**The MTSU Blue Wave Raiders SCY Invitational**

**Saturday, March 08, 2014 at Middle Tennessee State University**

**Sanctioned by Southeastern Dixie Zone LMSC for United States Masters Swimming, Inc. (“USMS”), Sanction #**

**Location: The Middle Tennessee State University Campus Recreation Center Pool address is 1848 Blue Raider Drive**. The **Campus Recreation Building** is located near the intersection of Rutherford Blvd. and MTSU Blvd. The Campus Recreation Center’s phone number is 615-898-5569. On weekends, university parking restrictions are not enforced. Visitors may park in any available space, except handicapped. There is a large lot adjacent to the MTSU Campus Recreation Center accessible from Rutherford Blvd. and MTSU Blvd., next to the softball fields.

**Pool:** 10 lanes, 25 yards, non-turbulent dividers. Pool depth is 5-13 ft.  The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. Daktronics timing system. 8 lanes, (1-6) will be used for competition. Lanes 9 & 10 shall be reserved throughout the meet for continuous warm-up and cool-down. No smoking is permitted in the pool or elsewhere in the MTSU Campus Recreation Center. Some starting blocks are located in lanes with the depth of 5 ft. Swimmers not trained to start in shallow water will be required to sign a waiver.

**Schedule**

**& Seeding:** Event 1, the 500 freestyle will begin Saturday, March 8, at 9:30 a.m., C.S.T. Warm-up begins at 8:00 a.m. Event 2 will begin no earlier than 10:30 a.m. C.S.T. The meet will probably conclude around 3:00 p.m., with the exception of the 1650 Free. Each event will be seeded, men and women together, in timed finals with the slowest heats first. Swimmers’ with entries “**no seed time**” indicated, or stating “**NO Time” (or “NT”)**, will be seeded in slower heats. The five heats of the 500 free will be pre-seeded as soon as the heats are filled.

**500**

**Freestyle** The 500 freestyle will be limited to five heats. Lanes in the 500 free will be assigned to the first 40 entries received. After the first 40, entrants in the 500 will be assigned to a waiting list in the order in which their entries are received. The waiting list will be used on the morning of the meet to fill empty lanes due to scratches and no-shows. If you are entering the 500 free, we encourage you to indicate an optional sixth event on the entry form in case you are shut out of the 500 free. If you do, please flag which event is your optional one.

**1650 Free**

**Saturday**

**Afternoon**

This year, we will offer a 1650 free event Saturday afternoon to the first 32 entrants. Positive check-in required in person at the registration desk by 1:00 p.m. We will seed the event at 1:30 p.m. If there are swimmers who have not checked in by that time, other swimmers on “stand by” will be given their place. If you provide an email address, we will confirm your entry in this event. If you do not have an email address and want confirmation of entry, please send a stamped and self-addressed envelope.

SEEDING: The 1650 free will be seeded **fast to slow** without regard to age or gender. All other events will be seeded **slow to fast** and without regard to age or gender. Results will be tabulated by gender and age group as defined by USMS.

Warm-up for the 1650 will begin at 3 p.m. The first heat of 1650 will start at 3:45 p.m.

**Eligibility &**

**USMS cards:**

Each entrant may swim in a maximum of five (5) individual events. You may also swim as many 25’s as desired, and two relays, in addition to the five individual events. All participants must be registered in 2014 with United States Masters Swimming, Inc., before the meet starts at 9:30 a.m. Register online for this meet where your 2014 USMS membership will be instantly verified. No need to mail us a copy of your USMS card if you register online for this meet. If you are entering this meet **by paper, you must supply a copy of your 2014 USMS card with your meet entry and you must bring your card with you on meet day.**

**Age:** The age reported on your entry form must reflect your actual age as registered with USMS. A swimmer’s age on March 08, 2014, determines his/her age for the meet.

**NOTE:** Swimmers 18-24 years old competing in U.S.M.S meet may jeopardize their

N.C.A.A. eligibility.

**Relays:** Relay teams may be Men, Women, or Mixed, but teams of all types will be seeded together in the same heats and then scored separately. Therefore, no swimmer may swim both a mixed-and a same-sex team in the same event. All relays will be deck entered. Official relay cards may be obtained at the meet from the Clerk of Course.

For seeding, cards for the 200 Medley relay should be turned into the computer desk by **9:30 a.m.** Cards for the 200 Free relay should be turned in **before the conclusion of event #13**.

**Entry fee:** $35.00 for up to five events. Online meet entry is preferred. Online entry is paid by credit card to "ClubAssistant.com Events." Paper/mailed entries must be paid by check to “MTSU Masters Swim Club."

Late entries are $40.00. **There are NO deck entries for this meet.**

**Where to** Online entries close at midnight central time on March 06, 2014. Paper/mailed entries must be received (NOT

**Mail/** postmarked) by March 1, 2014. Mail entries to Phillip Reinert, 6418 Kari Dr., Murfreesboro,

**Contact us:** TN  37129, Telephone (931) 220-9813, [mtsumastersswim@gmail.com](mailto:mtsumastersswim@gmail.com) Additional copies of paper entry form and information sheet are also available from our website: http://bluewaveraiders.blogspot.com

**Warm-up &**

**Warm-**

**Down:** SWIMMERS MUST ENTER THE POOL FEET FIRST IN A CAUTIOUS MANNER.

Forward or backstroke starts will be permitted only from the blocks in designated one-way sprint lanes. A swimmer may be removed from the meet by the referee if this rule (103.7) is broken. Swimmers in non-sprint lanes will swim in a continuous circle swim, going up the right-hand side of the lane and back down the left-hand side. No

hand paddles will be permitted in the warm-up or warm-down lanes.

Two lanes will be reserved throughout the meet for continuous warm-up and warm-down.

In these lanes, there will be no standing on the bottom of the pool or leaning on the lane

rope, while the meet is in progress.

**Computer Online meet registration URL address:**

**Entries:** <https://www.clubassistant.com/club/meet_information.cfm?c=1692&smid=5140>

**Awards:** A trophy will be awarded for the highest combined (men plus women) score. The Team trophy will be awarded to the highest-scoring club. Event ribbons will be awarded for individual swimmers in first through sixth places. Points are awarded 7-5-4-3-2-1 for individual events and 14-10-8-6-4-2 for relays.

**Whistle**

**Starts:** This meet will employ whistle starts, as required by USMS rules. The referee will

blow whistle signals that you will be expected to know. They are as follows:

|  |  |  |
| --- | --- | --- |
| **Signal** | **Backstrokers** | **All Others** |
| Several short whistles | Stand ready at edge of pool | Stand ready behind the blocks |
| One long whistle | Enter water, feet first | Step up on the starting block |
| Second long whistle | Return to starting blocks and be ready for start. |  |

After the whistle signals, the starter will take over with vocal commands.

**Lodging:** There are numerous hotels, motels, and restaurants along Interstate I-24 at exit 78.

Nearly all familiar chains are represented there. For additional information or

Recommendations, contact the meet director(s).

**Inclement If Middle Tennessee State University is closed due to inclement weather, the meet will be rescheduled.**

**Order of**

**Events:** We suggest that you use this area to copy, for your own reference, the seed times from

your entry form.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Event in Yards | Seed Time |  |  | Seed Time |
|  | 1. 500 Freestyle |  |  | 12. 25 yd Freestyle |  |
|  | 1. 200 Medley Relay |  |  | **15 MINUTE BREAK** |  |
|  | 1. 50 Butterfly |  |  | 13. 200 yd. Individual Medley |  |
|  | 1. 200 Backstroke |  |  | 14. 100 yd. Freestyle |  |
|  | 1. 50 Freestyle |  |  | 15. 200 yd. Breaststroke |  |
|  | 1. 100 Breaststroke |  |  | 16. 50 yd. Backstroke |  |
|  | 1. 100 Backstroke |  |  | 17. 200 yd. Butterfly |  |
|  | 1. 100 Butterfly |  |  | 18. 50 yd. Breaststroke |  |
|  | 1. 25 yd. Backstroke |  |  | 19. 200 yd. Freestyle |  |
|  | 1. 25 yd. Breaststroke |  |  | 20. 100 yd. Individual Medley |  |
|  | 1. 25 yd. Butterfly |  |  | 21. 200 yd. Freestyle Relay |  |
|  |  |  |  | 22. 1650 yd. Freestyle |  |

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**Entry Form -- Please print:**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sex\_\_\_\_\_\_ Club/Team\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

as shown on your USMS card

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_City/ST/ZIP\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Age:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Birth Date \_\_\_\_\_\_\_\_\_\_\_Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please circle best time to call: **day** **evening** **any time**

**NOTE:** Entries including a correct, **legible** e-mail address will be acknowledged by e-mail. Last-minute information and free meet resultswill also be posted by e-mail. **\*\*500 free entrants: Please flag your optional sixth event in some fashion\*\***

|  |  |  |  |
| --- | --- | --- | --- |
| **Event no.** | **Event** | **(Select a maximum of 5)** | **Seed Time** |
| 1. | 500 yd. | Freestyle (see meet info) |  |
|  |  | BREAK/WARMUP |  |
| 2. | 200 yd | Medley Relay | Deck Entered |
| 3. | 50 yd. | Butterfly |  |
| 4. | 200 yd. | Backstroke |  |
| 5. | 50 yd. | Freestyle |  |
| 6. | 100 yd. | Breaststroke |  |
| 7. | 100 yd. | Backstroke |  |
| 8. | 100 yd. | Butterfly |  |
| 9. | 25 yd. | Backstroke |  |
| 10. | 25 yd. | Breaststroke |  |
| 11. | 25 yd. | Butterfly |  |
| 12. | 25 yd. | Freestyle |  |
| **15 minutes** |  | **BREAK** |  |
| 13. | 200 yd. | Individual Medley |  |
| 14. | 100 yd. | Freestyle |  |
| 15. | 200 yd. | Breaststroke |  |
| 16. | 50 yd. | Backstroke |  |
| 17. | 200 yd. | Butterfly |  |
| 18. | 50 yd. | Breaststroke |  |
| 19. | 200 yd. | Freestyle |  |
| 20. | 100 yd. | Individual Medley |  |
| 21. | 200 yd. | Freestyle Relay | Deck Entered |
| 22. | 1650 yd. | Freestyle (See Meet Info) |  |

**1. Liability Waiver (Please read and sign)**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

**Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. Water Depth Request**

**I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ am requesting an entry depth for my start of over (5) feet.**

**\*\*IMPORTANT**: PLEASE ATTACH A COPY OF YOUR **2014 USMS MEMBERSHIP CARD**