

Short-Course Championships
Utah Masters Swim Meet
Olympus HS Natatorium
Saturday, April 12, 2014



Sanctioned by Utah Masters for USMS, Inc. Sanction #

Meet Director: Shawn Stringham, Olympus Aquatics President, www.olympusaquatics.com

Facility: Olympus High Natatorium. A one-pool facilities, with an 8 lane, all-deep competition. [The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.](#)

Location: 2300 E. Lincoln Lane, Holladay, UT 84124

Parking: You can park in the parking lot in any available, legal parking place.

Meet Conduct: 2014 USMS Rules will govern conduct of this meet.

Eligibility: All swimmers must be registered with USMS (proof is required). USMS/Utah annual registration for 2014 will be offered on deck. USMS/Utah one time swim event registration will be a \$15 fee. *Important Eligibility Rule:* 102.2.1 For short course yards, the eligibility of a participant for a particular age group shall be determined by the age as of the last day of the meet.

Entries: **Please register online at www.olympusaquatics.com.** There is a \$30 fee for this meet. Entries are due by April 7, 2014. If you need to mail entries, please send them to: Jamie Hubbard, 568 Millcreek Way #2, SLC, UT 84106. You must include all of the following: signed entry form, check payable to Olympus Aquatics, and a copy of your USMS card. Entries must be received by April 7, 2014 at 9:00pm.

****There will be a limit of 3 heats in the 1,000 and 1,650 Free. Swimmers may only swim one of either the 1,000 or 1,650 freestyle, not both.** **Please note:** Participants may only swim 5 individual, plus 2 relay events.

Same Day Deck Entries and fee: Deck entries will be accepted until 9:30 am for all events **EXCEPT #1, 2, & 3 (the deadline for these events is 7:45 am)**. There is an additional \$15.00 fee for deck entries. This is a late fee that must be included with the athlete's entry fee, for a total meet fee of \$45.

Meet Check-In: This meet requires a *positive check-in*. You must check in by 9:30 am or you will be scratched from the meet. Check in deadline for events #1, 2, & 3 is 7:45 am.

Age Groups: 18-24, 25-29, 30-34, 35-39, 40-44, etc. in 5 year increments.

Relay Age Groups: Short course (25) yards—18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+... (10-year increments as high as is necessary). The age of the youngest relay team member shall determine the age group. Relay teams must swim in the oldest age group for which they are eligible.

Relays: Swimmers must be entered in the meet to swim on relays. *Important Relay Team Rule:* 102.9.1 Relay teams shall not compete unattached. In all cases, relay teams must be composed of USMS members of the same club, which is a member of USMS. Relay cards may be obtained at the relay card pick-up table. Relay team entries will be accepted until the end of the break prior to the event.

Seeding: All events will be timed finals with heats seeded by time, slowest to fastest. Genders will swim together (mixed).

Heats: Heat sheets will be posted around the deck. Swimmers who miss their heats may not swim in another heat unless successfully protested to Meet Director and Referee. Swimmers without seed times may be placed in the slowest (earlier) heats.

Warm-up/cool down: Warm-ups start at 7:00am, competition begins at 8:00am. Warm-up and cool down during the meet will be in lane 8. Lane 7 is to be left empty during competition!

Records: Swimmers attempting to set records during the meet should notify the Starter to assure that three official timers will be present.

Awards & Ribbons: Available for pick-up at meet only. Awards, medals or ribbons will not be mailed following the meet.



ENTRY FORM

Sanctioned by Utah Masters for USMS, Inc. Sanction #

LName _____ FName _____ 2014-USMS # _____ (attach copy) Gender M or F

Street _____ City _____ State _____ Zip _____ Birth date _____

Phone () _____ Team Name: _____

Saturday April 12, 2014: Pool opens 7:00am; competition begins at 8:00am. (MST)

Mixed	Event (Short Course Yards)	Seed Time
1	200y Breaststroke	Min. _____ sec _____.
2	50y Backstroke	Min. _____ sec _____.
3	**1650y Free	Min. _____ sec _____.
-----30 minute break For Warm Up-----		
4	200y IM	Min. _____ sec _____.
5	50y Free	Min. _____ sec _____.
6	100y Butterfly	Min. _____ sec _____.
7	**500y Freestyle	Min. _____ sec _____.
-----15 minute break-----		
8.	100y Backstroke	Min. _____ sec _____.
9.	100 y Free	Min. _____ sec _____.
10.	200y Butterfly	Min. _____ sec _____.
11.	100y Breaststroke	Min. _____ sec _____.
12.	200y Medley Relay	Deck enter only
-----15 minute break-----		
13.	200y Backstroke	Min. _____ sec _____.
14.	100y IM	Min. _____ sec _____.
15.	50y Butterfly	Min. _____ sec _____.
16.	**1,000y Freestyle	Min. _____ sec _____.
-----15 minute break-----		
17.	200 Freestyle	Min. _____ sec _____.
18.	**400y IM	Min. _____ sec _____.
19.	50 Breaststroke	Min. _____ sec _____.
20.	200y Freestyle Relay	Deck enter only

Enter online at
www.olympusaquatics.com

**Be sure to have your USMS # available.*

Total # events _____

Liability Waiver

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule book article 204.1)

Date _____ Signature _____

Printed Name _____