



St. Nicholas SCM Invitational/Dixie Zone SCM Championship
Georgia Tech Aquatics Center

Hosted by: Atlanta Rainbow Trout

USMS Sanction #: 454-S007

Meet Director: Sean Fitzgerald

Date: December 13 – 14, 2014

Time: Saturday Warm-ups start at 10 AM; Meet starts at 11AM. Sunday Warm-ups start at 9AM; Meet starts at 10AM.

Facility: Georgia Tech University Campus Recreation Center (CRC). 10 Lanes, Short-Course Meters 10 Lanes for warm-up/warm-down continuously running through the meet. <http://www.crc.gatech.edu/ac/>

The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.

A separate warm up pool will be available throughout the meet. Warm-ups in the competition pool for events 19+ will begin at the conclusion of the 1500 Free.

Address: **750 Ferst Dr NW, Atlanta, GA 30318.** Parking Available in lot across Ferst Drive from the Campus Recreation Center (CRC) or behind the CRC on Tech Parkway/Please pick up a parking pass inside the facility.

Eligibility: The meet is open to all persons 18 years and older as of December 13, 2014. Your age on December 31, 2014 determines your age at the meet. USMS REGISTRATION IS REQUIRED. If you are not registered, your application can be accepted at the meet. **Please include a copy of your USMS card with your registration.** For GAJA teams, this is an in-state meet, so your team is your "chapter" not GAJA.

Events: Swimmers may enter up to 5 individual events per day and 3 relays over the course of the 2-day meet.

Awards: Medals will be awarded for 1st, 2nd, and 3rd places. Team scores will be kept and the team with the highest scores will be announced as winners for the top 3 highest in state and out of state teams. There will be no physical team award. High point winners will be announced and will receive an award.

Timing: Touchpads/electronic timing with hand/stopwatch backup.

Scoring: Top eight finishers will score as follows: 20, 17, 16, 15, 14, 13, 12, 11 for Individual events and 40, 34, 32, 30, 28, 26, 24, 22 for relays.

Fees: \$40 for one day and \$60 for two days covers facility and meet costs for one day.

Seeding: All events except for the 400 Free and 1500 Free will be seeded in advance and slowest to fastest. The 400 & 1500 Free will be seeded fastest to slowest and only after positive check-in has expired. Men and Women will be seeded together based on time. "NT" entries are not allowed. **Please estimate your time. NT entries will be changed to allow for timeline estimates.** Relays will be deck-seeded and posted at the meet. Psych sheets will be posted at www.georgiamasters.org around December 10th (depending on the number of late entries being processed).

Relays: Entries for the first relay each day will be due 30 minutes before the meet start time. All other relay entries will be due 45 minutes before each relay and will be announced at the meet.

Entry deadline: Paper entries must be received by Friday, December 5th. Mailed entries received after December 5th will be assessed a \$10 late fee. No heats will be created to accommodate late or deck entries.

ENTER ONLINE at **TBD** until December 10th at 6PM. No late fee with online registration!



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Include a copy of your USMS Card!

Last Name:		First Name:	Middle Initial:
Date of birth:	USMS#:	Club Affiliation (NOT GEORGIA MASTERS/GAJA):	
Gender:	Email address:		

Circle the event number and provide your best Short-Course Meter (25M) time for each event you plan to enter. No deck entries will be accepted for Individual events. Maximum of 5 individual events per day. **400 & 1500 Free limited to the first 30 entries. Please estimate your time. NT entries will be changed in the meet program to allow for timeline estimates.**

DAY 1: Saturday, 12/13 Warm ups 10 AM; Meet Starts 11AM			DAY 2: Sunday, 12/14 Warm ups 9AM; Meet Starts 10AM		
#	EVENT	Time (00:00:00)	#	EVENT	Time (00:00:00)
1	Women 800 Free Relay		18	1500 Free	
2	Men 800 Free Relay		19	Women 200 Free Relay	
3	Mixed 800 Free Relay		20	Men 200 Free Relay	
4	400 IM		21	Mixed 200 Medley Relay	
5	100 Free		22	100 IM	
6	50 Breast		23	200 Fly	
7	100 Fly		24	50 Free	
8	Women 400 Free Relay		25	100 Breast	
9	Men 400 Free Relay		26	200 Back	
10	Mixed 400 Medley Relay		27	50 Fly	
11	100 Back		28	200 Free	
12	200 Breaststroke		29	50 Back	
13	200 IM		30	Women 400 Medley Relay	
14	400 Free		31	Men 400 Medley Relay	
15	Women 200 Medley Relay		32	Mixed 400 Free Relay	
16	Men 200 Medley Relay				
17	Mixed 200 Free Relay				

Payment Info:

Meet Entry Fee:

\$40/one day ; \$60/two days

Make Checks Payable to: **Atlanta Rainbow Trout**

Mail to: Ande Timpeiro 950 W. Peachtree St NW #407; Atlanta, GA 30309

Paper Entry must be received by Friday, December 5th.

Online entry: **TBD**

Questions? ph:678-641-7149 (Ande)

Must sign USMS Liability Release on back of entry



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**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed