GREATER INDIANA MASTERS *(GRIN)*

2013 SHORT COURSE STATE CHAMPIONSHIP

Saturday and Sunday March 23 & 24, 2013; Sanction# 163-S??

**Hosted by Washington Township Swim Club**

|  |  |
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| **LOCATION:** | North Central High School, 1801 E. 86th St., Indianapolis, Indiana 46240 (located just south of 465 between Keystone and Meridian). Directions, hotel and dining information are at end of page two.  |
| **FACILITY:** | The Washington Township Aquatic Complex is an indoor 50 meter pool. The pool configuration for the GRIN State meet may be 2 Ten (10) lane 25 yard courses using the second pool only for the long distance events (1650 and 1000) depending on the number of entries for those two events. Swimmers will be notified before the meet if 2 pools will be used. The second pool will be available for warm-up throughout the meet. Seating for 250 swimmers and 1000 spectators; Daktronics Electronic Timing System with 10-lane Daktronics State of-the-art Display Board; Hytek Meet Manager Software will be used for the meet. |
| **MEET CONDUCT:** | Current USMS rules will govern the conduct of the meet. |
| **ELIGIBILITY:** | All entrants must be registered with United States Masters Swimming, Inc. Each swimmer is eligible to swim a maximum of four individual events per day (total of 8 for both days), excluding relays. |
| **AGE GROUPS:** | 18-24, 25-29, 30-34, 35-39, 40-44, etc. |
| **ENTRY FEES:** | As an added benefit to being a member of USMS and Indiana, your meet entry is FREE if registering online.For swimmers not a member of GRIN LMSC, meet fees are: **$**30.00 Online; $40.00 Paper Entry; No deck entries; Relays: Free for 200s/$5 per relay for 400s or 800 relay (non-refundable).  |
| **DEADLINE:** | Online entries close March 20th at 11 P.M. EDT. On line entries available at [www.**GRINswim.org**](http://www.GRINswim.org) **or** [**https://www.clubassistant.com/club/meet\_information.cfm?c=1138&smid=4375**](https://www.clubassistant.com/club/meet_information.cfm?c=1138&smid=4375) **m**ail in entries must be received no later than March 15th, c/o Cheryl Gettelfinger, 505 Lexington Blvd., Carmel, IN 46032. |
| **SEEDING**: | All heats will be seeded slowest to fastest. If there are enough entries, the 1000 & 1650 freestyles will be swum in both pools. All distance events (500, 1000, 1650 Free, & 400 IM) **MUST** have entry times. “No Time” entries **will not be accepted.** All of these events willrequire positive check-in before 7:45am on the day of the event for the 1000 and 1,650 and by 12:00 noon for the 400 IM and the 500 free. Failure to check-in before the deadline will result in being scratched from that event. Check-in and failure to swim an event may disqualify the swimmer from subsequent events. The long distance events and 400 IM, 400 & 800 relays will be swum as mixed gender events, but scored by gender and age group. Check-in for the 1000&/or1650 will be available via swimphone.com. |
| **AWARDS:** | Each participant will receive a commemorative card suitable for posting individual and relay results. |
| **RESULTS:** | Will be posted free on GRIN website [***www.GRINswim.org***](http://www.GRINswim.org)and available for downloading**.** |

**ORDER OF EVENTS**

***Women’s events are ODD numbers; Men’s events are EVEN numbers.***

|  |  |  |
| --- | --- | --- |
| **SATURDAY, March 23 , 2013****Warm-ups - 7:00 AM Meet Begins – 8:00 AM** |  | **SUNDAY, March 24, 2013****Warm-ups - 7:00 AM Meet Begins – 8:00 AM** |
| Women | Event | Men |  | Women | Event | Men |
| 1 | 1650 Freestyle (mixed) |  |  | 27 | 1000 Freestyle (mixed) |  |
| 3 | 200 Medley Relay | 4 |  | 29 | 200 Free Relay  | 30 |
| 5 | 50 Freestyle | 6 |  | 31 | 100 Breaststroke | 32 |
| 7 | 100 Backstroke | 8 |  | 33 | 50 Butterfly | 34 |
| 9 | 200 Breaststroke | 10 |  | 35 | 200 Backstroke | 36 |
| 11 | 100 I.M. | 12 |  | 37 | 200 Freestyle | 38 |
| 13 | 200 Butterfly | 14 |  | 39 | 200 I.M. | 40 |
| 15 | 100 Freestyle | 16 |  | 41 | 50 Breaststroke | 42 |
| 17 | 50 Backstroke | 18 |  | 43 | 100 Butterfly | 44 |
| 19 | 200 Mixed Free Relay |  |  | 45 | 200 Mixed Medley Relay |  |
| 21 | 400 I.M. (mixed) |  |  | 47 | 500 Freestyle (mixed) |  |
|  |  |  |  |  |  |  |
| **THE FOLLOWING RELAYS WILL BE DECK ENTERED AT $5 PER RELAY** |  | **THE FOLLOWING RELAYS WILL BE DECK ENTERED AT $5 PER RELAY** |
| 23 | 800 Free Relay | 24 |  | 49 | 400 Free Relay | 50 |
| 25 | 800 Mixed Free Relay |  |  | 51 | 400 Mixed Free Relay |  |
|  |  |  |  | 53 | 400 Medley Relay | 54 |
|  |  |  |  | 55 | 400 Mixed Medley Relay |  |

**GRIN 2013 SHORT COURSE STATE CHAMPIONSHIP**

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**Hosted by Washington Township Swim Team**

## ENTRY FORM

For speed, accuracy and lower fees, register online at: [**https://www.clubassistant.com/club/meet\_information.cfm?c=1138&smid=4375**](https://www.clubassistant.com/club/meet_information.cfm?c=1138&smid=4375)

NAME SEX AGE BIRTHDATE

STREET ADDRESS CITY ZIP

PHONE TEAM USMS#

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Maximum 4 Events Per Day** |  |  |
|  | EVENT # |  | EVENT NAME |  | SEED TIME |  |  |
| 1. |  |  |  |  |  |  | **Meet Entry Fees (For non-GRIN only)****Online = $30****Paper = $40****Make checks payable to: Greater Indiana Masters**Mail to: Cheryl Gettelfinger505 Lexington Blvd.Carmel, IN 46032 |
| 2. |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |
| 5. |  |  |  |  |  |  |
| 6. |  |  |  |  |  |  |
| 7. |  |  |  |  |  |  |
| 8. |  |  |  |  |  |  |

**RELEASE FROM LIABILITY:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 204.1)

Signature Date

**RELAYS**: A team coach or representative should fill out this part of the entry and return with payment. There are no charges for 200 yard relays. 400 yard and 800 yard relays are $5 per entry and are non-refundable. List the number of relay teams by Age Group (not swimmers names) and by “A, B, or C” if there are multiple relays per age group. Age groups are 18+, 25+, 35+, 45+, etc., (10 year increments as high as necessary) and shall be determined by the age of the youngest relay team member. Please scratch if choosing not to participate.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Event #*****Eg: Event 5: W 200 Med Relay*** |  | **Age Group*****Age 45+ “A” and “ B”*** |  | **Seed Time*****4:35 and 5:05*** |
|  |  |  |  |  |
|  |  |  |  |  |
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|  |  |  |  |  |

*Continue on back if necessary.*

**TO COMPETE, ALL SWIMMERS MUST INCLUDE A COPY OF THEIR 2013 USMS REGISTRATION CARD WITH THIS ENTRY FORM.**

**Directions to North Central High School:**

North Central High School is just south of 465, between the Keystone and Meridian exits. It is east of Westfield Blvd. The campus entrance closest to the pool is the northwest entrance just east of the fire station (at the stop light). Drive south and park near entrance #24 West.

**Hotels:** Visit [www.visitindy.com](http://www.visitindy.com) for hotels near North Central.