

1st Annual Munster Masters Summer Splash

Sunday, June 23, 2013

Hosted by Munster Swim Club

Recognized by GRIN for USMS, Inc. #163-R004

Location: Munster HS Aquatic Center
8808 Columbia Ave.
Munster, IN 46321

Facility: 10 Lane, 50 Meter competition pool. 1 lane will be reserved for warm-up/cool down.
Deck seating for competitors; Elevated spectator seating

Meet Conduct: Current USMS rules will govern the conduct of the meet

Eligibility: The meet is open to anyone 18 and older. Swimmers do not have to be a member of USMS to swim the event.

Age Groups: 18-24; 25-29, 30-34, 35-39, 40-44,

Entry Fee: \$15.00 fee for all mail entries received by June 20, 2013
\$20.00 fee for all deck entries
Entry fee covers ALL entries (NO MORE THAN 5 INDIVIDUAL EVENTS) and one relay

Mail Entry forms and \$15.00 check
to: "Munster Swim Club"

Matt Lee - MMA
Head Coach
Munster Masters Association / Munster Swim Club
8515 Manor Ave.
Apt A
Munster, IN 46321

Event Seeding: All events shall be seeded according to the pre-entered seed time of each swimmer, regardless of age or gender. In the event of multiple heats, slower heats shall be swum first. All no-time (NT) entries shall be placed in the slower heats. All swimmers are responsible for reporting to the blocks at the appropriate time for their events. Heat and lane assignments for all events shall be posted on deck before the start of the competition.

Hospitality: There **WILL BE** Athlete Hospitality at this meet

Order of**Events:**

Deck Entry: 9:00am (Central Daylight Savings - CHICAGO)

Warm up: 9:30am (CDS)

Heat Sheets: 10:00am

Meet Start: 10:15am

Events:

1 400 I.M.

10 100 Freestyle

2 50 Breaststroke

11 50 Backstroke

3 100 Butterfly

12 200 Butterfly

4 200 Backstroke

13 100 Backstroke

5 200 I.M

14 50 Butterfly

6 50 Freestyle

15 200 Freestyle

7 400 Freestyle

16 100 Breaststroke

8 No event

17 200 Free Relay

9 200 Breaststroke

18 1500 (mile) Freestyle

Warm ups: Entry into the pool must be feet first in a cautious manner. Diving shall be permitted only in the designated sprint lanes during the meet warm-up. Instructions given by the meet official must be obeyed at all times

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Name: _____ Gender: _____ Age: _____ DOB: _____

Address: _____

Phone: _____ email: _____

USMS # _____ Team: _____

Circle the events you wish to swim and provide a seed time (write “NT” for no seed time) You may compete in up to 5 events. All relays shall be deck entered/seeded and swam together.

- | | | | |
|---------|------------------|----------|--------------------------|
| 1 _____ | 400 IM | 10 _____ | 100 Freestyle |
| 2 _____ | 50 Breaststroke | 11 _____ | 50 Backstroke |
| 3 _____ | 100 Butterfly | 12 _____ | 200 Butterfly |
| 4 _____ | 200 Backstroke | 13 _____ | 100 Backstroke |
| 5 _____ | 200 IM | 14 _____ | 50 Butterfly |
| 6 _____ | 50 Freestyle | 15 _____ | 200 Freestyle |
| 7 _____ | 400 Freestyle | 16 _____ | 100 Breaststroke |
| 8 _____ | No event | 17 _____ | 200 Free Relay |
| 9 _____ | 200 Breaststroke | 18 _____ | 1500 (mile)
freestyle |

Mail entry form and \$15.00 check by JUNE 20, 2013

Made out to “Munster Swim Club”

c/o Matt Lee - MMA
8515 Manor Ave apt. A
Munster, IN 46321

\$20.00 entry fee for all deck entries on the day of the meet

Make all checks payable to: “Munster Swim Club”

For more information, contact Matt Lee –matthewalee@comcast.net 219-902-6734

RELEASE FROM LIABILITY:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)

Signature: _____

Date: _____

