

# Ground Hog Day Classic United States Masters Swimming Meet February 1, 2014

## Sanction #

**Meet Director:** Shawn Stringham, Granite High School, 3400 South 500 East, SLC, UT 84106

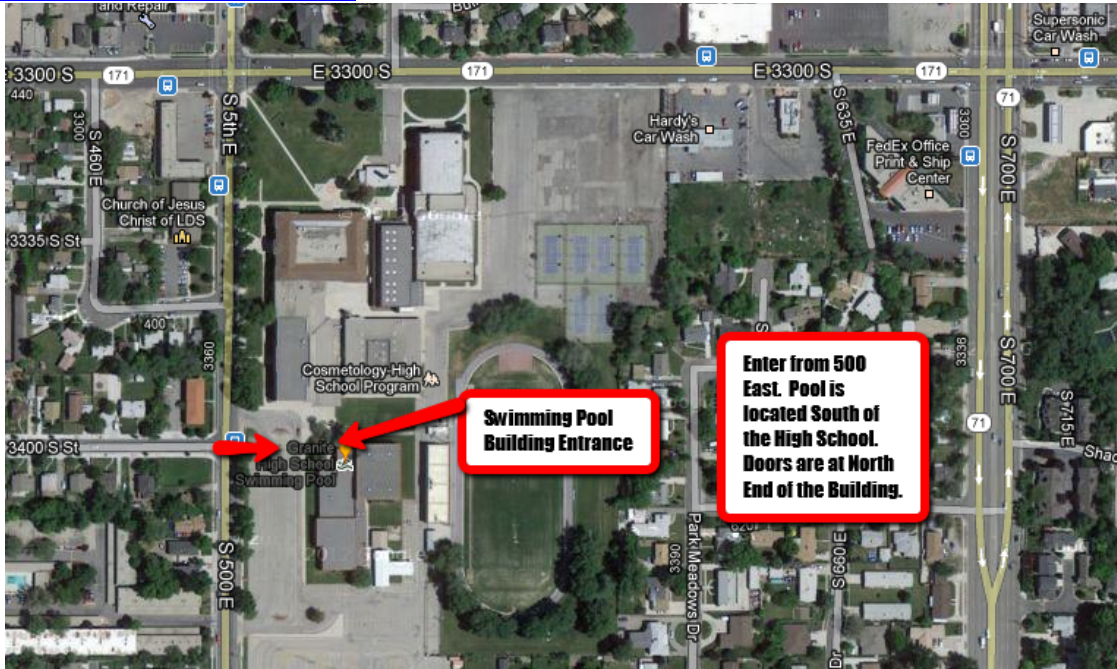
**Facility:** Granite High School, 6 Lane 25 Yard Pool. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**Location: Granite High School Pool:** Approximately 3400 South 500 East (see map for details) Enter from 500 East off 3300 South or 3900 South

**Pool Location:** The pool is located South of the High School in a separate building. The pool entrance is at the North end of that building.

**Parking:** You can park in the parking lot in any legal parking place.

**Map:** <http://screencast.com/t/aBLEoSLsV>



**Meet Conduct:** 2014 USMS Rules will govern conduct of this meet.

**Warm-up/cool down:** Warm-up in the competition pool will be held from 6:00 – 6:50 am for 400 IM and 1-Mile swimmers AND 8:00 – 8:50 am.

**Eligibility:** All swimmers must be registered with USMS (proof is required). USMS/Utah registration for 2014 will be offered on deck for \$45. Important Eligibility Rule: For short course yards the eligibility of a participant for a particular age group shall be determined as of December 31, 2014.

**Age Groups:** 18-24, 25-29, 30-34, 35-39, 40-44, etc. in 5 year increments.

**Relay Age Groups:** Short course (25) yards and meters and long course (50) meters—72-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399 ... (40-year increments as high as is necessary). The aggregate age of the four relay team members shall determine the age group.

**Events:** Five (5) events per swimmer excluding relays

**Seeding:** All events will be timed finals with heats seeded by time, slowest to fastest. Genders will swim together (mixed).

**Heats:** Heat sheets will be posted around the deck. Swimmers who miss their heats may not swim in another heat unless successfully protested to Meet Director and Referee. Swimmers without seed times may be placed in the slowest heats.

**Entries:** Entries are due by January 27, 2014. Please mail to: Jamie Hubbard, 568 Millcreek Way #2, SLC, UT 84106

**Entry Fees:** \$20.00 OAC Member; \$25.00 Non-member

**Same Day Deck Entries and fee:** Deck entries will be accepted until 7:00 am. There is an additional \$15.00 fee for deck entries. This is a late fee that must be included with the athlete's entry fee.

**Pool opens at 6:00 AM; Competition begins: 7:00 AM MST AND 9:00 AM MST.**

# ENTRY FORM: UTAH MASTERS GROUND HOG DAY CLASSIC (SCY) MEET (Sanc. )

**Saturday February 1, 2014: Pool opens 6 a.m.; meet starts at 7 a.m. (MST) for 400 IM and Mile and 9 a.m. for all other events. (5 events per swimmer excluding relays)**

+++++ 7 am start time +++++

Event # Event (Short Course Yards) Seed Time  
 1 400 y IM Min. \_\_\_\_ sec \_\_\_\_.  
 2 1650 y Freestyle Min. \_\_\_\_ sec \_\_\_\_.

+++++ 9 am start time +++++

3 100y Backstroke Min. \_\_\_\_ sec \_\_\_\_.  
 4 200y Breaststroke Min. \_\_\_\_ sec \_\_\_\_.  
 5 50y Freestyle Min. \_\_\_\_ sec \_\_\_\_.  
 6 100y IM Min. \_\_\_\_ sec \_\_\_\_.  
 7 200y Backstroke Min. \_\_\_\_ sec \_\_\_\_.  
 8 50y Butterfly Min. \_\_\_\_ sec \_\_\_\_.  
 9 200y Medley Relay Deck enter only

----- 10 minute break -----

10. 200y IM Min. \_\_\_\_ sec \_\_\_\_.  
 11. 100y Freestyle Min. \_\_\_\_ sec \_\_\_\_.  
 12. 50y Backstroke Min. \_\_\_\_ sec \_\_\_\_.  
 13. 200y Butterfly Min. \_\_\_\_ sec \_\_\_\_.  
 14. 50y Breaststroke Min. \_\_\_\_ sec \_\_\_\_.  
 15. 500y Freestyle Min. \_\_\_\_ sec \_\_\_\_.  
 16. 100y Butterfly Min. \_\_\_\_ sec \_\_\_\_.  
 17. 200y Freestyle Min. \_\_\_\_ sec \_\_\_\_.  
 18. 100y Breaststroke Min. \_\_\_\_ sec \_\_\_\_.  
 19. 200y Freestyle Relay Deck enter only

Meet Fee: (rec.d by January 29, 2014) \$ \_\_\_\_\_

OAC Member \$20.00 / Non-Member \$25.00

Late Fee for Deck Entry (rec.d after 1/29/14) \$15.00 \$ \_\_\_\_\_

Total = \$ \_\_\_\_\_

(Checks payable to Olympus Aquatics)

LName \_\_\_\_\_ FName \_\_\_\_\_ 2014-USMS # \_\_\_\_\_ (attach copy). Gender **M** or **F**

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_

Phone \_\_\_\_\_ TEAM NAME: \_\_\_\_\_ Age on December 31, 2014 \_\_\_\_\_

Email \_\_\_\_\_

*I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule book article 204.1)*

Date \_\_\_\_\_ Printed Name \_\_\_\_\_

Please Check – Did you:

\_\_\_\_ Sign the waiver? \_\_\_\_ Include check payable to Olympus Aquatics? \_\_\_\_ Include copy of USMS card?

Copy Entry Form and mail to: **Jamie Hubbard, 568 Millcreek Way #2, Salt Lake City, UT 84106**

Official Use Only. Rec.d date \_\_\_\_\_ Waiver \_\_\_\_\_ USMS Card \_\_\_\_\_ Check 1 # \_\_\_\_\_ Check # 2 \_\_\_\_\_