EMU Coldest Masters SCY Swim Meet

Jones Natatorium - Ypsilanti, MI Sunday, January 12, 2014

sanction#194-S004

This meet will be swum as Short Course yards (SCY) The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Eligibility: Only swimmers who have a current USMS 2014 registration will be allowed to compete. Registration is available online at http://www.usms.org/reg Enclose a photocopy of your USMS membership card with your entry.

Entries: Pre-entries are \$28; pre-entries should be postmarked by January 8th. Deck entries on

the morning of the meet will be \$45.

All relays will be deck entered. Swimmers may swim a maximum of 5 individual

events and 3 relays.

Warm-up will begin at 8AM, the meet will begin at 9AM. Enter the pool feet first; no diving is allowed during warm-up except in the designated "diving" lane.

Only two heats (the first 20 entries) of the the 1000 yd Freestyle will be swum. No deck entries will be accepted for the 1000 yd Freestyle.

Location: Jones Natatorium at Eastern Michigan University, which is located

in the Athletic Campus (see attached map)

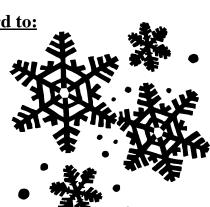
Meet Director:

Sally Guthrie (734) 913-9282 & Frank "Skip" Thompson (734) 913-9282 salgut@umich.edu FrankSkipThompso@aol.com

Mail entries and a photocopy of your USMS card to:

Sally Guthrie 3521 Windemere Dr. Ann Arbor, MI 48105-2866

MAKE CHECKS PAYABLE TO: South Oakland Seals



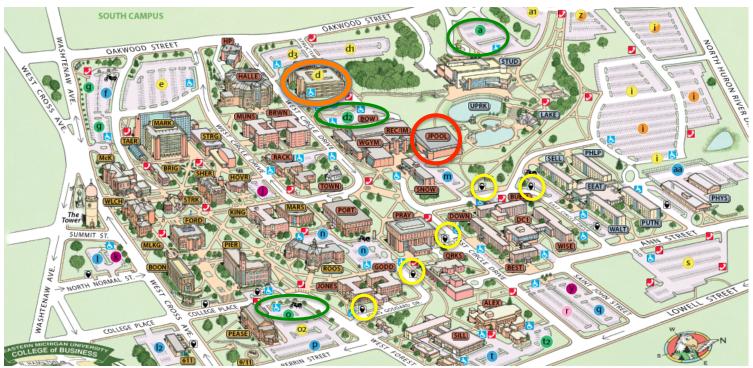
EMU Coldest Masters Meet Entry, January 12, 2014

Name:		Email:			
Street Addres	ss:				
City:		Da	Date of Birth:		
Phone#:	SEX: AGE:	USMS	S#		
EVENT#	EVENT		SEED TIME		
1	1000 yd. Freestyle				
2	50 yd. Breaststroke				
3	100 yd. Butterfly				
4	200 yd. IM				
5	50 yd. Freestyle				
6	800 yd. Relays (Freestyle	800 yd. Relays (Freestyle)			
7	200 yd. Backstroke				
8	100 yd. IM				
9	200 yd. Breaststroke				
10	100 yd. Freestyle				
11	200 yd. Butterfly	200 yd. Butterfly			
12	400 yd. Relays (Medley)	400 yd. Relays (Medley)			
13	50 yd. Backstroke				
14	100 yd. Breaststroke	100 yd. Breaststroke			
15	50 yd. Butterfly	50 yd. Butterfly			
16	200 yd. Freestyle				
17	400 yd. relays (Freestyle	e)	Will be deck entered		
18	100 yd. Backstroke				
19	400 yd. IM				
20	500 yd. Freestyle				

I, the undersigned participant, intending to be legally bound, hereby certify that I m physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACITVE OR PASSIVE, OF THE FOLLOWING:UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDIUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature			

MAP OF THE EASTERN MICHIGAN UNIVERSITY CAMPUS



The red circle indicates the location of the Natatorium

Parking – You should be able to park anywhere on Sunday for free – the green circles are visitor lots, the orange circle is the parking deck, and the yellow circles are metered parking spots

Directions to Jones Natatorium at EMU:

It is easiest to approach EMU from US 23. Take exit 37-A, Washtenaw Ave, towards Ypsilanti. Take Washtenaw Avenue up to Oakwood Street (warning – there may not be a street sign at Oakwood – but this is the first entrance to Eastern Michigan University – if you pass by the distinctive water tower on your right – you have gone too far). The entrance to the parking deck is located off the fourth drive to your right off of Oakwood. You can park in the parking deck on Saturday and Sunday. On Friday you cannot park in the Parking deck, but you may find parking at any of the "guest" lots or parking meters highlighted on the map above.

The pool is located beside and a little below the Bowen Field House – down the hill if you walk up West Circle Dr. – It is not located on a main street on campus so you will have to walk a little bit no matter where you park.