## Oregon Senior Games

## 2014 Swim Meet Information \& Order of Events

| Date \& Times: | Saturday, June 21: Warm-up starts at 12:00 noon; Meet starts at 1:00 pm |
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| Place: | Juniper Swim \& Fitness Center, 800 NE 6th St., Bend, OR (two blocks south of Greenwood Ave.). |
| Pool: | 6-8 lane 25 -yard completion pool with electronic timing. Pool temperature is set at 81 degrees. Additional lanes available for continuous warm-up and warm-down. |
| Entry Fee: | \$25 general fee; \$5.00 per event. |
| Entry: $\underline{\text { http://u }}$ | Information and entry online: <br> isitbend.com/Bend Oregon Activities Recreation/Oregon-Senior-Games/ |
| Entry Deadline: | June 9, 2014. There is late or no day-of-race entry. |
| Check-in: | Participants in Swimming must check-in at the event site each day of the meet at least 30 minutes before the start of competition. |
| Events: | Saturday, June 21, 2014 |
|  | \#1 200 yd. Individual Medley |
|  | \#2 100 yd. Freestyle |
|  | \#3 25 yd. Breaststroke |
|  | \#4 200 yd. Backstroke |
|  | \#5 50 yd. Butterfly <br> [10-minute break] |
|  | \#6 25 yd. Freestyle |
|  | \#7 100 yd . Breaststroke |
|  | \#8 200 yd. Butterfly |
|  | \#9 50 yd. Backstroke <br> [10-minute break] |
|  | \#10 200 yd. Freestyle |
|  | \#11 25 yd. Butterfly |
|  | \#12 100 yd. Backstroke |
|  | \#13 50 yd. Breaststroke |
|  | [10-minute break] |
|  | \#14 200 yd. Breaststroke |
|  | \#15 25 yd. Backstroke |
|  | \#16 100 yd. Butterfly |
|  | \#17 50 yd. Freestyle |
|  | \#18 100 yd. Individual Medley |

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\begin{array}{ll} 
& \text { [10-minute break] } \\
\text { \#19 } & 500 \text { yd. Freestyle }
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Entry limit: $\quad$ Swimmers may enter a maximum of five events.
USMS Rules: The meet will be conducted in accordance with USMS Rules as modified by the National Senior Games Association (NSGA) rules of competition.

USMS Recognition: This meet is recognized by United States Masters Swimming, Inc. (\#374-R001), and times achieved at this meet by USMS members qualify for USMS Top 10 or record consideration. If you are a USMS member, please include your 2014 USMS registration number with your entry.

General Information: 1. Swimmer's age for this meet is determined by the swimmer's age on December 31, 2014.
2. The following age divisions will apply to both men and women: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; \& 100+.
3. All events will be timed finals. In the case of ties, duplicate awards will be presented.
4. For all events except the 500 -yd. Freestyle, women will swim first, followed by men. Seeding in each event will be slow to fast according to entered time. Swimmers without entry times will swim in the early heats in each event.
5. The 500 -yd Freestyle requires a positive check-in by $3: 00 \mathrm{pm}$ on Saturday.
6. No equipment (such as fins, paddles, buoys, etc.) is allowed at any time, including warm-up.
7. No diving in warm-up except in designated one-way sprint lanes.
8. All decisions of the Meet Director and Meet Referee shall be final.
9. Swimmers who place first through fourth in events (excluding the 25 -yard events) qualify for the 2015 National Senior Games. For technical information, please go to http://www.nsga.com/media/documents/rules/2015-nsga-games-rule-book.pdf.

Meet Director: Bob Bruce, coachbob@bendbroadband.com

