



CRAWFISH AQUATICS  
Short Course Yards Championship



**Date:** Friday March 1, 2013  
Saturday March 2, 2013  
Sunday March 3, 2013

**Times:** Friday, March 1, 2013  
Warm-up 5:00 p.m.  
Meet Starts 5:45 p.m.  
Saturday March 2, 2013  
Warm-up 9:00 a.m.  
Meet Starts 10:00 a.m.  
Sunday March 3, 2013  
Warm-up 9:00 a.m.  
Meet Starts 10:00 a.m.

**Sanction:** Sanctioned by Southern Masters Swimming for USMS Inc.

**Facility:** Ketcham Fitness Center Pool in the Jimmy Swaggart Complex on Bluebonnet Blvd in Baton Rouge. Indoor, 8-lane 25 yard course, depth 13 feet at starting end, 4 feet at turning end; 30 yard pool available for warm-up during the meet.

**Rules** 2013 USMS Rules shall govern.

**Eligibility:** All participants must be registered with United States Masters Swimming. A copy of your 2013 USMS card is required with the completed entry.

**Entries:** Swimmers may enter a maximum of five individual events per day, plus relays.

**Deadline** All entries must be received by February 22, 2013. Additional \$5.00 for late entries. Late entries accepted where room is available.

**Online Entries:** Online entry is available for this meet, and can be found at the following link. Online entries will open on December 3, 2012 and close on February 28, 2013. Online entries are paid by credit card to ClubAssistant.com Events

[https://www.clubassistant.com/club/meet\\_information.cfm?c=1821&smid=4355](https://www.clubassistant.com/club/meet_information.cfm?c=1821&smid=4355)

**Fees:** \$30.00 per swimmer for the full meet  
\$18.00 per swimmer for one day  
\$10.00 per swimmer swimming only the mile

- Entries:** Prior to February 23, 2013, please mail completed entry form, copy of USMS card, and check (payable to Crawfish Aquatics) to:  
Jeff Maynor  
Crawfish Aquatics SCY Championships  
8276 Menlo Drive  
Baton Rouge, LA 70808
- Seeding:** All events (except the 1650 yard Free) will be seeded slowest to fastest without regard to age. The 1650 yard Free will be seeded fastest to slowest without regard to age. There will be a short break between relays and distance swims on Saturday and Sunday.
- Age Groups:** 18-24, 25-29, 30-34, 35-39, 40-44, etc.  
Relays 18+, 25+, 35+, 45+, etc.
- Scoring:** Individual events: 9-7-6-5-4-3-2-1. Relays are double points.
- Results:** Will be available on the Internet at [www.crawfishaquatics.com](http://www.crawfishaquatics.com) or emailed to you upon request.
- Director:** Nan Fontenot (225) 769-4323 Email – [swimcraw@bellsouth.net](mailto:swimcraw@bellsouth.net)
- Awards:** Ribbons will be provided for all events.
- Hotel:** Renaissance Hotel – located next to the swimming pool.  
Special rates - \$109 per night.  
Check Crawfish or SMS site for discount prices and registration.  
<http://www.marriott.com/hotels/travel/btrbb-renaissance-baton-rouge-hotel/>

**\*\*ENTRY FORM\*\***  
**CRAWFISH AQUATICS**  
**SHORT COURSE YARD CHAMPIONSHIP**

Sanctioned by Southern Masters Swimming for USMS Inc.,

Name: \_\_\_\_\_ Age (as of 3/1/2013): \_\_\_\_\_ Sex: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/State: \_\_\_\_\_  
 E-Mail Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 USMS #: \_\_\_\_\_ Team Name: \_\_\_\_\_ Team Abbreviation: \_\_\_\_\_

Circle desired event numbers and list seedtime in yards (NT for no time). Limit of five individual events per day.  
 Relays deck entered.

Friday, March 1, 2013							
Warm-up 5:00 p.m., Meet 5:45 p.m.							
W	M	Event	Seed Time				
1	2	1650 Free					
Saturday, March 2, 2013				Sunday, March 3, 2013			
Warm-up 9:00 a.m. Meet 10:00 a.m.				Warm-up 9:00 a.m. Meet 10:00 a.m.			
W	M	Event	Seed Time	W	M	Event	Seed Time
3	4	400 IM		23	24	500 Free	
5	6	100 Free		25	26	100 Breast	
7	8	200 Breast		27	28	200 Fly	
9	10	50 Back		29	30	50 Free	
11	12	100 IM		31	32	200 IM	
13	14	100 Fly		33	34	50 Fly	
15	16	200 Back		35	36	100 Back	
17	18	50 Breast		37	38	200 Free	
19	20	200 Free Relay	xxxxxxxx	39	40	200 Medley Relay	xxxxxxxx
21		200 Mixed Medley Relay	xxxxxxxx	41		200 Mixed Free Relay	xxxxxxxx

**LIABILITY RELEASE:**

*"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Entries must be received by**  
**Thursday, February 28, 2013**

Mail entries to:  
 Jeff Maynor  
 Crawfish Aquatics SCY Championships  
 8276 Menlo Dr.  
 Baton Rouge, La 70808

**Fees: Payable to Crawfish Aquatics**

\$30.00 per swimmer for the full meet \$18.00 per swimmer for one day \$10.00 per swimmer swimming only the mile Send copy of 2013 USMS registration card
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