**Scope**

The objective is a safety/medical plan for conducting the August 3, 2013 Central Illinois Open Water Swim sanctioned by Illinois Masters Swimming Association, Inc., for U.S. Masters Swimming, Inc. CIOWS desires that each swimmer safely enjoy CIOWS 2013, when entering, swimming, and exiting Evergreen Lake at Comlara Park, in Hudson, Illinois.

***\**** *Revisions to this Safety Plan may be warranted and uploaded at* [*USMS.org*](http://www.usms.org) *after initial USMS/ILMSA Online Sanction Chair approval. Revisions may include subject matter expertise, recommended governing guidance, changing Event conditions, & safety value-add improvements.*

**Hosts**

Event Host: [Central Illinois Masters Swim Team, Inc.](http://www.cimst.org)

Host Facility: [McLean County Department of Parks & Recreation (Illinois)](http://www.mcleancountyil.gov/index.aspx?nid=92)

**Venue:** [**Evergreen Lake**](http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=Evergreen+Lake,+Comlara+Park,+13001+Recreation+Area+Drive,+Hudson,+IL+61748&aq=&sll=40.642761,-89.03007&sspn=0.008369,0.015793&ie=UTF8&hq=Evergreen+Lake,+Comlara+Park,&hnear=13001+Recreation+Area)

Comlara Park, 13001 Recreation Area Drive, Hudson, IL 61748

**Event Officials**

Director Colleen Klein 309.829.8964

Referee Lyn Landon 309.827.6960

Clerk of Course Erik VanEtten 309.824.0398

Aquatics Safety Coordinator Stephe McCormick  314.862.2877

Medical Officer & Fire Chief Dan Hite 309.824.2226

Dive Master Jeff Thomas 309.319.1556

Command Post Andy Stubblefield 309.275.7575

Host Venue Director Mike Steffa 309.242.5806

Results Eric Arndt 309.838.9468

Announcer Bruce Rea

**Websites**

Event Host: [www.CIOWS.org](http://www.CIOWS.org)

Online Registration: [www.ClubAssistant.com/CIOWS](http://www.ClubAssistant.com/CIOWS)

**Hospitals**

1.[St. Joseph Medical Hospital](http://www.osfstjoseph.org/) *(Distance from Venue: 17.1-Miles)*

 2200 E. Washington Street

 Bloomington, Illinois 61701-4323

 309.662.3311

 [Map & Directions](http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=203310257120210112411.0004a19b29a85e9bee906&ll=40.666056,-88.992691&spn=0.280729,0.505371&t=h&z=11&iwloc=0004a19b29aed88ed77fa)

2. [Advocate BroMenn Medical Center](http://www.advocatehealth.com/bromenn/) *(Distance from Venue: 13.8-Miles)*

 1304 Franklin Avenue

 Normal, Illinois 61761

 309.454.1400

 [Map & Directions](http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=203310257120210112411.0004a19b0d776293495e5&ll=40.665015,-89.011917&spn=0.280733,0.505371&t=h&z=11&iwloc=0004a19b0d79a1e457845)

**Swim Course Description &** [**Map**](http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=203310257120210112411.00049f55fb159bf25d885&ll=40.634099,-89.030092&spn=0.009168,0.018089&t=h&z=16)

***Description:*** The courses consist of orange Turn and red Guide Buoy Marks, lifeguards, rowboats, rescue boards, kayaks, Officials, and other safety and responder resources. Access of non-Event watercraft and personnel to the CIOWS swim course area will be “closed” and patrolled to non-Event watercraft traffic.

CIOWS consists of an in-water start in Evergreen Lake and swimming 1.2-Mile (~2.0-Kilometers) counter-clockwise rectangular loop(s) around 8-Foot orange tetrahedron Turn Buoy Marks. The 1st & 3rd rectangle swim lengths are ~0.55-Mile (~885-meters) and the 2nd & 4th rectangle swim widths are ~0.055-Mile (~89-meters). The straight-aways are marked by 24-Inch diameter red Guide Buoy marks. All buoy marks will be separated by less than approximately 150- to 200-meters. The swimmers will exit the water through an in-water and land finish chute that consists of a clock-wise (right) turn around a 5-Foot fluorescent green buoy, an in-water finish lane chute, and a brief run on beach sand through the finish line chute. The swim course is subject to change if event day conditions warrant.

[***Map***](http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=203310257120210112411.00049f55fb159bf25d885&ll=40.634099,-89.030092&spn=0.009168,0.018089&t=h&z=16)***:***See Google Map course hyperlink, below:

<http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=203310257120210112411.00049f55fb159bf25d885&ll=40.634099,-89.030092&spn=0.009168,0.018089&t=h&z=16>

**Rules and Regulations**

The conduct of CIOWS 2013 is governed by the applicable rules and regulations of US Masters Swimming as outlined in the 2013 USMS Rule Book.

**Safety Resources (Monitoring, Watercraft, Rescue, & Equipment)**

*(Also, see* ***Swim Course Description &*** [***Map***](http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=203310257120210112411.00049f55fb159bf25d885&ll=40.634099,-89.030092&spn=0.009168,0.018089&t=h&z=16)*)*

1. Lifeguards

a. A minimum of 15 certified lifeguards with training that meets the American Red Cross lifeguarding program (or equivalent) will be stationed to monitor the swim course & warm-up area, and at start/finish beach area. All lifeguards will be equipped with rescue tubes and whistles, and assigned to either a rescue board, rowboat, kayak, or motorized watercraft. The CIOWS 2013 Aquatics Safety Coordinator will assign all lifeguards to their positions.

b. In addition, there will be a minimum of three aquatics supervisors with at least certification as American Red Cross trained waterfront lifeguards( or equivalent). Each Aquatics supervisor will be assigned to a swim course zone in either a kayak or other watercraft, and will oversee the lifeguards and swimmers in their zone area, as determined by the Aquatics Safety Coordinator.

2. A minimum of six rescue boards with lifeguards on board. ( we may need to substitute some kayaks rescue boards depending on availability from other facilities).

3. A minimum of nine anchored rowboats, with one each stationed external to the swim course path of safety, at each of the four orange tetrahedron turn buoys, and at least six stationed on the interior of the swim course. The rowboats stationed at the turn buoys will have at least one referee-assigned official and at least one lifeguard. Each rowboat will be equipped with lifejacket, whistle, FRS radio, and a second lightweight floatation device.

4. A minimum of 15 monitors in kayaks will be on the outside of the swim course and will serve as guides and spotters. Kayakers will be equipped with life jacket, whistle, and FRS radio.

5. A motorized boat operated by McLean County Parks and Recreation will patrol Evergreen Lake outside of the swim course. This boat will be equipped with two lifeguards, rescue tube, first aid kit, blanket, mask, snorkel, fins, portable FRS radio, voice gun, binoculars, and marker buoy. **This boat will be exempt from new USMS propeller guard regulations because it is owned/operated by a government agency.**

6. In addition, Hudson Fire Department Dive Team members will be stationed on Evergreen Lake in two motorized boats outside of the swim course. At a minimum, rescue tube, first aid kit, blanket, mask, snorkel, fins, portable FRS radio, voice gun, binoculars, and marker buoy will be included on these boats. **These boats are exempt from new USMS propeller guard regulations because they are owned and operated by a fire department.**

 A primary objective of the motorized watercraft is to provide rescue response to swimmers and to quickly and safely rescue any injured or distressed swimmer to medical attention.

7. A motorized boat operated by the McLean County Sheriff's Department will be assigned to patrol Evergreen Lake west of the start/finish and warm-up areas to restrict non-event watercraft and personnel access to the “closed” CIOWS swim course. **This boat will be exempt from new USMS propeller guard regulations because it is owned/operated by a police department.**

**A summary of all motorized watercraft used for this event is included in the table below.**

|  |  |
| --- | --- |
| **Boat Operated By** | **Reason for Exemption** |
| McLean County Sheriffs Dept.  | Owned/Operated by Police Department  |
| McLean County Parks  | Owned/Operated by Government Agency  |
| Hudson Fire Dept. Dive Team  | Owned/Operated by Fire Department  |
| Hudson Fire. Dept. Dive Team  | Owned/Operated by Fire Department  |

8. **At all times**, one fully equipped Basic Life Support (BLS) ambulance from Hudson Fire Department staffed with at least two Emergency Medical Technicians (EMTs) will be stationed at start/finish area.

9. Hudson Fire Department will also provide a First Aid Tent staffed with two EMTs.

10. At least 20 portable FRS radios will be utilized for event communication on the water.

11. An Incident Command Post will be supplied by the McLean County Emergency Management Agency to monitor weather radar conditions and provide centralized safety communications.

12. An announcer with a sound system that is sufficiently audible to the Northeast boat launch ramp, start/finish, and warm-up areas will be provided.

**Accounting of Swimmers**

1. Each registrant is required to undergo “positive check-in” at CIOWS Event registration upon first entering the host facility.

2. Each registrant who undergoes positive registration check-in receives:

a. Registrant-specific Event identification (ID) Number

b. Brightly-colored Swim cap with Event ID Number marked on opposite sides of swim cap

c. ID Number clearly marked on upper arms, leg(s) and upper back shoulder (below the neckline), and/or face, hands and feet, if wearing Category II swimwear (e.g., wetsuit)

d. Timing chip with registrant-specific ID Number

3. Each swimmer going into and out of the Evergreen Lake will only be allowed to enter and exit the water via a pre-staged one-way entry and exit point, whether for warm-up or competition.

4. Monitors will be staged at the one-way Evergreen Lake water entry and exit point to help ensure:

a. Each swimmer entering the lake water is wearing the assigned swim cap (as the outer-most swim cap) with Event ID numbers, Body-Mark with Event ID numbers, and timing chip with Event ID number.

c. Each swimmer entering or exiting the Evergreen Lake water is accounted for:

* Automatically, via timing chip
* Manually, via an Accounting of Swimmers cross-identification list, which includes the swimmer’s name, assigned Event ID Number, Event Day Emergency Contact Name, and Event Day Emergency Contact’s Phone Number
* Via observation of monitors on the water

**Safety Communications Plan**

1. All registered swimmers are required to attend a pre-event safety briefing held at the start/finish area.

2. All CIOWS event personnel and volunteers are required to attend a briefing before performing assigned tasks. Evacuation procedures, recognition, prevention, rescue and search procedures will be reviewed. This includes directors, coordinators, lifeguards, kayakers, officials, emergency rescue personnel, and/or other safety monitors, etc.

3. The McLean County Emergency Management Agency will serve as the onsite centralized Incident Command Post for all radio communications and coordination (from land to in-water, land-to-land, & in-water to land). The Incident Command Post will be located near the swim start/finish area. FRS two-way radios will be a main method of communications among the Referee, Aquatics Safety Coordinator, and Lifeguards and other in-water and on-land safety monitors, and emergency treatment and rescue resources. The Incident Command Post may enhance offsite communications with use of MABAS on VHF and GMRS/FRS radios. Request(s) for off-site public safety resources (e.g., fire, EMS, law enforcement, etc.) will be conducted through the Incident Command Post. This ensures individual entities are not directly requesting those resources.

4. At least twenty portable FRS radios will be pre-assigned by the Emergency Management Agency Incident Command Post to key CIOWS event personnel and in-water safety monitors, officials, and rescue personnel, as needed.

5. A decision on whether to continue with the CIOWS event (as scheduled or modified) will be made at 30-minutes before the scheduled CIOWS event start time, and announced to the Event participants. This decision will be made in consultation with the Referee, Safety Coordinator, Event Director, Host Facility Director, and emergency safety personnel, and the Incident Command Post.

 As described in the “Event Cancelation and Evacuation Plan”, the Event Referee, Aquatics Safety Coordinator, Medical Director, Fire Chief, Event Director, and Host Facility/Venue Director have the independent authority to delay, evacuate, and/or cancel the Event.

6. Communication of an emergency to all members of the CIOWS Event safety team is done via **radio call for help,** and/or system of **whistles and hand signals** (e.g., waving of the arms with the lifeguard rescue tube overhead).

7. If the Event is cancelled due to safety considerations while the swimmers are in-water, an air horn will sound with **three long blasts** to alert swimmers that the swim is immediately stopped, and allow swimmer evacuation on the shortest safety-monitored swim path to land.

**Event Cancelation and Evacuation Plans**

1. **Event Cancelation Plan**

 The Event Referee, Aquatics Safety Coordinator, Fire Chief, Medical Officer, Host Facility/Venue Director, and Event Director have the independent authority to delay, evacuate, and/or cancel the CIOWS 2013 Event, if he/she considers and determines that unsafe CIOWS Event conditions exist, or are imminent, that preclude the start or continuation of the event.

Conditions considered include, but are not restricted to, the following when attempting to protect swimmers and minimize the safety risk:

* Evergreen Lake water conditions (e.g., water temperature, quality, currents, etc.)
* Weather conditions
* Sufficient availability of adequate in-water and on-land safety resources (e.g., personnel, waterfront lifeguards, equipment, ambulance, emergency response, etc.) to adequately monitor and respond to swimmer safety risks
* Significant uncorrected swim course design or operational setup flaw(s)
* Inadequate accounting of swimmers (e.g., in-water entry and exit)
* Inadequate communications between in-water and on-land safety monitors and responders
* Significant, aggregate infractions of U.S. Masters Swimming rules and regulations, which unsatisfactorily increase the risk of not protecting the safety of the swimmers

2. **Swim Course Evacuation Plan**

a. **If CIOWS event is interrupted or canceled** due to safety considerations while swimmers are in-water, an air horn will sound with **three long blasts** to alert and instruct swimmers that the swim is immediately stopped, and allow for orderly evacuation along the shortest swim route or path of safety to shore. Kayakers and emergency powerboats may assist in the evacuation.

b. Air horns, whistles, bullhorns and/or physical contact may be used to assist with alerting swimmers of evacuation order. Swimmers will not be allowed to re-enter Evergreen Lake once a swim course evacuation order is established, unless and until sufficient time has elapsed, or delay has occurred, that renders safe continuation of the Event.

c. **Medical or Emergency Evacuation (Rescue from the Water)**

(1) Swimmers will be notified to signal that they need assistance by waving one arm/hand over their head, and a kayaker or lifeguard on a rescue board will typically make initial contact and attend to the swimmer to determine the swimmer’s need.

(2) If any swimmer decides that they are unable to complete the swim, they will be evacuated from the water to land.

(3) At the discretion of the safety monitor personnel, a swimmer that requests assistance will be either allowed to continue the swim event or be evacuated from the swim course aboard a rescue boat (nearest the swimmer) for return to land.

(4) If the swimmer needs or requires immediate or emergency assistance, the kayaker and/or lifeguard notifies (via FRS radio, and/or whistle, and/or rescue tube/noodles extended above the head) for the nearest available motorized safety rescue boat watercraft of the need for swimmer care.

* While maintaining visual contact with swimmer (victim) and/or victim’s last location.
* While paddling or escorting the swimmer outside of the path of the other swimmers.
* The lifeguard(s) transfer the swimmer to the lifeguards or emergency responders in the motorized rescue boat.

(5) The watercraft lifeguards and emergency responders continue care and notify (via FRS radio) the Incident Command Post of the swimmer status (in-water, out-of-water, condition).

(6) If the swimmer requires First-Aid treatment, this should be applied before moving them to land, if safely possible.

(7) The Hudson Fire Chief will act as the emergency/medical Incident Commander and request additional resources as necessary. This may include the BLS ambulance, EMTs, First Aid, and, if necessary, may also include an ALS ambulance, air ambulance, and/or any other emergent assistance depending on current or anticipated venue and swimmer(s) conditions.

(8) Uninvolved lifeguards will continue their visual safety surveillance of the remaining swimmers and the involved lifeguards will be released as soon as possible so that they can continue lifeguarding the event.

d. In event of swimmer recall, rescue, or removal from Evergreen Lake, manual accounting of swimmers will take place at the start/finish area and/or the Northeast boat launch ramp. Incident Command Post will lead with centralized communications coordination.

e. **In event of tornadic or extreme high wind weather conditions,** the Comlara Park Glasener Beach House serves as a shelter.

3. **Other Safety and Emergency Protocol**

a. Any member of the safety monitor and emergency response team can initiate an emergency.

b. An emergency is indicated when any beach/land or in-water safety personnel observe or witness a participant/swimmer struggle without lifeguard response, submerge, or have sudden illness (severe pain or loss of consciousness), or a lifeguard or kayaker FRS radios or signals for help.

c. In addition, kayakers, paddlers and powerboat drivers should be observant for or aware of:

1. Tired and possibly distressed swimmers, who may or may not wave their arms/hands above their head and call for help.

2. Inclement, dangerous, or deteriorating weather or water conditions.

3. Keeping watercraft, paddles, oars, etc., and their “wake” clear of the swimmers in the swim course path of safety.

4. Not overloading the watercraft’s capacity

5. Wind and/or motorized watercraft engine noises might make verbal commands or questions hard to hear.

6. A moving powerboat is not likely to be heard by a swimmer. Watercraft should maneuver in close cautiously, stop, and speak audibly and clearly.

7. Swimmers are responsible for safe keeping of their personal property while they are on, and after leaving, the Host Facility/Venue property.

8. At the in-water start, faster swimmers should position closer to the starting line with slower swimmers assuming a less risky position further back in the pack, while at the same time maintaining sufficient space from other swimmers to help avoid unnecessary physical contact at the start of the competition.

**Food & Ice**

Water, Gatorade and assorted food (fruit, bagels, cookies) will be available under the main registration tent at no cost to athletes and volunteers. Bags of ice will be available from the Bait Shop ice cooler, located next to the registration tent.

[**Lake Evergreen**](http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=Evergreen+Lake,+Comlara+Park,+13001+Recreation+Area+Drive,+Hudson,+IL+61748&aq=&sll=40.642761,-89.03007&sspn=0.008369,0.015793&ie=UTF8&hq=Evergreen+Lake,+Comlara+Park,&hnear=13001+Recreation+Area)*(Comlara County Park, 13001 Recreation Area Drive, Hudson, Illinois 61748)*

Evergreen Lake is a man-made fresh water lake that serves as a secondary feed water reservoir to Lake Bloomington, which is located 4 miles East of the Event venue. Aside from storm run-off, Evergreen Lake receives makeup water from the Mackinaw River. Lake Bloomington is a source water supply for the City of Bloomington, Illinois, after processing through the Lake Bloomington Makeup Water Treatment Plant.

Lake Surface Area: 835-Acres**\***

Lake Depth (maximum; mean): 48-Feet**\***; 15.6-Feet**\***

Lake Shoreline Miles: 22.5-Miles**\***

Swim Course Lake Depth Range: 16-Feet to 10-Feet to 14-Feet to 16-Feet to out-of-water exit finish**\***

**\*** Estimate based on 87,032 data points collected (October 2007), GPS mapping grade (sub-foot accuracy), & adjusted to *full pool level* *[Source: Herman Brothers Pond Management, Evergreen Lake, McLean County, IL (Lake Mapping, 2007)]*

**Evergreen Lake Monitoring Parameters**

1. Evergreen Lake Water Surface Temperature

a. The Evergreen Lake water temperature will be periodically monitored before Event day and on Event day. The official lake water surface temperature will be measured at an approximate depth of 6-inches below the top surface of the lake and at the mid-point(s) of each swim course, and at the start/finish and warm-up shore areas. A submersible digital and analog temperature instrument will be used to collect the temperature data.

* Additional temperature sample points and depth measurements may be collected for informational purposes and/or at the discretion of the Event Director or other safety official(s).
* For example, for data comparison information purposes only, temperature measurements may be taken at lake water depths of twelve (12)-inches and eighteen (18)-inches below the top surface of the lake water.

b. If the official Evergreen Lake water temperature is greater than 78-Degrees Fahrenheit, then Event registrants shall not be allowed to wear wetsuits and/or heat-retaining swimwear in Lake Evergreen in connection with the CIOWS event. Temperature measurement results will be periodically posted to [www.CIOWS.org](http://www.CIOWS.org)

2. Air Temperature, Humidity, Wind, Lake Water Level, & Other

a. During the time of collecting lake water surface temperatures, data will also be collected for estimated venue air temperature, humidity, wind speed and direction, and lake water level (compared to “full pool” level).

b. Temperature measurement results will be periodically posted to [www.CIOWS.org](http://www.CIOWS.org)

3. Evergreen Lake Water Quality

a. At least two lake water samples will be obtained:

* During three (3)- to five (5)-days before Event day
* Within One (1)-hour of Event start, or during CIOWS Event

b. Each sample will be collected from reasonably estimated midpoint(s) of the swim courses

c. Each collected sample will be hand-delivered to a qualified laboratory within four hours of collection for sample analyses of Fecal Colform and E-Coli bacteria. Official written results of the sample analyses shall be reported to the Event Director and the Host Facility/Venue Director of McLean County Department of Parks and Recreation.

e. Additional Evergreen Lake water samples may be collected and analyzed for additional or separate water quality parameters, if warranted by the results of any Fecal Coliform and/or E-Coli sample analyses.

**Event-Registered Swimmer Responsibilities**

1. Participants make the attending medical safety personnel aware of any medications (including inhalers) that may be necessary in case of a personal emergency.

2. Participants must follow the instructions from Event Directors, Referees and Officials, Safety Coordinator, safety monitors, medical and emergency rescue personnel, and other Event support personnel.

3. Participants should make event personnel aware of any dangerous conditions or behavior of others, and alert the nearest kayaker or lifeguard, if you notice any swimmer experiencing difficulty.

4. **Guide for USMS Member Insurance Incident Reporting**

 Swimmers should report accidents and serious incidents as soon as practical after the incident (e.g., within 24-hours). A USMS insurance incident report form will be made available. This report is for insurance and recordkeeping purposes, and requests the following types of information:

a. A detailed summary of the incident, including date, time, names and numbers of the swimmers; and light, wind and visibility conditions.

b. A statement by those involved and any witnesses, whether in watercraft, swimming, or on land.

c. The signature of the individual making the incident report.

d. If an incident requires medical or First Aid treatment, a description of the treatment and name of the individual providing the treatment should be recorded on the incident report form.

**CIOWS 2013 Event Timeline**

**August 1-2, 2013 (Thursday & Friday)**

**08:00 A.M. – 17:00 P.M.** Complete Registration Tent Set-up

 Stage & Set-up In-Water Swim Course & Buoys

**August 3, 2013 (Saturday)**

**CIOWS Event Mobilization & Readiness**

06:00 A.M. – 07:00 A.M. Staff, Officials, Volunteers, Boats, Arrive & Set-up

07:00 A.M. Hudson Dive Team & BLS Ambulances & Rescue Squads (Arrive & Set-Up)

 First Aid Station Staff & Supplies (Arrive & Setup)

 Timer, Scorer, & Results Provider (Setup)

 EMA Incident Command Post (Setup)

07:30 A.M. – 07:45 A.M. Leadership Brief: EMA Incident Command Post & CIOWS Event Leaders

 Hand-out Radios

07:50 A.M. Officials Meeting

07:50 A.M. – 08:15 A.M. Lifeguards Brief

08:15 A.M. – 08:35 A.M. Lifeguards ferry & Officials to Lake course warm-up & competition rowboat positions

 Kayakers Brief

 Emergency response resources & personnel assemble to positions

 **ALL** Volunteers arrived & onsite

08:30 A.M. Kayakers kayak to staged positions

**U.S. Masters Swimming Open Water Sanctioned Event**

07:00 A.M. Open Registration Positive Check-In (1.2-Miles & 2.4-Miles; U.S. Masters Swimming)

08:00 A.M. Warm-up Open [Designated: 1-way IN & OUT of Lake]

08:30 A.M. Close Registration Positive Check-In (1.2-Miles & 2.4-Miles)

 Warm-up Closed [Designated: 1-way IN & OUT of Lake]

 30-Minutes to Start of Competitions (satisfactory weather prerequisite)

08:35 A.M. – 08:45 A.M. Mandatory Pre-Race Course Brief (1.2- & 2.4-Miles)

08:45 A.M. – 08:48 A.M. National Anthem

08:48 A.M. – 08:59 A.M. Assemble Wave 1 to In-Water Start

**09:00 A.M. Start Wave 1: 2.4-Miles [In-Water Start]**

09:00 A.M. – 09:09 A.M. Assemble Wave 2 to In-Water Start

**09:10 A.M. Start Wave 2: 1.2-Miles [In-Water Start]**

11:15 A.M. (ETA) Awards & Recognition [U.S. Masters Swimming]

**CIOWS Event Demobilization**

11:20 P.M. – 1:00 P.M. Cleanup & Leave Comlara Park

1:00 P.M. Boat Launch Re-Opens to Public