

Individual MASTERS entries can be submitted using this form.

Times achieved at this competition will not be submitted for USMS Top Ten or record consideration.

This meet is sanctioned by Snake River LMSC for USMS Swimming, Inc. Sanction # _____.

Name: _____ Age _____

Email: _____ Phone: _____

USMS Registration Number (required): _____ *You can obtain your USMS registration number at <http://www.usms.org>. Sign in, click on "My USMS". Click on "Retrieve a copy of your current USMS card". Deck registration will not be allowed.*

Entrants may race in three (3) individual events.

MIXED EVENT #	AGE	DISTANCE	STROKE	Time (NT is acceptable)
1*	13 & Up	1650 yard	freestyle	
3	11 & Up	100 yard	freestyle	
5	Open	50 yard	backstroke	
6	Open	100 yard	backstroke	
8	Open	50 yard	butterfly	
9	Open	100 yard	butterfly	
11	Open	50 yard	breaststroke	
12	Open	100 yard	breaststroke	
14	10 & Up	200 yard	Individual Medley (IM)	
17	Open	50 yard	freestyle	

If entering using this form, the \$16 per swimmer entry fee and form must be received by Dec 6, 2014. Mail to Lava Heat Aquatics, PO Box 669, Lava Hot Springs, ID 83246. Or scan/email to karen.homstad@Lava.idaho.gov

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by my physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule book article 204.1)

Your submission of this entry form indicates your agreement with the above statement. Paper entries must be signed and dated.

Signature

Date