City of Santa Clarita 2013 SPMS SCY Regional Championship Meet Friday, April 26 - Sunday, April 28, 2013

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction Number: 333-S0010

Facility: Santa Clarita Aquatic Center, 20850 Centre Pointe Pkwy., Santa Clarita, CA 91350

Directions: *From the north*, take I-5 to the Valencia Blvd exit in Valencia. Go east several miles (Valencia Blvd turns into Soledad Canyon Rd) to Ruether Ave. Turn right and cross over railroad tracks. Turn right at Centre Pointe Pkwy. Turn left into driveway for Aquatic Center. *From the south*, take I-5 to Hwy. 14 north. Exit at Golden Valley Rd. Turn left onto Golden Valley Rd. Turn right on Centre Point Pkwy. Make a right into the driveway for the Aquatic Center. Parking is available in

both upper and lower parking lots.

Rules: USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form.

Warm-up: USMS warm-up policies will be enforced by USA Swimming Officials. There will be **NO DIVING** into the pools during the times except into the designated sprint lane(s). Warm-up rules will be announced and posted. Warm-up in the competition pool will be available for one hour prior to the start of each session.

Entries: Flat fee of \$45.00 if postmarked on or before Monday, April 2nd. Add a \$10.00 late fee for all entries postmarked (or entered on-line) after Friday, April 12th. All entries must be received by 6:00 p.m. on Friday, April 19th. Entries received after April 12th may not appear in the meet program. No individual deck entries will be allowed. Age on April 26th determines age group for the meet. You must be at least 18 to compete. Swimmers are limited to entering a total of 7 individual events for the entire meet and no more than 5 individual events per day. There will be no refund of entry fees after April 9th.

Relays: All relays will be deck entered. Relay only swimmers may enter for a \$10.00 fee and must sign a consolidated entry card. Relay entries are \$12.00 per relay, and there is no limit on the number of relays a swimmer may swim, but swimmers may swim only one relay (men, women, or mixed) per event. Relay only swimmers must enter the meet prior to the first event.

Seeding: All events will be seeded and swum slowest to fastest. Men and women will be seeded together for the 500, 1000, and 1650 yd. Freestyle and also the 400 yd. Individual Medley, based on entry time. Men and women will swim separately for all other individual events. Scoring will be by gender and age group. The 1650 yd. Freestyle may be limited to the first 60 entries at the discretion of the meet director.

Swimmers may enter both the 1000 and 1650 yd. Freestyle.

Timing: Electronic timing will be used and two timers per lane will be provided. Clubs are requested to assist with timing when possible.

Check-in: Positive check-in is required for all events. Check-in closes at 12;30 p.m. on Friday for the 1650 yd. Free, 8:30 a.m. on Saturday for the 500 yd. Freestyle, and 8:30 a.m. on Sunday for the 1000 yd. Freestyle. Check-in for all other events will close one hour prior to the anticipated start of the event.

Awards: Individual: SPMS Medals for places 1 to 3, and SPMS Ribbons for places 4 to 6 for each age group and gender. Relays: SPMS medals for 1st place, SPMS Ribbons for 2nd and 3rd places. There will be special awards for high point male and female swimmer in each age group, based on points from individual events. Awards to the top eight teams, based on combined scoring for men and women, individual events plus relays.

Checks payable to: City of Santa Clarita

Mail consolidated entry card, a copy of your 2013 USMS card, and check to: Alina DeArmas, P.O. Box 63, Simi Valley, CA 93062. Send a SASE or stamped postcard for a return receipt. To register online, go to www.spma.net and click on 2013 SPMS SCY Championships.

Questions Meet Director, Lance O'Keefe, (661) 250-3767, lokeefe@santa-clarita.com.

Snack Bar: A complete hot and cold snack bar will be available.

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Friday, April 26, 2013
Warm-up at 12:00 p.m.
Meet starts at 1:00 p.m.
Check-in for the 1650 yd. Freestyle closes at 12:30 p.m.

Events

(Women/Men)

- 1. 1650 yd. Freestyle (Women & Men combined)
- 2. 400 yd. IM. (Women & Men combined)
- 3. 400 yd. Medley Relay (Women, Men, Mixed)

Saturday, April 27, 2013
Warm-up at 7:30 a.m.
Meet starts at 9:00 a.m.
Check-in for the 500 yd. Freestyle closes at 8:30a.m.

Events

(Women/Men)

4. 500 yd. Freestyle (Women & Men combined)

5/6. 200 yd. Freestyle

7/8. 50 yd. Backstroke

9. 200 yd. Medley Relay (Women, Men, Mixed)

10/11. 200 yd. Breaststroke

12/13. 100 yd. Butterfly

14/15. 100 yd. I.M.

16. 400 yd. Freestyle Relay (Women, Men, Mixed)

17/18. 200 vd. Backstroke

19/20. 50 yd. Butterfly

Sunday, April 28, 2013 Warm-up at 7:30 a.m. Meet starts at 9:00 a.m.

Check-in for the 1000 yd. Freestyle closes at 8:30am.

(Women/Men)

21. 1000 yd. Freestyle - Women & Men combined

22/23. 100 yd. Backstroke

24/25. 100 yd. Freestyle

26/27. 50 yd. Breaststroke

28. 800 yd. Freestyle Relay (Women, Men, Mixed)

29/30. 200 yd. Butterfly

31. 200 yd. Freestyle Relay (Women, Men, Mixed)

32/33. 200 yd. I.M.

34/35. 50 yd. Freestyle

36/37. 100 yd. Breaststroke

Relays: A swimmer may swim only one relay in each of events 3, 9, 16, 28, and 31.