

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## MASTERS SWIM MEET REGISTRATION

Date:	
d a Moot T-shirt	

All Participants who	o PRE-REGISTER by	MARCH 14 are	guaranteed a	Meet T-shirt.
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Name:	Birth Date:	Shirt Size:
Email:	Phone:	Gender:
CHOOSE A DIVISION. (SWIMMERS CANNOT COMPETE I		
COMPETITIVE (COMP)[USMS Recognized] \$20 – Community \$10 – Full Members	□RECREATIONAL (REC) \$10—Community \$5—Full Members	
CHECK THE EVENTS YOU WOULD LIKE TO PARTICIPATE (EVENTS WILL BE RUN IN THIS ORDER DAY OF MEET).	IN. (MAXIMUM OF 5 EVE	NTS PER SWIMMER)
500 FREE – COMP* [SEED TIME:]	50 BACK – REC	
50 FREE – REC	□ 100 BACK – COMP [	SEED TIME: ]
50 FREE – COMP [SEED TIME:]	25 FLY – REC	
25 FREE – REC	100 FREE – COMP [	SEED TIME:]
□ 100 BREAST – COMP [SEED TIME: ]	25 BACK – REC	
25 SIDESTROKE – REC	50 BREAST – COMP	[SEED TIME:]
50 BACK – COMP [SEED TIME:]	25 BREAST - REC	
15 MINUTE BREAK	50 FLY - COMP [SEE	ED TIME: ]
400 IM - COMP* [SEED TIME:]	100 IM – COMP [SE	ED TIME: ]

The last events of the day will be Fun Relays. These will be Deck Seeded.

\*Anyone who pre-registers by March 14 and completes both the 500 FREE and 400 IM will earn a Distance Challenge T-Shirt.

Participation Agreement: I grant the YMCA of Greater St. Louis, its agents and the news media the right to photograph me and/or my family including children and to use the photos for news and publicity purposes. I agree to participate in the YMCA program and to comply with all rules and regulations. I further agree that I will not hold the YMCA, its directors, officials, agents, employees and volunteers responsible in case of accident or injury. I understand that no accident insurance is provided. I also agree to abide by the YMCA of Greater St. Louis standards and guidelines.

Signature:		Date:		
or register in pe	er@ymcastlouis.org	Masters Swim Meet Registration Four Rivers Family YMCA 400 Grand Ave. Washington, MO 63090 SUBJECT: MASTERS SWIM MEET REG		
<ul><li>CASH</li><li>CHECK</li><li>CREDIT</li></ul>	Check No.:	Amount Paid:		
	Exp. Date:	Bank:		