DATE OF MEET: Friday, July $4^{\text {th }}-$ Sunday, July 6 th
SANCTIONED BY: USA Swimming, Southern CA Swimming \& Southern Pacific Masters Swimming SPONSORED BY: San Luis Obispo Swim Club, Coastal Committee, and SPMS

SANCTION \#:<br>DECK OPENS:

14-114 (SCS) and 334-S035 (SPMS)
Friday - 12:00pm
Saturday \& Sunday - 8:00am

WARM-UP START: Fri: 12:00pm, Sat \& Sun ( $1^{\text {st }}$ session): $8: 30 \mathrm{am} \&\left(2^{\text {nd }}\right.$ session): Competition Pool will open for at least 45 mins, at the completion of the $1^{\text {st }}$ session MEET START: Fri: 1:00pm, Sat \& Sun ( $1^{\text {st }}$ session): 9:30 am \& ( $2^{\text {nd }}$ session): No sooner than 45 minutes after the completion of the last heat of the $1^{\text {st }}$ session
ENTRY DEADLINE: Entries must be received by the meet processor NO LATER THAN 5 PM WEDNESDAY, JUNE 25, 2014. If the meet fills prior to the deadline, entries will be rejected (last received, first rejected). If entries warrant, the sessions may be combined. Check www.sloswimclub.org on Mon. Jun $30^{\text {th }}$.
POOL: San Luis Obispo Swim Center. From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd.(4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road. The pool is a $50-\mathrm{meter}$ by 25 yard, 8 lane outdoor heated pool. Six or seven lanes (depending on entries) will be used for the competition and at least one lane will be used for warm-up/warm down. For the competition pool the Start End is 13 ft deep in lane 1 to 6 ft deep in lane 6, and the Turn End is 4 ft deep for all lanes. The competition course has been certified in accordance with 104.2.2C(4). Ample deck space is available for structures and seating. **Bring tie-downs and weights to secure your structures.
WARM-UP PROCEDURES: Swimmers warming up or down before, during, and after the meet must be under the direct supervision of a current 2014 USA Swimming coach. Warm-up rules will be announced and enforced. No diving into the pool except for the sprint lanes directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool.
CHECK-IN: Swimmers must check in with the Clerk of Course for each event entered. After an event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers in the first 4 events each session must check in at least 30 minutes prior to the start of each session. Swimmers who check in and fail to swim an event will be scratched from their next individual event.
RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Swimmers must swim in their actual age group as determined by the age on the first day of the meet (July 4, 2014). Swimmers may swim in only one age group. To compete in OPEN events a swimmer must be at least 11 years old and must meet the minimum time standard. Swimmers are limited to 4 Individual events per day. Entries will be limited to meet the " 4 Hour" Rule. Recording Devices \& Media Coverage: The uses of audio visual recording devices, including cell phones, are NOT permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swim suit specifications may be worn in any USA Swimming sanctioned or approved competition.
Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
Racing Start Certification: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
ELIGIBILITY \& AFFILIATION: Open to athletes who are 2014 USA Swimming registered. Registration applications must be received by the meet entry deadline (June $\mathbf{2 5}{ }^{\text {th }}$ ) by meet processor, administrative referee or SCS Office. Late applications will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III B.
Registration application may be submitted together with entry forms. In SCS age group meets, swimmers 18 \& younger must prove birth dates prior to competition. Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administration Referee in writing and paying the appropriate fee.
SUBMITTED \& QUALIFYING TIMES: Times submitted must be the BEST RECORDED TIMES short or long course from this or the preceding swim season (NO Workout Times). All non-conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times could lead to disciplinary action. NOTE: For "W" Division, "NT" (no time) entries are acceptable.

## SEEDING: All events will be seeded FAST to SLOW.

ENTRY PROCEDURES: Electronic Entry: Email entry (entry .zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events for entered swimmers may be submitted by hard copy (this includes email) ONLY. New swimmers accepted by SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded.
Entry Card: Submit one SCS consolidated entry card (can be found on page 6 of this meet sheet) per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. To avoid concern regarding receipt of entry card, enclose a stamped, self-addressed envelope or postcard. Receipt of entries will not be verified by phone or e-mail. DO NOT use certified, registered or special delivery mail services.
ENTRY FEE: $\$ 3.25$ for each INDIVIDUAL EVENT plus a $\$ 7.50$ surcharge PER SWIMMER must accompany each individual entry to the address below (not the swim office). NO REFUNDS. Returned checks will incur a service fee per SCS policy.
RELAYS: Relays can be deck entered. Relays will be swum time permitting. Relay entry fee will be $\$ 5.00$ per relay team. MIXED Relays must MIX genders. The Boys 5-12 Relays are offered in both sessions to accommodate the swimmers, as such, the events will be awarded together and swimmers can only swim in ONE relay per day.
AWARDS: Individual Awards - Blue Division: Medals for $1^{\text {st }}-3^{\text {rd }}$, Ribbons $4^{\text {th }}-6^{\text {th }}$ (age $7 / 8,9 / 10,11 / 12$ ). Red and White Divisions: Ribbons $1^{\text {st }}-6^{\text {th }}$ (age $7 / 8,9 / 10$, $11 / 12$ ).
Age 5/6: Single Division Ribbons $1^{\text {st }}-6^{\text {th }}$. Age $13 / U p$ \& Open: Single Division Medals for $1^{\text {st }}-3^{\text {rd }}$. Relays $-1^{\text {st }}-3^{\text {rd }}$ place. Goodrich Memorial Award Trophy for the winners of the Open 800 Free. Queen and King of the Pool Trophies for $7,8,9,10,11,12,13,14,15-18$. Awards will be handed out on SUNDAY, JULY $6^{\text {th }}$.
LANE TIMING: Clubs will be assigned lanes for timing based on the number of entrants.
DISTANCE EVENTS: Swimmers in the 800 Free and the 400 IM are requested to provide their own timers and lap counters. These events will alt. girls and boys heats.
ADMIN REFEREE: Alina de Armas MEET REFEREE: Ernie Peterson MEET DIRECTOR: Philip Yoshida
FOR FURTHER INFO: Contact SLO Swim Club at (805) 543-9515 email: office@sloswimclub.org website: www.sloswimclub.org
Receipt of entries will not be verified by phone or e-mail. DO NOT use certified, registered or special delivery mail services.

| Make checks payable to: Southern California Swimming |  |
| :--- | :--- |
| E-mail for Team Electronic Entries Only: | Mail Entries to: |
| office@sloswimclub.org | SLO Swim Club Spring Splash |
|  | PO Box 142 |
|  | San Luis Obispo. CA 93406 |

USA Swimming Disclaimer: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
**ALL MASTERS MEET INFORMATION: See Page 5 for details

Friday, July $4^{\text {th }} 2014$

| $\mathbf{5 - 6}$ | $\mathbf{7 - 1 0}$ | $\mathbf{1 1 - 1 2}$ | $\mathbf{1 3} \boldsymbol{\&}$ Up | Masters |
| :---: | :---: | :---: | :---: | :---: |
| 100 FREE | 100 BREAST | 200 FLY $*_{\text {open event }}$ | 200 FLY $*_{\text {open event }}$ | 100 BREAST |
|  | 100 FREE | 100 BREAST | 100 FREE | 100 FREE |
|  | 100 BACK | 100 FREE | 800 FREE $*_{\text {open event }}$ | 100 BACK |
|  |  | 100 BACK |  | 800 FREE |
|  |  | 800 FREE $*_{\text {open event }}$ |  |  |

Saturday, July $5^{\text {th }} 2014$

| 5-6 | 7-10 | 11-12 | 13 \& Up | Masters |
| :---: | :---: | :---: | :---: | :---: |
| 50 FLY | 50 FLY | 50 FLY | 100 FLY | 50 FLY |
| 50 BACK | 50 BACK | 50 BACK | 100 BACK | 50 BACK |
| 50 BREAST | 50 BREAST | 50 BREAST | 100 BREAST | 50 BREAST |
|  | 200 FREE | 200 FREE | 200 FREE | 200 FREE |
|  |  | 400 IM *open event | 400 IM *open event | 400 IM |

Sunday, July $6^{\text {th }} 2014$

| 5-6 | 7-10 | 11-12 | 13 \& Up | Masters |
| :---: | :---: | :---: | :---: | :---: |
| 50 FREE | 100 FLY | 100 FLY | 200 BREAST *open event | 100 FLY |
|  | 50 FREE | 50 FREE | 50 FREE | 50 FREE |
|  | 200 IM | 200 IM | 200 IM | 200 IM |
|  | 400 FREE | 400 FREE | 200 BACK *open event | 400 FREE |
|  | **time std for 7-8 (see below) | 200 BREAST *open event | 400 FREE |  |
|  |  | 200 BACK *open event |  |  |

$\star$ Swimmers are limited to 5 Individual Events PER Day.

* OPEN Events: Must be 11 years old and meet the stated time standard. Swimmers in the first session may swim in open events in the second session, as long as they have not exceeded the per day entry limit.

7-8 400 FREE: Swimmers age 7-8 who wish to enter the 400 Free must have achieved the 7-10 200 Free Blue Time Standard to enter (the time standard is listed on the events page). 7-8 swimmers MUST enter the 400 Free with a qualifying 200 Free time.


A Pentathlon .... With the winner being the Queen or King of the Pool!! To qualify you must compete in ALL 5 of the listed events below for your age group. Trophies will be given to the Male (King) and Female (Queen) swimmer with the lowest combined time for ALL 5 events for the following age brackets: $7,8,9,10,11,12,13,14$, 15-18. If needed, ties will be broken based on lowest average finish place, and a DQ in an event will result in a 30 second time penalty. Individual pentathlon event winners will also receive a special award!

- 12 \& Under Pentathlon Events:
- 50 of each stroke (Fly, Back, Breast, Free) \& 200 IM
- 13 \& Over Pentathlon Events:
- 100 of each stroke (Fly, Back, Breast, Free) \& 200 IM

Start: 1:00 p.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $\begin{aligned} & \text { 3:05.70 L } \\ & 2: 43.20 \mathrm{Y} \end{aligned}$ | OPEN | 200 FLY | $\begin{aligned} & \text { 3:07.20 L } \\ & 2: 47.40 \mathrm{Y} \end{aligned}$ | 2 |
| 3 | -- | Masters | 100 BREAST | -- | 4 |
| 5 | BRW | 7-10 | 100 BREAST | BRW | 6 |
| 5 | BRW | 11/12 | 100 BREAST | BRW | 6 |
| 7 | -- | Masters | 100 FREE | -- | 8 |
| 9 | BRW | 5-6/7-10 | 100 FREE | BRW | 10 |
| 9 | BRW | 11/12 | 100 FREE | BRW | 10 |
| 9 | BRW | 13/UP | 100 FREE | BRW | 10 |
| 11 | BRW | 7-10 | 100 BACK | BRW | 12 |
| 11 | BRW | 11/12 | 100 BACK | BRW | 12 |
| 13 | -- | Masters | 100 BACK | -- | 14 |
| 15 | 5 \& UP Mixed 200 FREE RELAY (*Must MIX Gender*) |  |  |  | 15 |
| 16 | $\begin{aligned} & \hline 11: 44.20 \mathrm{~L} \\ & 12: 58.60 \mathrm{Y} \end{aligned}$ | OPEN | 800 FREE | $\begin{aligned} & \hline 11: 43.70 \mathrm{~L} \\ & 13: 09.80 \mathrm{Y} \end{aligned}$ | 17 |
| 18 | -- | Masters | 800 FREE | -- | 19 |

$\star$ Swimmers entering OPEN events must be at least 11 years old and meet the stated minimum time standard.

* 11-12 swimmers may enter OPEN events for which they qualify (regardless of session) but may not exceed 5 events per day.

太 The Boys 5-12 Relays are offered in both sessions to accommodate the swimmers, as such, the events will be awarded together and swimmers can only swim in ONE relay per day.

* Swimmers in the 800 Free and 400 IM are requested to provide their own timer/counter, and will be alternating girls \& boys heats.

ฝ If entries warrant, sessions may be combined, dependent on timeline. Please check www.sloswimclub.org one week prior.
$\star$ In Celebration of the $4^{\text {th }}$ of July, a patriotic gift will be given to everyone entered in the meet.

## SATURDAY

$1^{\text {st }}$ Session Start: 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 20 | BRW | $11 / 12$ | 50 FLY |  |  |  |  |
| 20 | BRW | $5-6 / 7-10$ | 50 FLY | BRW | 21 |  |  |
| 22 | BRW | $11 / 12$ | 50 BACK |  |  |  |  |
| 22 | BRW | $5-6 / 7-10$ | 50 BACK | BRW | 23 |  |  |
| 24 | BRW | $11 / 12$ | 50 BREAST |  |  |  |  |
| 24 | BRW | $5-6 / 7-10$ | 50 BREAST | BRW | 25 |  |  |
| 26 | BRW | $11 / 12$ | 200 FREE |  |  |  |  |
| 26 | BRW | $7-10$ | 200 FREE | BRW | 27 |  |  |
| 28 | $5-12200$ FREE RELAY |  |  |  |  |  | 29 |

$2^{\text {nd }}$ Session Start: no sooner than 45 min after $1^{\text {st }}$ session's end

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 30 | BRW | 13/UP | 100 FLY | BRW | 31 |
|  |  | 11/12 | 50 FLY | BRW | 32 |
| 33 | -- | Masters | 50 FLY | -- | 34 |
| 35 | BRW | 13/UP | 100 BACK | BRW | 36 |
|  |  | 11/12 | 50 BACK | BRW | 37 |
| 38 | -- | Masters | 50 BACK | -- | 39 |
| 40 | BRW | 13/UP | 100 BREAST | BRW | 41 |
|  |  | 11/12 | 50 BREAST | BRW | 42 |
| 43 | -- | Masters | 50 BREAST | -- | 44 |
| 45 | BRW | 13/UP | 200 FREE | BRW | 46 |
|  |  | 11/12 | 200 FREE | BRW | 46 |
| 47 | -- | Masters | 200 FREE | -- | 48 |
| 49 | 13 \& UP 400 FREE RELAY |  |  |  | 50 |
|  | 5-12 200 FREE RELAY |  |  |  | 51 |
| 52 | Masters (M/W/Mixed) 200 FREE RELAY |  |  |  | 52 |
| 53 | $\begin{array}{\|l\|} \hline 6: 31.20 \mathrm{~L} \\ 5: 48.20 \mathrm{Y} \\ \hline \end{array}$ | OPEN | 400 IM | $\begin{array}{\|l\|} \hline \text { 6:32.30 } \mathrm{L} \\ \text { 5:48.90 } \end{array}$ | 54 |
| 55 | -- | Masters | 400 IM | -- | 56 |

## SUNDAY

$1^{\text {st }}$ Session Start: 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 57 | BRW | 11/12 | 100 FLY |  |  |
| 57 | BRW | 7-10 | 100 FLY | BRW | 58 |
| 59 | BRW | 11/12 | 50 FREE |  |  |
| 59 | BRW | 5-6/7-10 | 50 FREE | BRW | 60 |
| 61 | BRW | 11/12 | 200 IM |  |  |
| 61 | BRW | 7-10 | 200 IM | BRW | 62 |
| 63 | 5-12 200 MEDLEY RELAY |  |  |  | 64 |
| 65 | BRW | 11/12 | 400 FREE |  |  |
| 65 | BRW | 9-10 | 400 FREE | BRW | 66 |
| 65 | $\left\|\begin{array}{l} * * 3: 02.70 \mathrm{~L} \\ * * 2: 42.00 ~ Y \end{array}\right\|$ | 7-8 | 400 FREE **enter with 200 FR Time | $\begin{array}{\|l\|} * * 3: 02.40 \mathrm{~L} \\ * * 2: 41.80 \mathrm{Y} \end{array}$ | 66 |

$2^{\text {nd }}$ Session Start: no sooner than 45 min after $1^{\text {st }}$ session's end

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 67 | $\begin{aligned} & \hline 3: 31.00 \mathrm{~L} \\ & 3: 08.80 \mathrm{Y} \end{aligned}$ | OPEN | 200 BREAST | $\begin{aligned} & 3: 31.20 \mathrm{~L} \\ & 3: 09.00 \mathrm{Y} \end{aligned}$ | 68 |
| 69 | -- | Masters | 100 FLY | -- | 70 |
|  |  | 11/12 | 100 FLY | BRW | 71 |
| 72 | -- | Masters | 50 FREE | -- | 73 |
| 74 | BRW | 13/UP | 50 FREE | BRW | 75 |
|  |  | 11/12 | 50 FREE | BRW | 75 |
| 76 | BRW | 13/UP | 200 IM | BRW | 77 |
|  |  | 11/12 | 200 IM | BRW | 77 |
| 78 | -- | Masters | 200 IM | -- | 79 |
| 80 | $\begin{aligned} & \hline \text { 3:09.20 L } \\ & \text { 2:46.20 } \\ & \hline \end{aligned}$ | OPEN | 200 BACK | $\begin{aligned} & \hline \text { 3:11.80 L } \\ & 2: 51.40 \mathrm{Y} \\ & \hline \end{aligned}$ | 81 |
| 82 | 13 \& UP 400 MEDLEY RELAY |  |  |  | 83 |
|  | 5-12 200 MEDLEY RELAY |  |  |  | 84 |
| 85 | Masters (M/W/Mixed) 200 MEDLEY RELAY |  |  |  | 85 |
|  |  | 11/12 | 400 FREE | BRW | 86 |
| 87 | BRW | 13/UP | 400 FREE | BRW | 88 |
| 89 | -- | Masters | 400 FREE | -- | 90 |

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FRIDAY, JULY $4^{\text {th }}-$ Warm-up at 12:00 p.m., Start at 1:00 p.m.

## * THIS EVENT ORDER WILL ONLY BE USED IF SESSIONS ARE COMBINED

丸 If entries warrant sessions may be combined.
ฝ If sessions are combined, THIS will be the event order for the meet.

* Please check: www.sloswimclub.org on Monday June $30^{\text {th }}$ to see if sessions will be combined.

SATURAY, JULY $5^{\text {th }}-$ Warm-up at 8:30 a.m., Start at 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 21 | BRW | 13/UP | 100 FLY | BRW | 22 |
| 23 | BRW | 11/12 | 50 FLY | BRW | 24 |
| 23 | BRW | 5-6/7-10 | 50 FLY | BRW | 24 |
| 25 | -- | Masters | 50 FLY | -- | 26 |
| 27 | BRW | 13/UP | 100 BACK | BRW | 28 |
| 29 | BRW | 11/12 | 50 BACK | BRW | 30 |
| 29 | BRW | 5-6/7-10 | 50 BACK | BRW | 30 |
| 31 | -- | Masters | 50 BACK | -- | 32 |
| 33 | BRW | 13/UP | 100 BREAST | BRW | 34 |
| 35 | BRW | 11/12 | 50 BREAST | BRW | 36 |
| 35 | BRW | 5-6/7-10 | 50 BREAST | BRW | 36 |
| 37 | -- | Masters | 50 BREAST | -- | 38 |
| 39 | BRW | 13/UP | 200 FREE | BRW | 40 |
| 39 | BRW | 11/12 | 200 FREE | BRW | 40 |
| 39 | BRW | 7-10 | 200 FREE | BRW | 40 |
| 41 | -- | Masters | 200 FREE | -- | 42 |
| 43 | 13 \& UP 400 FREE RELAY |  |  |  | 44 |
| 45 | 5-12 200 FREE RELAY |  |  |  | 46 |
| 47 | Masters (M/W/Mixed) 200 FREE RELAY |  |  |  | 47 |
| 49 | $\begin{aligned} & \hline \text { 6:31.20 L } \\ & 5: 48.20 \mathrm{Y} \end{aligned}$ | OPEN | 400 IM | $\begin{aligned} & \hline \text { 6:32.30 L } \\ & 5: 48.90 \mathrm{Y} \end{aligned}$ | 50 |
| 51 | -- | Masters | 400 IM | -- | 52 |


| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $\begin{aligned} & \text { 3:05.70 L } \\ & 2 \end{aligned}$ | OPEN | 200 FLY | $\begin{aligned} & \text { 3:07.20 L } \\ & \text { 2:47.40 Y } \end{aligned}$ | 2 |
| 3 | -- | Masters | 100 BREAST | -- | 4 |
| 5 | BRW | 7-10 | 100 BREAST | BRW | 6 |
| 5 | BRW | 11/12 | 100 BREAST | BRW | 6 |
| 7 | -- | Masters | 100 FREE | -- | 8 |
| 9 | BRW | 5-6/7-10 | 100 FREE | BRW | 10 |
| 9 | BRW | 11/12 | 100 FREE | BRW | 10 |
| 9 | BRW | 13/UP | 100 FREE | BRW | 10 |
| 11 | BRW | 11/12 | 100 BACK | BRW | 12 |
| 11 | BRW | 7-10 | 100 BACK | BRW | 12 |
| 13 | -- | Masters | 100 BACK | -- | 14 |
| 15 | 5 \& UP Mixed 200 free relay (*Must MIX Gender*) |  |  |  | 15 |
| 17 | $\begin{aligned} & \text { 11:44.20 L } \\ & \text { 12:58.60 } \mathrm{Y} \end{aligned}$ | OPEN | 800 FREE | $\begin{aligned} & \text { 11:43.70 L } \\ & \text { 13:09.80 Y } \end{aligned}$ | 18 |
| 19 | -- | Masters | 800 FREE | -- | 20 |

SUNDAY, JULY $6^{\text {th }}-$ Warm-up at 8:30 a.m., Start at 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 53 | $\begin{aligned} & \text { 3:31.00 L } \\ & \text { 3:08.80 Y } \end{aligned}$ | OPEN | 200 BREAST | $\begin{aligned} & \hline \text { 3:31.20 L } \\ & \text { 3:09.00 Y } \end{aligned}$ | 54 |
| 55 | -- | Masters | 100 FLY | -- | 56 |
| 57 | BRW | 11/12 | 100 FLY | BRW | 58 |
| 57 | BRW | 7-10 | 100 FLY | BRW | 58 |
| 59 | -- | Masters | 50 FREE | -- | 60 |
| 61 | BRW | 13/UP | 50 FREE | BRW | 62 |
| 61 | BRW | 11/12 | 50 FREE | BRW | 62 |
| 61 | BRW | 5-6/7-10 | 50 FREE | BRW | 62 |
| 63 | BRW | 13/UP | 200 IM | BRW | 64 |
| 63 | BRW | 11/12 | 200 IM | BRW | 64 |
| 63 | BRW | 7-10 | 200 IM | BRW | 64 |
| 65 | -- | Masters | 200 IM | -- | 66 |
| 67 | $\begin{aligned} & \hline \text { 3:09.20 L } \\ & 2: 46.20 \mathrm{Y} \end{aligned}$ | OPEN | 200 BACK | $\begin{aligned} & \hline \text { 3:11.80 L } \\ & 2: 51.40 \mathrm{Y} \end{aligned}$ | 68 |
| 69 | 13 \& UP 400 MEDLEY RELAY |  |  |  | 70 |
| 71 | 5-12 200 MEDLEY RELAY |  |  |  | 72 |
| 73 | Masters (M/W/Mixed) 200 MEDLEY RELAY |  |  |  | 73 |
| 75 | BRW | 11/12 | 400 FREE | BRW | 76 |
| 75 | BRW | 9-10 | 400 FREE | BRW | 76 |
| 75 | $\begin{aligned} & \hline * * 3: 02.70 \mathrm{~L} \\ & * * 2: 42.00 \mathrm{Y} \\ & \hline \end{aligned}$ | 7-8 | 400 FREE Enter w/ 200 FR Time | $\begin{aligned} & \hline * * 3: 02.40 \mathrm{~L} \\ & * * 2: 41.80 \mathrm{Y} \\ & \hline \end{aligned}$ | 76 |
| 77 | BRW | 13/UP | 400 FREE | BRW | 78 |
| 79 | -- | Masters | 400 FREE | -- | 80 |

## SAN LUIS DBISPD SWIM CLUB



Sanctioned by Southern Pacific Masters Swimming for USMS: 334-S035
Location: Sinsheimer Pool, 900 Southwood Drive, San Luis Obispo, CA 93401. Outdoor 50 meter $\times 25$ yard, Six or seven lanes (depending on entries) will be used for the competition and at least one lane will be used for warm-up/warm down. Ample deck space is available for structures and seating. If you use a canopy/tent please bring tie-downs and weights to secure your structures.

Warm-Up: Fri: 12:00pm; Sat \& Sun ( $2^{\text {nd }}$ session): no less than 45 minutes after the completion of the $1^{\text {st }}$ session
Meet Start: Fri: 1:00pm; Sat \& Sun ( $2^{\text {nd }}$ session): no sooner than 45 minutes after the completion of the $1^{\text {st }}$ session
Directions: From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd.(4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road.

Entries: Fill out a SPMA Consolidated entry card (can be found on page 6 of this meet sheet). Age on December 31, 2014 determines age group for the meet, you must be at least 18 years old to compete. The pre-entry postmark deadline is Wednesday, June $\mathbf{2 5}^{\text {th }}$. Deck entries for Friday's events will close at $12: 30 \mathrm{pm}$. If the sessions remain split, deck entries for Saturday \& Sunday's events will close 30 minutes prior to the start of the $2^{\text {nd }}$ session. ${ }^{* *}$ If sessions are combined, Deck entries for Friday's events will close at 12:30pm. And deck entries for Saturday's and Sunday's events will close at 9:00 a.m.

Seeding: All events will be deck seeded FASTEST to SLOWEST by entered time, all ages combined. Women's and men's events will be combined when entries allow. Check-in will be required for all events.

Relays: Relays can be deck entered. Relay fees are $\$ 5.00$ per SPMS relay due upon entry. *For each relay only swimmer who is not entered in individual events, a fee of $\$ 5.00$ and a signed liability release must be submitted with the relay entry.
Awards: Awards will be given on Request. Individual: Ribbons for places $1^{\text {st }}-3^{\text {rd }}$, all age groups. Relays: $1^{\text {st }}$ place.
Entry Fees: $\mathbf{\$ 2 5 . 0 0}$ per swimmer flat fee if you enter by the postmark deadline of Wednesday, June $\mathbf{2 5}$ th . Deck entries allowed for a total of $\$ 35.00$. Late entries and entries received without payment will be treated as deck entries and charged the deck entry fee.
Checks payable to: SLOSC
Mail consolidated entry card, a copy of your 2012 USMS card, and check to:
San Luis Obispo Masters Firecracker, P. O. Box 142, San Luis Obispo, CA 93406.
Questions: Meet Director, Philip Yoshida, (805) 543-9515 or office@sloswimclub.org
PLEASE NOTE: This is a combined USA Masters and USA Swimming Competition. ${ }^{* *}$ If entries warrant, the sessions may be combined. Please check the meet website at www.sloswimclub.org one week prior to see if the meet will be combined. *If entries are combined a complete *combined* event list is available on (page 4) of this meet sheet.

A complete meet event list is available on (Page 3) of this meet sheet. Masters only events are listed below.

## FRIDAY

| Women | EVENT | Men |
| :---: | :---: | :---: |
| 3 | 100 BREAST | 4 |
| 7 | 100 FREE | 8 |
| 13 | 100 BACK | 14 |
| 18 | 800 FREE | 19 |

sATURDAY

| Women | EVENT | Men |
| :---: | :---: | :---: |
| 33 | 50 FLY | 34 |
| 38 | 50 BACK | 39 |
| 43 | 50 BREAST | 44 |
| 47 | 200 FREE | 48 |
| 52 | M/W/MIXED <br> 200 FREE RELAY | 52 |
| 55 | 400 IM | 56 |

## SUNDAY

| Women | EVENT | Men |
| :---: | :---: | :---: |
| 69 | 100 FLY | 70 |
| 72 | 50 FREE | 73 |
| 78 | 200 IM | 79 |
| 85 | M/W/MIXED <br> 200 MEDLEY RELAY | 85 |
| 89 | 400 FREE | 90 |

*If Saturday \& Sunday sessions are combined: the meet start will be 9:30am on both days, with warm-up at 8:30am. Please check www.sloswimclub.org one week prior to the meet for session information.

# Consolidated Meet Entry Cards AGE GROUP MEET ENTRY CARD (Sothern California Consolidated Entry Card) 

Use this entry card for USA Swimming - Age Group Swimmers ONLY (Entry deadline June 25 ${ }^{\text {th }}$ )
Mail Age-Group Entries to: SLO Swim Club Firecracker; PO Box 142, San Luis Obispo CA, 93406
SOUTHERN CALIFORNIA SWIMMING/USA SWIMMING ENTRY CARD


## MASTERS MEET ENTRY CARD (Southern Pacific Masters Consolidated Entry Card)

## Use this Entry Card for Masters Swimming - Masters Swimmers ONLY (Postmark deadline June 25th )

Mail Masters Entries to: SLO Firecracker, PO Box 142, San Luis Obispo, CA 93406
SOUTHERN PACIFIC MASTERS ASSOCIATION - CONSOLIDATED ENTRY CARD


Include a copy of USMS card **MASTERS ONLY ENTRY CARD** Include a copy of USMS card

[^0]PLEASE SIGN: $\qquad$
Is this your first Masters Meet? $\square$ Yes $\square$ No
Read the meet information sheet carefully. Make your check payable as shown on the meet information sheet and mail it to the address shown.


[^0]:    Late or incomplete entries (no fee, incomplete entry card, incomplete enty data) or entries postmarked after due date MAY BE REJECTED!
    ALL MASTERS swimmers are required to send a photo-copy of their USMS card with their entry card. ALL Masters swimmers may be asked to show their USMS card if requested at the meet.
    
     agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR
    
     AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

