**Event Information**

***Basic Information***

**Name of Host: Prairie Masters Swim Team**

**Name of Event: I SWAM THE DAM**

**Event Location: Oahe Dam**

**Event Date(s): 8/16/2014**

**City: Pierre**

**State: SD**

**LMSC: SD-LMSC**

**Zone: Breadbasket Zone**

**Length of Race(s): 2.4 miles**

***Key Personnel***

**Event Director(s): Jenny Hodges**

**Cell Phone: ( 605)222 -9413**

**Home Phone: ( ) -**

**E-mail:** **nifferannehodges@yahoo.com**

**Event Referee: Jeff Hodges**

**Phone: (605)222-9412**

**E-mail: funnybonehodges@yahoo.com**

**Event Safety Director: Bruce Jacobson**

**Phone: (605)280-8871**

**E-mail: bruce.jacobson@state.sd.us**

***Water Quality***

**Describe your plans for checking water safety.**

**We will take a sample of water at the beginning of August 2014 and send to our state health lab. We will also take a sample the day of the race.**

***Pre-Race Officials Meeting (required)***

**Tentative date/time of MANDATORY Pre-Race Safety meeting (officials and safety personnel must attend): 8:45 am on August 16th, 2014**

**Tentative agenda:**

* **Where all safety personnel will be located along the route**
* **What is expected of all safety personnel**
* **Review how to tell if a swimmer is distressed**
* **How to communicate with other safety personnel**
* **Emergency Action Plans for various potential issues**
* **Mid race swimmer check**
* **Keep all swimmers at least 100 yards from the intakes at all times**

***Pre-Race Swimmer Meeting (required)***

**Tentative date/time of MANDATORY Pre-Race Safety meeting (swimmers must attend to participate in race): 9:00 am August 16th, 2014**

**Tentative agenda:**

* **Safety is our priority, all swimmers marked on upper arms, tracked with chip timing, and must wear swim cap provided.**
* **Review race route-course will run between buoys and shoreline. Buoys spaced approximately every ½ mile.**
* **How to get the attention of a lifeguard if you need assistance**
* **Starting instructions waves, be kind and considerate**
* **Finish line instructions/return chip**
* **Support boats there to keep you on course and safe**

**Event Conditions**

***Race Day conditions***

**Expected air temperature: 80-90 F**

**Expected water temperature: 75-78 F**

**Combined air & water temperature:**

**Wetsuits: (circle one) Not allowed Optional Optional based on race day conditions Required**

**Type of body of water: (circle one) Ocean Lake River Bay Other:**

**Water type: (circle one) Salt water Fresh Water**

**Course: (circle one) Closed course (not accessible by non-event boat) O**

**Range of water depth of course: 3ft-25ft**

**If open course, please indicate the agency used to control the traffic while swimmers are on the course.**

**Agency:**

**How to contact during event:**

**Expected water conditions for the swimmers: (marine life, tides, currents, underwater hazards) very clear water, small fish can sometimes be spotted near the shoreline, rocky shoreline**

**How is the course marked? Swimmers will follow the shoreline on the right and buoys and support boats will guide them on the left side of the course. Straight swim, no turnaround.**

**Turn buoy height: Color**

**Intermediate buoy height: 40” Bright Orange**

**Approximate distance between Intermediate buoys: every ½ mile**

**Feeding Stations**

**Will you have a feeding station? Yes No**

**Event Safety**

***Medical Personnel***

**Name of lead medical personnel (emergency trained) on site : Nick Carda**

**Circle One: M.D. D.O. EMT-P EMT NP PA**

**Experience in extreme events (Marathon, Triathlon, etc.) (Recommended): Yes No**

**Will medical personnel be located on the course? Yes No**

**The required number of medical personnel will be dependent on the course layout, number of swimmers in the water, expected conditions, etc. How many medical personnel do you plan to have 1**

**First Responders/Lifeguards**

**Indicate the qualifications of the first responders (prefer open water experience).**

**ARC Lifeguards USLA YMCA Equivalent water certified first responder**

**Number on course: 10\_\_\_\_ Number on land: \_\_\_\_\_**

**Indicate their location on the Race Plan Map.**

**Ambulance/Emergency Transportation**

**Recommended 1 ambulance per 250 swimmers, with additional on-call. Number on site: \_\_\_\_\_ Don’t plan on having an ambulance onsite, 10 min to local hospital**

**Have you spoken with the local emergency response agency regarding your event and potential emergencies? Yes No**

**On Site Medical Care**

**Describe the on site set up for medical care, such as medical treatment tent, heating or cooling tent or facility. Indicate the location on the Race Plan Map.**

**A first aid/comfort station tent will be set up at the finish line.**

**Medical Facilities**

**Name of closest medical facility: Avera St. Mary’s**

**Type of medical facility: (eg. urgent care, hospital) Hospital**

**Distance to closest medical facility: 10 miles**

**Approximate transport time: 10 mins**

***Water Craft***

**Number of motorized craft to cover the course: Number\_\_4\_\_\_\_**

**List safety craft:**

**Motorized 1st Responders \_2\_\_ Non-motorized 1st Responders \_8\_\_ Motorized 2nd Responders \_2\_ Non-motorized 2nd Responders \_2**

**List additional water craft for Officials (not counted as safety craft):**

**List other water craft for race supervision: (Boats, Jet Skis, Kayaks, paddle boards, etc)**

**List additional water craft for feeding stations**

**List additional water craft for escorted events:**

**Emergency Signal Flag for all water craft (Boats, Jet Skis, Kayaks, paddle boards, etc.): Color: bright orange\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Swimmer Accountability***

**Describe method of swimmer body numbering: Permanent marker on upper arm**

**Describe method of electronic identification of swimmer (Recommended): Chip timing (allsportcentral)**

**Describe different cap colors for the various divisions (Recommended): Depending on registration numbers, wetsuit female swimmers – pink, wetsuit male swimmers – green, female swimmers – orange, male swimmers - yellow**

**Describe method of accounting for all swimmers before, during and at conclusion of race(s): Positive check-in at beginning of race, mid swim check off, chip timing finish and return of chip.**

**Describe method of accounting for swimmers who do not finish: Non-finishers transported to finish line – chip returned etc. If a swimmer was unable to finish due to medical emergency, chip would be removed and reported to finish line so that all swimmers are accounted for.**

**Warm-up/Warm-down Plan**

**Explain safety plan for warm-up/warm-down: At least 2 lifeguards will be positioned in the water and 1 on land during warm-up. Warm-down will have at least 1 lifeguard positioned in the water.**

**Communications**

**Primary method between Meet Officials: Radio Cell Phone Megaphone Other**

**Secondary method: Cell Phone**

**Primary method for communicating between medical personnel, first responders & safety craft: Cell Phone**

**Secondary method: Flags and whistles**

**Swimmer Management**

**Maximum number of swimmers on course at a time: 100**

**If more swimmers show up on race day, what is the procedure for adjusting the safety plan to accommodate the increased number of entries? Adjust the waves so fewer swimmers are starting at once and spread the starts out.**

**How are the lifeguard staff and safety crafts distributed to supervise this event to maximize the recognition, rescue and treatment of any swimmer? 10-12 kayaks, 2 rescue boats, 2 jet skis – spaced at regular intervals along the outer perimeter of the race course. At least 6-8 lifeguards amongs the support boats and swimmer monitors.**

**How is the safety staff deployed to maximize the rapid response to a troubled swimmer? Lifeguard first responders will be in kayaks – when a swimmer signals lifeguard or shows signs of distress, they will activate EAP and paddle to swimmer to assist. Lifeguards will blow whistle and or use flags to activate EAP.**

**How will the event be altered if insufficient safety personnel/craft are available race day? Event may be postponed or cancelled until a safe ratio is in place.**

**Missing swimmer plan: All check ins would be checked and then the Pierre Search and Rescue would be called in to search the swim course.**

**Severe Weather**

**Is a lightning detector or weather radio available on site? Yes**

**What is the severe weather plan? If severe weather is detected prior to the start, start will be delayed.**

**What is the course and site evacuation plan? The shoreline is accessible to swimmers if severe weather should strike amidst the swim, swimmer will be directed to shore where evacuation can go from there.**