Santa Barbara Masters

Reg Richardson Memorial LCM Meet

Saturday July 12, 2014

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction #

**Facility:** Los Banos Del Mar Pool, 401 Shoreline Drive, Santa Barbara, CA 93109

**Directions:** *From the 101 Freeway going North*, exit at Cabrillo Blvd. (Off ramp on the left) Turn toward the ocean and drive west along the beach. Cabrillo Blvd becomes Shoreline Dr. at Castillo St. The pool is on the left. Just past the pool is the entrance to the Harbor parking lot. (There is a parking fee at the lot)

*From the 101 Freeway going South,* exit at Castillo St. Turn right onto Castillo St. Castillo St ends at Shoreline Dr and the pool is straight ahead. Turn right on Shoreline and Harbor parking will be on your left. (There is a parking fee at the lot)

**Entries:** Pre-entry postmarked deadline is Wednesday July 2. On deck registration is permitted. Online registration will be available. Deck entries will close at 8:45 am for all events. Age on December 31, 2013 determines age group for the meet. You must be at least 18 years of age to compete. Online entry available through Club Assistant.

**Seeding:** All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check–in is not required in order to be deck seeded.

**Relays:** The 400 m Freestyle relay will be deck-entered. Relay fees are $5.00 per relay due upon entry. All relays must be submitted on SPMA relay forms that will be available at the meet. For each relay swimmer who is not entered in individual events, a signed release must be submitted with the relay entry.

**Awards:** Individual: SPMA ribbons for places 1-3, Relay: SPMA ribbons for first place.

**Entry Fees:** There is a $25.00 flat fee per swimmer. For relay-only swimmers the fee is $5.00 Deck entries or online entries after July 3rd are allowed for $35.00 flat fee.

**Checks payable to:** Santa Barbara Swim Club

Mail consolidated entry card, a copy of your 2014 USMS card, and check to Santa Barbara Swim Club, c/o Bev Pierson, 935 Calle Collado, Thousand Oaks, CA 91360

**Questions:** Santa Barbara Swim Club Office (806) 966-9757, swimoffice@sbswim.net

**Saturday, July 12, 2014**

Warm-Up at 8:30 am

Meet starts at 9:30 am

1. 100 m Freestyle
2. 100 m Breaststroke
3. 200 m Individual Medley
4. 50 m Freestyle
5. 200 m Butterfly
6. 50 m Breaststroke
7. 100 m Backstroke
8. 200 m Freestyle
9. 100 m Butterfly
10. 50 m Backstroke
11. 200 m Breaststroke
12. 50 m Butterfly
13. 200 m Backstroke
14. 400 m Relay (Medley or Freestyle; men, women, or mixed; deck entered)