# I SWAM THE OAHE DAM

# August 16, 2014

Sanctioned by the SD-LMSC for USMS, Inc.

USMS Sanction #

**Race Details:**

* Mandatory safety personnel and officials meeting at 8:45am.
* Mandatory swimmers meeting and announcements at 9:00am.
* 9:30 Start first wave of swimmers
* $50 Pre-registration – Online registration at http://www.allsportcentral.com/EventCalendar.cfm?CFID=127833705&CFTOKEN=55181766&jsessionid=e03013a78ca59d4251c955537e48633c547c
* $60 Race Day registration – 8:00am-9:00am on August 16, 2014
* All participants registering prior to August 4th will receive an event shirt, shirt not guaranteed after this date.
* Must have current USMS membership. One event membership will be available for $15.

**Parking:** Parking will be available at the starting side of the swim. Transportation will be provided to shuttle swimmers back to the parking area at the conclusion of the race.

**Age Group Divisions:** 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59…etc.

**Awards:** Wet suits will be in a separate division. Awards will be given for overall female and male winners in both divisions. Also the top finisher in each age group will receive an award. All participants will receive a finisher’s medal.

**Safety:** Swim caps will be provided at check. It is mandatory that these caps be worn. Safety crafts and lifeguards in kayaks will patrol the course. There will be no individual escorts.

**Location:** The open water swim is on Lake Oahe across the face of the Oahe Dam. The course will begin at the west side of the Oahe Dam boat ramp. Swimmers will start in the water in waves depending on age and gender. The course will follow the shoreline of the dam moving east towards the intakes of the dam. Swimmers will finish with a short run up the beach to the finish line. Buoys will be located on the outer perimeter of the course approximately every ½ mile. Support boats will also line the perimeter of the course for safety and assistance as needed.

**Race Director:** Please contact Jenny Hodges at (605)222-9413 or nifferannehodges@yahoo.com with any questions or for more information.