

2014 NE-LMSC SCM Championship Meet

December 12-14, Boston University FitRec Center

Sanctioned by NE-LMSC for USMS, Inc: Sanction Number: pending

Website: scmchamps.blogspot.com/

Pool: The pool has 10 racing lanes, additional area for warm up, electronic timing and scoreboard. Water depth is 7 ft to 13.5 ft. Facility address: 915 Commonwealth Ave., Boston MA 02215

Directions: Complete directions at the following link <http://www.bu.edu/fitrec/facilities/fitrec/directions.shtml>

Mass Transit: MBTA Green (B-Line) service to "St. Paul" stop.

Parking: Check the meet website for the most up-to-date information on parking availability: <http://scmchamps.blogspot.com/>

Hotels: **The Inn at Longwood**, one mile away from the pool, \$99/night www.innatlongwood.com, contact g Sinclair@innatlongwood.com Tel: 617-731-4700

Eligibility: 2014 or 2015 registered United States Masters Swimming (USMS) swimmers 18 years or older by December 13, 2014, and 2014 or 2015 registered masters swimmers from other countries.

Rules: 2014 USMS rules apply. <http://www.usms.org/rules/>

Entries: Enter a max of five individual events each day, plus all relays.

ENTER ON-LINE! <http://scmchamps.blogspot.com/>

Or mail entry form, USMS card copy if from a non-NELMSC club, and check payable to Great Bay Masters to: GBM, PO Box 1723, Dover NH 03821. Problem entries will be posted on the meet website. All problem entries must be resolved and fees received by Saturday, December 6, or the entry will be rejected. **Please check the meet website to make sure your entry has been processed and that you are not on the "problems" list.**

Entry Deadline: Mailed entries must be postmarked by Saturday, November 29, 2014.

No Fee Refunds: No entry fee refunds will be issued for any reason. Overpayment of fees will not be refunded.

Seed Times: A short course meters seed time must be submitted for each event entered. Entry times of "NT" will not be accepted. An on-line time converter is available at: www.greatbaymasters.org Swimmers must seed themselves truthfully. The meet director or meet referee shall have the right to change seed times that are obviously incorrect.

800 Free: Swimmers may need to participate in the backup timing for this event.

Heat Seeding: All events are timed finals and will be seeded from entry times. Heats are seeded by gender from slowest to fastest except for the 800 free which will be seeded from fast to slow, alternating heats of women and men. Genders may be combined in the slowest two heats of the 800.

ALL EVENTS REQUIRE POSITIVE CHECK-IN: Events will close for check-in and will be seeded approximately one hour before they start, with the exception of the 800 Free which will close for check in at the start of warmup at 4:30pm. When you arrive at the pool, be sure to visit the check-in table immediately to check-in for your events. The first event on Saturday and Sunday will close for check-in 45 minutes before the session starts. (Saturday -Women's 400 free & Sunday- Men's 400 free check in will close at 9:15am.)

MEET ENTRY CAP: This event must clear the water by 9 pm on 12/12 and 6 pm on 12/13 and 12/14. If the time line reaches these limits, no further entries will be processed for the day, or days, where the projected meet time line is a problem per Meet Director's judgment.

Dive Over Starting - All Events Except Backstroke: Swimmers completing a heat will finish at the wall, and stay in the water until the next heat is called to the blocks. Swimmers will stay in the water until the next heat "Dives Over" the top of them. *Immediately* after the next heat has started, the swimmers from the previous heat will exit the pool. If you need to use the ladder to exit the pool, notify the starter before your race.

Relays: Relay swimmers must be entered in at least one individual event. Relays will be deck entered at the meet, and entry deadlines will be announced at the meet. There is no fee for relays. All four members of a relay must be members of the same USMS club. USMS unattached swimmers may not participate in relays. Swimmers may participate in either the single or mixed gender, but not both, of each relay event.

Scoring: The first 16 places in each individual age group event will score in the following sequence: 17, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1. The top 16 relays in each age group event score double points. The 800 free relay is un-scored.

Awards and Award Ceremony: Certificates will be provided for mounting an adhesive label record of your performance in each event. Trophy for the male and female high point winners. Awards for the top three Large, Medium, Small and Squad sized teams. Awards not picked up at the Awards Ceremony will be discarded.

SAFETY, BEHAVIOR, RULES & SPECIAL INSTRUCTIONS

1. Diving is prohibited during warm-up with the exception of one-way sprint lanes when announced by the officials.
2. **DIVING IS STRICTLY PROHIBITED in WARM UP LANES**
3. All swimmers must enter competition pool at starting end.
4. No shaving is permitted at the competition site.
5. Glass containers are prohibited in the facility.
6. No camera cell phones are permitted in the locker rooms.
7. No flash photography at the start of any race.
8. Absolutely no swimming under the bulkhead or walking across the bulkhead at any time.

*Failure to abide by these rules and any other rules that may be announced or posted by meet officials during the meet may result in ejection from the facility. Meet officials have the authority to dismiss swimmers and spectators from the grounds. BU and Great Bay Masters Swimming are not responsible for lost or stolen items.

Timers: Thank a timer- Saturday & Sunday the Simmons College Swimming & Rowing teams will be doing the hand timing for the meet!

For More Information:

greatbaymastersswimteam@gmail.com

Meet information and updates posted on the following web page: <http://scmchamps.blogspot.com/>

This will be updated with latest entries lists, psych sheets, problem entries, time line, and any other relevant meet updates and news; PLEASE CHECK THE MEET PAGE FREQUENTLY