



**The 2014 Deer Lakes Masters Classic
Sunday, October 19th**



RECOGNIZED BY: Allegheny Mountain LMSC # Pending

HOSTED BY: Deer Lakes Aquatic Masters Swim Team, All proceeds to benefit the Deer Lakes High School Swim Team.

TYPE OF MEET: 25 yard timed finals.

DATE, TIMES & WARM-UP:

Sunday, October 19, 2014

Warm-up: 8:30am

Meet Start: 10:00am

LOCATION: Deer Lakes High School Pool, 163 East Union Road, Cheswick, PA 15024

POOL SPECS: Six lane 25 yard pool. 3-1/2' – 9' deep

TIMING EQUIPMENT: Daktronics timing system with scoreboard and one stop watch per lane as backup.

ELIGIBILITY: Open to all USMS registered swimmers and swimmers over 18 years of age.

SEEDING: Times will be seeded Short Course Yards. No conversions by meet management. Please enter times for SCY.

SCRATCHES: No penalty for scratching on the block.

ENTRY LIMIT: Four (4) individual events, plus relays. No limit to the number of relays entered - indicate as "A", "B", "C", etc. Swimmers over entered will be removed from their last event.

ENTRY FEES: (4) Individual Events: \$20.00 Relays: FREE

RELAY ENTRIES: Entries for relays will be due the morning of the session. Entry deadlines will be announced during warm up sessions. Relays will be seeded after the deck entry deadline.

ENTRY DEADLINE: All individual entries must be received by October 18, 2014, 5:00 pm. Check made payable to "Deer Lakes Varsity Swimming". The LIABILITY RELEASE must be signed without alterations. ALL PROCEEDS BENEFIT THE DEER LAKES HIGH SCHOOL SWIM TEAM.

CHECK IN: Swimmers are considered checked in for all individual events.

AWARDS: Ribbons 1st through 3rd places. Special prizes for the overall male and female winners of the plunge dive for distance and for first person to succeed in the goggle-flipping contest.

SCORING: Individual: 9-7-6-5-4-3-2-1. Relays are double points.

RULES: Current USMS Swimming Rules and Regulations will govern the meet.

INFORMATION: Official Website: www.deerlakesswimming.us

Entries: Loni Marzolf @ Deer Lakes Varsity Swimming, 2183 Saxonburg Blvd, Cheswick PA 15024

Meet Director: Katherine Longwell coachlongwell@gmail.com

Contests:

Plunge dive for distance. The swimmer performs a standing dive for distance from either the starting block or edge of the pool. Kicking or pulling will be reason for disqualification.

Goggle-flipping contest. The swimmer may stand in the water (anywhere) or at the starting block end of the pool. The swimmer's task is to flip her/his goggles in the air so that they land hanging from the backstroke flags.

EVENT SCHEDULE: ENTER YOUR SEED TIME FOR YOUR EVENTS

Name: _____ M / F

Event #	Stroke and Distance	(seed time)
1-2	200 Medley Relay**	
3-4	200 Individual Medley _____	
5-6	200 Freestyle _____	
7-8	100 Backstroke _____	
<i>(BREAK)</i>	<i>Plunge dive for distance women.</i>	
9-10	50 Breaststroke _____	
11-12	100 Butterfly _____	
13-14	50 Freestyle _____	
15	Mixed 200 Medley Relay**	
16-17	100 Breaststroke _____	
<i>(BREAK)</i>	<i>Plunge dive for distance men.</i>	
18-19	50 Backstroke _____	
20-21	100 Freestyle _____	
22-23	50 Butterfly _____	
24	Mixed 200 Freestyle Relay**	
<i>(BREAK)</i>	<i>Goggle flipping contest.</i>	
25-26	100 Individual Medley _____	
27-28	200 Freestyle Relay**	

Recognized by: Allegheny Mountain LMSC #pending

Location: Deer Lakes High School Pool, 163 East Union Road, Cheswick, PA 15024

Name: _____ 2014 USMS Member # _____

Address: _____

City _____ State _____ Zip _____

Birth Date _____ Age on 10/19/2014 _____

Email _____ Team Affiliation _____

Meet Fee \$ 20.00 Individual Event Fee Check made payable to "Deer Lakes Varsity Swimming"

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule book article 204.1)

Date _____

Signature _____

Mail your entry, copy of 2014 or 2015 USMS card, and check to: Deer Lakes Varsity Swimming, 2183 Saxonburg Blvd, Cheswick PA 15024. Remember to make checks out to "Deer Lakes Varsity Swimming"