# SAN LUIS OBISPO SWIM CLUB 2014 FIRECRACKER

DATE OF MEET: Friday, July 4<sup>th</sup> – Sunday, July 6th

SANCTIONED BY: USA Swimming, Southern CA Swimming & Southern Pacific Masters Swimming SPONSORED BY: San Luis Obispo Swim Club, Coastal Committee, and SPMS SANCTION #: DECK OPENS:

**14-114 (SCS) and 334-S035 (SPMS)** Friday – 12:00pm Saturday & Sunday – 8:00am

WARM-UP START: Fri: 12:00pm, Sat & Sun (1<sup>st</sup> session): 8:30am & (2<sup>nd</sup> session): Competition Pool will open for at least 45 mins, at the completion of the 1<sup>st</sup> session Fri: 1:00pm, Sat & Sun (1<sup>st</sup> session): 9:30 am & (2<sup>nd</sup> session): No sooner than 45 minutes after the completion of the last heat of the 1<sup>st</sup> session

ENTRY DEADLINE: Entries must be received by the meet processor NO LATER THAN 5 PM WEDNESDAY, JUNE 25, 2014. If the meet fills prior to the deadline, entries will be rejected (last received, first rejected). If entries warrant, the sessions may be combined. Check www.sloswimclub.org on Mon. Jun 30<sup>th</sup>.

**POOL:** San Luis Obispo Swim Center. From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd.(4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road. The pool is a 50-meter by 25 yard, 8 lane outdoor heated pool. Six or seven lanes (depending on entries) will be used for the competition and at least one lane will be used for warm-up/warm down. For the competition pool the Start End is 13 ft deep in lane 1 to 6 ft deep in lane 6, and the Turn End is 4 ft deep for all lanes. The competition course has been certified in accordance with 104.2.2C(4). Ample deck space is available for structures and seating. **\*\*Bring tie-downs and weights to secure your structures.** 

WARM-UP PROCEDURES: Swimmers warming up or down before, during, and after the meet must be under the direct supervision of a current 2014 USA Swimming coach. Warm-up rules will be announced and enforced. No diving into the pool except for the sprint lanes directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool.

CHECK-IN: Swimmers must check in with the Clerk of Course for each event entered. After an event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers in the first 4 events each session must check in at least 30 minutes prior to the start of each session. Swimmers who check in and fail to swim an event will be scratched from their next individual event.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Swimmers must swim in their actual age group as determined by the age on the first day of the meet (July 4, 2014). Swimmers may swim in only one age group. To compete in OPEN events a swimmer must be at least 11 years old and must meet the minimum time standard. Swimmers are limited to 4 Individual events per day. Entries will be limited to meet the "4 Hour" Rule. Recording Devices & Media Coverage: The uses of audio visual recording devices, including cell phones, are NOT permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swim suit specifications may be worn in any USA Swimming sanctioned or approved competition.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**Racing Start Certification:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY & AFFILIATION:** Open to athletes who are 2014 USA Swimming registered. Registration applications must be **received by the meet entry deadline (June 25<sup>th</sup>)** by meet processor, administrative referee or SCS Office. Late applications will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III B. **Registration application may be submitted together with entry forms.** In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administration Referee in writing and paying the appropriate fee.

**SUBMITTED & QUALIFYING TIMES:** Times submitted must be the BEST RECORDED TIMES short or long course from this or the preceding swim season (NO Workout Times). All non-conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times could lead to disciplinary action. NOTE: For "W" Division, "NT" (no time) entries are acceptable.

#### SEEDING: All events will be seeded FAST to SLOW.

ENTRY PROCEDURES: Electronic Entry: Email entry (entry .zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events for entered swimmers may be submitted by hard copy (this includes email) ONLY. New swimmers accepted by SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded. Entry Card: Submit one SCS consolidated entry card (can be found on page 6 of this meet sheet) per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. To avoid concern regarding receipt of entry card, enclose a stamped, self-addressed envelope or postcard. Receipt of entries will not be verified by phone or e-mail. DO NOT use certified, registered or special delivery mail services.

ENTRY FEE: \$3.25 for each INDIVIDUAL EVENT plus a \$7.50 surcharge PER SWIMMER must accompany each individual entry to the address below (not the swim office). NO REFUNDS. Returned checks will incur a service fee per SCS policy.

**<u>RELAYS</u>**: Relays can be deck entered. Relays will be swum time permitting. Relay entry fee will be \$5.00 per relay team. **MIXED Relays <u>must</u> MIX genders.** The Boys 5-12 Relays are offered in both sessions to accommodate the swimmers, as such, the events will be awarded together and swimmers can only swim in ONE relay per day.

**<u>AWARDS:</u>** Individual Awards - Blue Division: Medals for 1<sup>st</sup>-3<sup>rd</sup>, Ribbons 4<sup>th</sup>- 6<sup>th</sup> (age 7/8, 9/10, 11/12). Red and White Divisions: Ribbons 1<sup>st</sup>-6<sup>th</sup> (age 7/8, 9/10, 11/12). Age 5/6: Single Division Ribbons 1<sup>st</sup>-6<sup>th</sup>. Age 13/Up & Open: Single Division Medals for 1<sup>st</sup> – 3<sup>rd</sup>. <u>Relays</u> - 1<sup>st</sup>-3<sup>rd</sup> place. <u>Goodrich Memorial Award Trophy</u> for the winners of the Open 800 Free. <u>Queen and King of the Pool Trophies</u> for 7, 8, 9, 10, 11, 12, 13, 14, 15-18. Awards will be handed out on SUNDAY, JULY 6<sup>th</sup>.

**LANE TIMING:** Clubs will be assigned lanes for timing based on the number of entrants.

DISTANCE EVENTS: Swimmers in the 800 Free and the 400 IM are requested to provide their own timers and lap counters. These events will alt. girls and boy	ys heats.
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ADMIN REFEREE: Alina de Armas MEET REFEREE: Ernie Peterson MEET DIRECTOR: Philip Yoshida

FOR FURTHER INFO: Contact SLO Swim Club at (805) 543-9515 email: office

email: office@sloswimclub.org

Mail Entries to:

PO Box 142

SLO Swim Club Spring Splash

San Luis Obispo, CA 93406

website: www.sloswimclub.org

Receipt of entries will not be verified by phone or e-mail. DO NOT use certified, registered or special delivery mail services.

### Make checks payable to: Southern California Swimming

E-mail for Team Electronic Entries Only: office@sloswimclub.org



**USA Swimming Disclaimer:** It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



## \*\*ALL MASTERS MEET INFORMATION: See Page 5 for details

Daily	events	offered	(by	<b>9</b> 98	group)
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Friday July 4<sup>th</sup> 2014

		Fluay, July 4 201		
5-6	7-10	11 – 12	13 & Up	Masters
100 FREE	100 BREAST	200 FLY * open event	200 FLY *open event	100 BREAST
	100 FREE	100 BREAST	100 FREE	100 FREE
	100 BACK	100 FREE	800 FREE * open event	100 BACK
		100 BACK		800 FREE
		800 FREE * open event		
		Saturday, July 5 <sup>th</sup> 20	)14	
5-6	7-10	11 – 12	13 & Up	Masters
50 FLY	50 FLY	50 FLY	100 FLY	50 FLY
50 BACK	50 BACK	50 BACK	100 BACK	50 BACK
50 BREAST	50 BREAST	50 BREAST	100 BREAST	50 BREAST
	200 FREE	200 FREE	200 FREE	200 FREE
		400 IM *open event	400 IM *open event	400 IM
		Sunday, July 6 <sup>th</sup> 20	14	
5-6	7-10	11 – 12	13 & Up	Masters
50 FREE	100 FLY	100 FLY	200 BREAST * open event	100 FLY
	50 FREE	50 FREE	50 FREE	50 FREE
	200 IM	200 IM	200 IM	200 IM
	400 FREE	400 FREE	200 BACK *open event	400 FREE
	**time std for 7-8 (see below)	200 BREAST *open event	400 FREE	
		200 BACK *open event		

### **★** Swimmers are limited to 5 Individual Events PER Day.

- ★ OPEN Events: Must be 11 years old and meet the stated time standard. Swimmers in the first session may swim in open events in the second session, as long as they have not exceeded the per day entry limit.
- ★ 7-8 400 FREE: Swimmers age 7-8 who wish to enter the 400 Free must have achieved the 7-10 200 Free Blue Time Standard to enter (*the time standard is listed on the events page*). 7-8 swimmers MUST enter the 400 Free with a qualifying 200 Free time.

# QUEEN AND KING OF THE POOL

A Pentathlon ....With the winner being the Queen or King of the Pool!! To qualify you must compete in ALL 5 of the listed events below for your age group. Trophies will be given to the Male (King) and Female (Queen) swimmer with the lowest combined time for ALL 5 events for the following age brackets: 7, 8, 9, 10, 11, 12, 13, 14, 15-18. If needed, ties will be broken based on lowest average finish place, and a DQ in an event will result in a 30 second time penalty. Individual pentathlon event winners will also receive a special award!

12 & Under Pentathlon Events:
50 of each stroke (Fly, Back, Breast, Free) & 200 IM

13 & Over Pentathlon Events:
100 of each stroke (Fly, Back, Breast, Free) & 200 IM



GIRLS	TIME	AGE	EVENT	TIME	BOYS
	3:05.70 L	OPEN	200 FLY	3:07.20 L	
1	2:43.20 Y	OPEN	200 FL1	2:47.40 Y	2
3		Masters	100 BREAST		4
5	BRW	7-10	100 BREAST	BRW	6
5	BRW	11/12	100 BREAST	BRW	6
7		Masters	100 FREE		8
9	BRW	5-6/7-10	100 FREE	BRW	10
9	BRW	11/12	100 FREE	BRW	10
9	BRW	13/UP	100 FREE	BRW	10
11	BRW	7-10	100 BACK	BRW	12
11	BRW	11/12	100 BACK	BRW	12
13		Masters	100 BACK		14
15	5 & UP Mix	ed 200 FREE	RELAY (*Must MI	K Gender*)	15
10	11:44.20 L	OPEN		11:43.70 L	17
16	12:58.60 Y	OPEN	800 FREE	13:09.80 Y	1/
18		Masters	800 FREE		19

#### Swimmers entering OPEN events must be at least 11 years old and meet the stated minimum time standard.

- ★ 11-12 swimmers may enter OPEN events for which they qualify (regardless of session) but may not exceed 5 events per day.
- ★ The Boys 5-12 Relays are offered in both sessions to accommodate the swimmers, as such, the events will be awarded together and swimmers can only swim in ONE relay per day.
- ★ Swimmers in the 800 Free and 400 IM are requested to provide their own timer/counter, and will be alternating girls & boys heats.
- ★ If entries warrant, sessions may be combined, dependent on timeline. Please check www.sloswimclub.org one week prior.
- ★ In Celebration of the 4<sup>th</sup> of July, a patriotic gift will be given to everyone entered in the meet.

# SATURDAY

#### 1<sup>st</sup> Session Start: 9:30 a.m.

GIRLS	TIME	AGE	EVENT	TIME	BOYS
20	BRW	11/12	50 FLY		
20	BRW	5-6/7-10	50 FLY	BRW	21
22	BRW	11/12	50 BACK		
22	BRW	5-6/7-10	50 BACK	BRW	23
24	BRW	11/12	50 BREAST		
24	BRW	5-6/7-10	50 BREAST	BRW	25
26	BRW	11/12	200 FREE		
26	BRW	7-10	200 FREE	BRW	27
28	5-12 200 FREE RELAY				29

#### 2<sup>nd</sup> Session Start: no sooner than 45 min after 1<sup>st</sup> session's end

GIRLS	TIME	AGE	EVENT	TIME	BOYS	
30	BRW	13/UP	100 FLY	BRW	31	
		11/12	50 FLY	BRW	32	
33		Masters	50 FLY		34	
35	BRW	13/UP	100 BACK	BRW	36	
		11/12	50 BACK	BRW	37	
38		Masters	50 BACK		39	
40	BRW	13/UP	100 BREAST	BRW	41	
		11/12	50 BREAST	BRW	42	
43		Masters	50 BREAST		44	
45	BRW	13/UP	200 FREE	BRW	46	
		11/12	200 FREE	BRW	46	
47		Masters	200 FREE		48	
49		13 & UP 4	00 FREE RELAY		50	
		5-12 200 FREE RELAY				
52	Masters (M/W/Mixed) 200 FREE RELAY					
53	6:31.20 L	OPEN	400 IM	6:32.30 L	54	
	5:48.20 Y	OPEN	400 1101	5:48.90 Y		
55		Masters	400 IM		56	

# SUNDAY

#### 1<sup>st</sup> Session Start: 9:30 a.m.

GIRLS	TIME	AGE	EVENT	TIME	BOYS
57	BRW	11/12	100 FLY		
57	BRW	7-10	100 FLY	BRW	58
59	BRW	11/12	50 FREE		
59	BRW	5-6/7-10	50 FREE	BRW	60
61	BRW	11/12	200 IM		
61	BRW	7-10	200 IM	BRW	62
63	5-12 200 MEDLEY RELAY				64
65	BRW	11/12	400 FREE		
65	BRW	9-10	400 FREE	BRW	66
65	**3:02.70 L **2:42.00 Y	7-8	400 FREE **enter with 200 FR Time	**3:02.40 L **2:41.80 Y	66

#### 2<sup>nd</sup> Session Start: no sooner than 45 min after 1<sup>st</sup> session's end

GIRLS	TIME	AGE	EVENT	TIME	BOYS
67	3:31.00 L 3:08.80 Y	OPEN	200 BREAST	3:31.20 L 3:09.00 Y	68
69		Masters	100 FLY		70
		11/12	100 FLY	BRW	71
72		Masters	50 FREE		73
74	BRW	13/UP	50 FREE	BRW	75
		11/12	50 FREE	BRW	75
76	BRW	13/UP	200 IM	BRW	77
		11/12	200 IM	BRW	77
78		Masters	200 IM		79
80	3:09.20 L 2:46.20 Y	OPEN	200 BACK	3:11.80 L 2:51.40 Y	81
82		13 & UP 40	0 MEDLEY RELAY		83
		5-12 200	MEDLEY RELAY		84
85	Maste	rs (M/W/Mi>	(ed) 200 MEDLEY	RELAY	85
		11/12	400 FREE	BRW	86
87	BRW	13/UP	400 FREE	BRW	88
89		Masters	400 FREE		90

# $\star\star$ combined session event list $\star\star$

# ★ THIS EVENT ORDER WILL <u>ONLY</u> BE USED IF SESSIONS ARE <u>COMBINED</u>

- **★** If entries warrant sessions may be combined.
- ★ If sessions are combined, THIS will be the event order for the meet.
- ★ Please check: <u>www.sloswimclub.org</u> on Monday June 30<sup>th</sup> to see if sessions will be combined.

# SATURAY, JULY 5<sup>th</sup> – Warm-up at 8:30 a.m., Start at 9:30 a.m

SATURA	$a_1, b_1, b_1, b_2$ warm-up at 0.50 a.m., start at 5.50 a.m.					
GIRLS	TIME	AGE	EVENT	TIME	BOYS	
21	BRW	13/UP	100 FLY	BRW	22	
23	BRW	11/12	50 FLY	BRW	24	
23	BRW	5-6/7-10	50 FLY	BRW	24	
25		Masters	50 FLY		26	
27	BRW	13/UP	100 BACK	BRW	28	
29	BRW	11/12	50 BACK	BRW	30	
29	BRW	5-6/7-10	50 BACK	BRW	30	
31		Masters	50 BACK		32	
33	BRW	13/UP	100 BREAST	BRW	34	
35	BRW	11/12	50 BREAST	BRW	36	
35	BRW	5-6/7-10	50 BREAST	BRW	36	
37		Masters	50 BREAST		38	
39	BRW	13/UP	200 FREE	BRW	40	
39	BRW	11/12	200 FREE	BRW	40	
39	BRW	7-10	200 FREE	BRW	40	
41		Masters	200 FREE		42	
43		13 & UP 400 FREE RELAY				
45		5-12 200 FREE RELAY				
47	Masters (M/W/Mixed) 200 FREE RELAY					
49	6:31.20 L 5:48.20 Y	OPEN	400 IM	6:32.30 L 5:48.90 Y	50	
51		Masters	400 IM		52	

FRIDAY, JULY 4<sup>th</sup> – Warm-up at 12:00 p.m., Start at 1:00 p.m.

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GIRLS	TIME	AGE	EVENT	TIME	BOYS
1	3:05.70 L	OPEN	200 FLY	3:07.20 L	2
-	2:43.20 Y	OFER	200111	2:47.40 Y	2
3		Masters	100 BREAST		4
5	BRW	7-10	100 BREAST	BRW	6
5	BRW	11/12	100 BREAST	BRW	6
7		Masters	100 FREE	-	8
9	BRW	5-6/7-10	100 FREE	BRW	10
9	BRW	11/12	100 FREE	BRW	10
9	BRW	13/UP	100 FREE	BRW	10
11	BRW	11/12	100 BACK	BRW	12
11	BRW	7-10	100 BACK	BRW	12
13		Masters	100 BACK		14
15	5 & UP Mixed 200 FREE RELAY (*Must MIX Gender*) 1				
17	11:44.20 L	OPEN	800 FREE	11:43.70 L	18
1/	12:58.60 Y	OPEN	BUU FREE	13:09.80 Y	10
19		Masters	800 FREE		20

# SUNDAY, JULY 6<sup>th</sup> – Warm-up at 8:30 a.m., Start at 9:30 a.m.

GIRLS	TIME	AGE	EVENT	TIME	BOYS
53	3:31.00 L 3:08.80 Y	OPEN	200 BREAST	3:31.20 L 3:09.00 Y	54
55		Masters	100 FLY		56
57	BRW	11/12	100 FLY	BRW	58
57	BRW	7-10	100 FLY	BRW	58
59	-	Masters	50 FREE		60
61	BRW	13/UP	50 FREE	BRW	62
61	BRW	11/12	50 FREE	BRW	62
61	BRW	5-6/7-10	50 FREE	BRW	62
63	BRW	13/UP	200 IM	BRW	64
63	BRW	11/12	200 IM	BRW	64
63	BRW	7-10	200 IM	BRW	64
65		Masters	200 IM		66
67	3:09.20 L 2:46.20 Y	OPEN	200 BACK	3:11.80 L 2:51.40 Y	68
69		13 & UP 40	00 MEDLEY RELAY		70
71		5-12 200	MEDLEY RELAY		72
73	M	asters (M/W/M	ixed) 200 MEDLEY RE	LAY	73
75	BRW	11/12	400 FREE	BRW	76
75	BRW	9-10	400 FREE	BRW	76
75	**3:02.70 L **2:42.00 Y	7-8	400 FREE Enter w/ 200 FR Time	**3:02.40 L **2:41.80 Y	76
77	BRW	13/UP	400 FREE	BRW	78
79		Masters	400 FREE		80



Sanctioned by Southern Pacific Masters Swimming for USMS: 334-S035

**Location:** Sinsheimer Pool, 900 Southwood Drive, San Luis Obispo, CA 93401. Outdoor 50 meter x 25 yard, Six or seven lanes (depending on entries) will be used for the competition and at least one lane will be used for warm-up/warm down. Ample deck space is available for structures and seating. If you use a canopy/tent please bring tie-downs and weights to secure your structures.

Warm-Up: Fri: 12:00pm; Sat & Sun (2<sup>nd</sup> session): no less than 45 minutes after the completion of the 1<sup>st</sup> session

**Meet Start:** Fri: 1:00pm; Sat & Sun (2<sup>nd</sup> session): no sooner than 45 minutes after the completion of the 1<sup>st</sup> session

**Directions:** From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd.(4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road.

**Entries:** Fill out a SPMA Consolidated entry card (*can be found on page 6 of this meet sheet*). Age on December 31, 2014 determines age group for the meet, you must be at least 18 years old to compete. **The pre-entry postmark deadline is** <u>Wednesday, June 25<sup>th</sup></u>. Deck entries for Friday's events will close at 12:30pm. If the sessions remain split, deck entries for Saturday & Sunday's events will close 30 minutes prior to the start of the 2<sup>nd</sup> session. *\*\*If sessions are combined, Deck entries for Friday's events will close at 12:30pm. And deck entries for Saturday's and Sunday's events will close at 9:00 a.m.* 

**Seeding:** All events will be deck seeded FASTEST to SLOWEST by entered time, all ages combined. Women's and men's events will be combined when entries allow. Check-in will be required for all events.

**Relays:** Relays can be deck entered. Relay fees are \$5.00 per SPMS relay due upon entry. \*For each relay only swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

**Awards:** Awards will be given on <u>Request</u>. Individual: Ribbons for places  $1^{st} - 3^{rd}$ , all age groups. Relays:  $1^{st}$  place.

**Entry Fees:** \$25.00 per swimmer flat fee if you enter by the postmark deadline of Wednesday, **June 25<sup>th</sup>**. Deck entries allowed for a total of \$35.00. Late entries and entries received without payment will be treated as deck entries and charged the deck entry fee.

#### Checks payable to: SLOSC

Mail consolidated entry card, a copy of your 2012 USMS card, and check to: San Luis Obispo Masters Firecracker, P. O. Box 142, San Luis Obispo, CA 93406.

Questions: Meet Director, Philip Yoshida, (805) 543-9515 or office@sloswimclub.org

**PLEASE NOTE:** This is a combined USA Masters and USA Swimming Competition. \*\*If entries warrant, the sessions may be <u>combined</u>. Please check the meet website at www.sloswimclub.org one week prior to see if the meet will be combined. \*If entries are combined a complete \*<u>combined</u>\* event list is available on (page 4) of this meet sheet.

A complete meet event list is available on (Page 3) of this meet sheet. Masters only events are listed below.

FRIDAY
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Women	EVENT	Men
3	100 BREAST	4
7	100 FREE	8
13	100 BACK	14
18	800 FREE	19

SATUF	RDAY
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Women	EVENT	Men				
33	50 FLY	34				
38	50 BACK	39				
43	50 BREAST	44				
47	200 FREE	48				
52	M/W/MIXED 200 FREE RELAY	52				
55	400 IM	56				

## SUNDAY

Women	EVENT	Men
69	100 FLY	70
72	50 FREE	73
78	200 IM	79
85	M/W/MIXED 200 MEDLEY RELAY	85
89	400 FREE	90

\*If Saturday & Sunday sessions are combined: the meet start will be <u>9:30am</u> on both days, with warm-up at 8:30am. Please check **www.sloswimclub.org** one week prior to the meet for session information.

# **Consolidated Meet Entry Cards**

# AGE GROUP MEET ENTRY CARD (Sothern California Consolidated Entry Card)

# Use this entry card for USA Swimming – Age Group Swimmers ONLY (Entry deadline June 25<sup>th</sup>)

## Mail Age-Group Entries to: SLO Swim Club Firecracker; PO Box 142, San Luis Obispo CA, 93406

#### SOUTHERN CALIFORNIA SWIMMING/USA SWIMMING ENTRY CARD

SW	IMMER'S					AGE		MALE
	NAME	LASTNAME		FIRST NAME		M.I.		FEMALE
EVT NO.	FREE (SUBMITTED TIME)	EVT BA NO. (SUBMITT		DIRCHOT	EVT NO.	FLY (SUBMITTED TIME)	EVT NO.	IND. MEDLEY (SUBMITTED TIME)
	25	:		25		25		100
	50 : .	:		50 : .		50 : .		200
	100	:	0	100		100 : .		400 : .
	200	20	0	200		200	NO. OF EVENTS	× \$3.25 \$
	400/500	USAS NUMBER	+	mm/dd/γγ 1 <sup>st</sup> 3 letter:	s 1 <sup>st</sup> name	MI 1 <sup>st</sup> 4 letters of last nam	e PLUS SURCHAI	
	800/1000	MEET ENTERING						
	1500/1650	TEAM					_	
	1 (1) (1) (1)	СОАСН		Pł	10NE		J**	JSA SWIMMING
PLEA	4 <i>5E DO NOT FO</i> LD	PARENT/GUARDIAN		PI	IONE			TRY CARD
		PARENTS EMATI	:					

# **MASTERS MEET ENTRY CARD** (Southern Pacific Masters Consolidated Entry Card)

### Use this Entry Card for Masters Swimming – Masters Swimmers ONLY (Postmark deadline June 25<sup>th</sup>)

Mail Masters Entries to: SLO Firecracker, PO Box 142, San Luis Obispo, CA 93406

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#### SOUTHERN PACIFIC MASTERS ASSOCIATION . CONSOLIDATED ENTRY CARD

Name	Name Male D Female D USMS #								
Birthda	te/	/	Age	Club			Phone ()		<u> </u>
Event No.	(Submitted Time)	Event No.	BACKSTROKE (Submitted Time)	Event No.	BREASTSTROKE (Submitted Time)	Event No.	BUTTERFLY (Submitted Time)	Event No.	INDIV. MEDLEY (Submitted Time)
	50		50		50		50		100
	100		100		100		100		200
	200		200		200		200		400
	400/500		Meet FOR OFFICE USE ONLY						OFFICE USE ONLY
	800/1000 •		Pre-Entry (postm	arked before June 25) \$25.00 Amt Rec'd					
	1500/1650		Deck Entry Fee		\$35.00 Date				

Include a copy of USMS card \*\*MASTERS ONLY ENTRY CARD\*\*

Include a copy of USMS card

Late or incomplete entries (no fee, incomplete entry card, incomplete entry data) or entries postmarked after due date MAY BE REJECTED!

ALL MASTERS swimmers are required to send a photo-copy of their USMS card with their entry card. ALL Masters swimmers may be asked to show their USMS card if requested at the meet.

1. the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS

#### PLEASE SIGN:

Is this your first Masters Meet? 🗖 Yes 🗖 No	Non-SPMA swin
Read the meet information sheet carefully. Make your	Street:
check payable as shown on the meet information sheet and mail it to the address shown.	City, State, Zip:
06/09	

\_ DATE \_

mmers please include your address: