Official Entry Form

University of Iowa Masters Swim Meet

Saturday, December 13, 2014

University of Iowa Campus Recreation & Wellness Center

(309 S. Madison Street, Iowa City)

Sanctioned by: USMS, Inc., Local Masters Swimming Committee, and Iowa Masters Swimming #

Name	_ Sex Age	Date of birth
Address	_ City	Phone
E-mail	_USMS #	_ Team

Make check for **\$25.00** to Iowa Flyers Swim Club. Attach a copy of your 2013 USMS card to entry form. Mail entry to: Robert Pinter E230 CRWC,

E230 CRWC, 309 S. Madison Street Iowa City, IA 52242

EVENTS

Please check event box and enter seed time (or N/A). Limit of 5 individual events.

I. Women's 200 medley relay	· · · · · · · · · · · · · · · · · · ·	21. Women's 500 free	_
2. Men's 200 medley relay	_	22. Men's 500 free	_
3. Women's 200 back	_	23. Women's 50 fly	
4. Men's 200 back	_	24. Men's 50 fly	_
5. Women's 100 fly	_	25. Women's 100 breast	_
6. Men's 100 fly	_	26. Men's 100 breast	_
7. Women's 200 breast	_	27. Women's 100 free	_
8. Men's 200 breast	_	28. Men's 100 free	_
9. Women's 50 free	_	29. Women's 50 back	_
10. Men's 50 free		30. Men's 50 back	_
II Women's 200 IM	_	31. Women's 200 fly	_
12. Men's 200 IM	_	32. Men's 200 fly	_
13. Women's 200 free	_	33. Women's 100 IM	_
14. Men's 200 free	_	34. Men's 100 IM	_
15. Women's 100 back	_	35. Women's 400 free relay	_
16. Men's 100 back	_	36 Men's 400 free relay	_
17. Women's 50 breast	_	37. Women's 1650 free	_
18. Men's 50 breast	_	38. Men's 1650 free	•
19. Women's 400 IM	_		
20. Men's 400 IM	_		

ATHLETES RELEASE (MUST BE SIGNED)

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, UNIVERSITY OF IOWA AND ALL THOSE ASSOCIATED WITH THE UNIVERSITY AND THE MEET ITSELF, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS (rule book article 203.1).

Signature