



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Why should the kids have all the fun?

## The Inaugural Four Rivers Family YMCA **MASTERS SWIM MEET**

**SATURDAY, MARCH 29**

**Ages: 18 & Up**

### **TWO SWIMMING DIVISIONS:**

- Competitive (USMS recognized)
- Recreational

### **CAN YOU GO THE DISTANCE?**

Can you swim both the 500 FREE and the 400 INDIVIDUAL MEDLEY?

All participants who Register by March 14 for and complete the events will earn a DISTANCE CHALLENGE T-Shirt in addition to the Meet T-Shirt.

For more information contact Anne Schneider at:  
Four Rivers Family YMCA  
636-239-5704  
aschneider@ymcastlouis.org

**REGISTER BY MARCH 14 and receive a FREE Meet T-shirt!**

**FOUR RIVERS FAMILY YMCA**  
400 Grand Avenue, Washington, MO 63090  
636 239 5704 ymcastlouis.org/fourrivers "LIKE" us on Facebook!