The 2014 Sink or Swim Classic Hosted by Libertyville Masters

Sunday, November 2, 2014 Sanctioned by ILMSA for USMS, Inc. #

TIME: Doors open: 7:15 am. Warm up: 7:30 am- 8:25 am. Meet starts: 8:30 am. Continuous warm up and warm down will be available in the diving well throughout the meet.

LOCATION: Vernon Hills High School, 145 Lakeview Parkway, Vernon Hills IL 60061.

FACILITY: 25 meter indoor pool, 8 lanes for competition with a continuous warm up/warm down area in the diving well. Equipped with non turbulent lane lines with electronic timing and display. This pool has been used to host numerous high school conference and IHSA sectional meets, as well as the 2012 ILSMA State Championships. Over the past several years this event has seen many Illinois short course meters records broken. *The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.* There is ample parking on the west side of the building closest to the natatorium; there is also ample locker room space.

ELIGIBILITY: USMS designated age groups 18+ apply. Current registration with a USMS card is required. A photocopy of your USMS card must accompany your entry and wavier. Per USMS/FINA rules in short course meters meets your age as of **December 31, 2014** determines your age group for the meet. The ILMSA "Consolidated Entry Card" is to be used for designated events. To download the entry go to http://ilmsa.com/competiton/upcoming . "No Time" entries will be accepted; the 400IM and 400 Free will be limited to the first 24 swimmers who sign up. Deck entries will be accepted until 8:00 am.

MEET CONDUCT: 2014 USMS rules govern the conduct of the meet. All events will be timed finals. All events will be swum slowest to fastest with sexes and age groups combined. All events will be deck seeded. Participants are limited to 5 events plus relays. Competitors attempting records must notify the starter to assure that 3 timers are available in addition to the electronic timing equipment.

<u>CHECK IN, WARM-UP, AND AWARDS</u>: Entry to the facility will be available at 7:15 am, and warm up starts at 7:30 am. All competitors must check in before 8:00am. During the warm up period, there will be designated sprint lanes for use of the starting blocks. Ribbons will be awarded for all events for 1st through 3rd place.

Order of Events

1	400 Free				
2	200 IM				
3	50 Free				
4	100 Breast				
5	100 Back				
6	200 Mixed MR				
	10 Minute Break				
7	50 Breast				
8	200 Fly				
9	100 Free				
10	50 Fly				
11	100 IM				
12	200 Mixed FR				
	10 Minute Break				
13	200 Breast				
14	200 Back				
15	100 Fly				
16	50 Back				
17	200 Free				
18	400 IM				

Checks Payable to: Libertyville Masters Mail signed entry card, check and copy of 2014 USMS card to the meet director: Laurel Liberty 312 Dawes Libertyville Il 60048

Entries must be received by October 27th, 2014 Entry Questions? Laurel Liberty 847-274-3627 Email:coachlaurel@sbcglobal.net

Head Referee: Denis Norton, 847-582-4809

ENTRY FEE AMOUNTS TO BE ENCLOSED:					
	#of individual entries X \$ 5.00 =				
	# of Relay entries X\$10.00 =				
	Swimmer surcharge X \$5.00 =				
	Total Due with Entry =				