Southwest Aquatic Masters SCY Swim Meet Sunday, April 6, 2014

Sanction by Southern Pacific Masters Swimming for USMS, Inc Sanction # 334-S029

Facility: Steven E. Schofield Aquatic Center at Pierce College is an outdoor pool that has been recently renovated. 6201 Winnetka Ave., Woodland Hills. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: Take the 101 Freeway to Winnetka. Exit at Winnetka and go north one mile to the college. Winnetka is located 6 miles west of the San Diego Freeway (405) and Ventura Freeway (101) interchange.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed final. Swimmers are limited to a total of 5 individual events, not including relays. Age on April 6th, determines the age group of the swimmer for the meet. You must be at least 18 years old to compete.

Entries: Online entries will be used through Club Assistant. Online entries will close at 6:00 p.m. on April 5. Mailed entries must be received by Sunday, March 30, 2014. On deck entries for the 500 yd. Freestyle will close at 8:00 a.m. and at the conclusion of the 500 for all other events.

Entry Fees: \$25.00 per swimmer flat fee for online, ages 18-79. Swimmers 80+ are free. \$30.00 per swimmer flat fee for mail-in entries, ages 18-79. Deck, online, and mail-in entries after Sunday, March 30 allowed for a total of \$35.00.

Seeding: All events will be deck seeded slowest to fastest by entered time, ages and sexes combined. Check-in is required in order to be seeded for all events. SwimPhone.com online check in will be used.

Relays: All relays will be deck entered. Relays are free. For each relay swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry. Special awards will be given to the fastest time in the 200 yd. Medley Relay with handicap. The handicap details will be available at the meet.

Awards: Individual: SPMS ribbons for places 1 to 3. Relay: SPMS ribbons for first place.

Checks payable to: Southwest Aquatic Masters. Mail a consolidated entry card, a copy of your 2014 USMS card, and check to: Robert Mitchell, ATTN: Pierce College Spring Meet P. O. Box 204 Lake Forest, CA 92609-0204.

Ouestions: Deborah Hefter (818) 710-4234; Robert Mitchell, mitchellrobert.cox@gmail.com.

Sunday, April 6, 2014 500 warm-up at 8:00 a.m. 500 starts at 9:00 a.m.

1. 500 yd. Freestyle

Additional warm-up after 500 Events #2 will starts no earlier than 11:00 a.m.

- 2. 100 yd. Individual Medley
- 3. 50 yd. Butterfly
- 4. 100 yd. Backstroke
- 5. 200 yd. Breaststroke
- 6. 200 yd. Freestyle Relay (Men, Women, Mixed)
- 7. 50 yd. Freestyle
- 8. 100 yd. Butterfly
- 9. 200 yd. Backstroke
- 10. 200 yd. Individual Medley

Break (10 min.)

- 11. 200 yd. Medley Relay (Men, Women, Mixed) (prize given to top time overall based on a handicap)
- 12. 50 yd. Breaststroke
- 13. 100 yd. Freestyle
- 14. 200 yd. Butterfly
- 15. 50 yd. Backstroke
- 16. 100 yd. Breaststroke
- 17. 200 yd. Freestyle
- 18. 400 yd. Individual Medley