



Rose Bowl Masters Presents: A one day clinic featuring

Robert Strand

World Record holding, International Hall of Fame inductee, 2012 World Master Swimmer of the Year and fellow Rose Bowl Master Swimmer will be presenting

Race Day Preparation

A 1.5 hour clinic to help you prepare as a swimmer, triathlete, open water swimmer or any form of competition, for the Peak Performance of your life?



Chad Durieux

2011 USMS Coach of the Year, 2012 and 2010 SPMS Coach of the Year.

Freestyle Technical Clinic

We will be offering a 1.5 hour clinic on Freestyle technique. How to effectively and efficiently improve your Freestyle. Then a 1.5 hour pool session.

Who: All Athletes, Coaches and Swimmers

**When: Saturday June 22nd 2013
8am - 1pm**

**Where: Rose Bowl Aquatics Center
360 N Arroyo Blvd.
Pasadena, CA**

Registration: \$30 with Club Assistant:

<https://www.clubassistant.com/club/clinics/reserve.cfm?c=1459&cid=57479>

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Event Sponsored by:

