

St Charles Super Bowl Masters Swim Meet

Norris Recreation Center - St. Charles East High School

Sunday February 2, 2014

Sanction by St Charles Masters for USMS, Inc Sanction #TBD
Hosted by St Charles East High School Girls Swim Team

TIME: Warm-up: 7:00 - 7:50am 500/400 IM Competition begins at 8:00am. Other events will begin at 9:00am.
 2013/2014 USMS rules will govern conduct of meet.

LOCATION: Norris Recreation Center @ St Charles East High School 1050 Dunham Rd, St Charles, IL 60174.
 2 blocks north of Rt 64 on Dunham Rd.

ELIGIBILITY: Must be over 18 years of age and a current USMS member. **In accordance with USMS rules, a photocopy of the registration card must be provided with your entry.** Swimmers should also have their current USMS card available at the meet.

FACILITY: 50m six lane pool divided into 2 - 25yd pools. Pool will not be measured so swims will not be eligible for Top 10. Ample parking is available; however, parking in lot directly in front of Norris Center main entrance is not allowed. Please park in side lots.

All races will be in deep end of pool except 500 free and 400 IM, which will be in both pools. Slower 500 free and 400IM heats will be in shallow end which does not have starting blocks. Timing in deep end will be automatic Daktronics system with manual watch back-up. Shallow end will only have manual watch times.

ENTRY LIMIT: 5 individual events. Swimmers cannot enter both 500 free and 400 IM. Entries will be limited to ensure the meet ends no later than 2:00 PM. There will be no deck entries.

FEES: \$15 for three or less events. \$20 for four events. \$25 for five events. Results will only be posted on the Internet. Make checks payable to: **St Charles East Girls High School Swimming & Diving.**

ENTRY: The ILSMA CONSOLIDATED ENTRY FORM MUST BE USED TO ENTER THE MEET. Go to www.ilmsa.com competition section where the consolidated entry form can be found (<http://www.ilmsa.com/files/meets/ConsolidatedEntryCard.pdf>). Send your entries including fees and a copy of your current USMS card **NO later than Monday January 20, 2014** to: **Tom McCormack, 1901 King Edward Ave., St. Charles, IL 60174.**

THERE WILL BE NO DECK ENTRIES.

SEEDING: Heats will run slowest to fastest, regardless of age or sex. All events will be pre-seeded. Heat sheets will be passed at the meet.

AWARDS: Ribbons for
 1st, 2nd & 3rd places.
 Trophies for the
 1st, 2nd & 3rd place teams.

MEET REFEREE: Tom Gradle

MEET DIRECTOR: Tom McCormack
 (630) 738-2277
 e-mail: scmstrswim@gmail.com

Events:	Event #	Women	Event #	Men
8:00 am 500 Free - Mix	1			
400 IM - Mix	2			
9:00am 100 IM	3		4	
100 Fly	5		6	
50 Breast	7		8	
100 Free	9		10	
50 Back	11		12	
100 Breast	13		14	
50 Free	15		16	
100 Back	17		18	
50 Fly	19		20	
200 Free	21		22	
200 I.M. - Mix	23			