments. A sign up sheet will be posted at the meet specifying lane assignments. The officials' meeting will be Saturday beginning 15 minutes after the conclusion of the 500 free; Sunday beginning 15 minutes after the conclusion of the 1650 free. COACHES All coaches on deck must be registered and certified with USA Swimming.

- Coach registration will be verified with the MT Swimming Registration Chair. The coaches will meet immediately after the conclusion of the general warm-ups on Saturday. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.
- **PROTESTS:** All protests should be given to the meet referee.

HOSPITALITY There will be a hospitality area open to all coaches and officials.

CONCESSIONS/The Hardin Otter parents will be operating a concession stand and swimSWIM SHOPshop during the meet serving a variety of healthy foods for breakfast, lunch
and snacks.

SPECTATORS Spectators may be seated on the bleachers in the spectator areas on the pool deck. Individuals may also bring chairs but must keep all entries and walkways clear of chairs and personal belongings. No spectators will be allowed in the upper balcony workout area. No glass containers, cots, hard sided or larger coolers will be allowed in the building. Spectators are not allowed along the west side of pool in the coach seating area. Only meet management, officials, and coaches may be in the coach seating area except that athletes may talk briefly with their coaches and then leave the area. We also ask that parents of 9 and over swimmers not be in the area behind the blocks.

2015 Hardin Otters Red Hot Meet Event List

SATURDAY

<u>SUNDAY</u>

Event	Age		Event	Age	
Number	Group	Event	Number	Group	Event
1 Mixed	9&O	500 Free (fast to slow)	17 Mixed	11 & O	1650 Free (fast to slow)
		(General session warm- ups to follow 500 Free)			(General session warm-ups to follow 1650 Free)
2 mixed	8&U	100 Free Relay	18 Mixed	8&U	100 Medley Relay
3 mixed	10&U	200 Free Relay	19 mixed	10&U	200 Medley Relay
4 mixed	11-12	200 Free Relay	20 mixed	11-12	200 Medley Relay
5 mixed	13-0	200 Free Relay	21 mixed	13&0	200 Medley Relay
6 mixed	8 & U	25 Breast	22 mixed	8& U	25 Free
7 mixed	Open	50 Breast	23 mixed	9&0	200 Fly
8 mixed	Open	50 Fly	24 mixed	Open	200 IM
9 mixed	8&U	100 IM	25 mixed	8 & U	25 Fly
10 mixed	9&0	400 IM	26 mixed	Open	100 Back
11 mixed	8&U	25 Back	27 mixed	Open	50 Free
12 mixed	9&0	200 Back	28 mixed	Open	100 Breast
13 mixed	Open	100 Free	29 mixed	9&0	200 Free
14 mixed	9&0	200 Breast	30 mixed	Open	50 Back
15 mixed	Open	100 Fly	31 mixed	9 & O	100 IM
16 mixed	11&0	1000 Free (slow to fast)			

HOT Red Hot Meet Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Hardin Otters) Eshan Zaic, PO Box 105, St Xavier, MT 59075and eking0613@msn.com.

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$2.00 per event	
Relay Entries		\$6.00 per relay	
Swimmer Surcharge		\$18.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Hardin Otters, Hardin Community Activity Center, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)

CLUB