**2013 BAC Rocky Mountain Invitational**

**Fortin Center, Rocky Mountain College, Billings, MT**

**February 1, 2, & 3, 2013**

The Billings Aquatic Club extends an invitation to its BAC Rocky Mountain Invitational Swim Meet, to be held at the Fortin Center, Rocky Mountain College, Billings MT on February 1-3, 2013.

**Location:** The pool is located in the Fortin Center, 17th Street West and Poly Drive. It is a regulation Short Course 25-yard pool comprised of 6 lanes with non-turbulent lane markers.

**Sanction and Rules:** **This meet is sanctioned by Montana Swimming and USA Swimming as per approved sanction #0889, as well as being an approved meet by USA Masters Swimming sanction #\_\_\_\_\_\_\_\_. The rules of USA Swimming, USA Masters Swimming and Montana Swimming will govern the conduct of the meet as applicable**. The meet is open to all swimmers holding a current USA Swimming card or the FINA equivalent. Current USA Swimming and Montana Swimming rules will govern the meet. Timing will be by Colorado Timing System, with two manual watches or three manual watches. All events will be timed finals. Age is determined as of the first day of the meet. **No deck entries will be allowed**. All officials and coaches shall be in compliance with Montana Swimming and USA Swimming certification rules and will display certification badges. All swimmers shall be certified by their club or carry certification of current compliance. Clubs shall complete the **MONTANA SWIMMING USA SWIMMING REGISTRATION CONFIRMATION** **form**. The Meet Referee will have the final authority for conduct of the meet.

**Safety:** Montana Swimming warm-up procedures and safety guidelines will be in effect for the duration of the

meet. For any open swim warm-up sessions, all lanes will use a 3 point, feet first, entry and circle swimming will enforced for the first 20 minutes of the warm-up. Upon the completion of the required circle swimming time period, lanes 4 and 5 will be open for one-way sprint/starts. Each coach is responsible for informing swimmers of the provisions of the safety code before attending the meet. A safety marshal will be on deck during the meet. Changing into or out of swimsuits will only be allowed in locker rooms or other designated areas. **Deck changing is** not appropriate and is **prohibited** on the deck.

**Entries:** This is an open invitational swim meet. Swimmers will be seeded according to submitted fastest yard times. Events will be scored 8&U, 9-10, 11-12, 13-14, 15-16, and 17-18. Swimmers age 19 and over who are USAS or the FINA equivalent registered athlete members are welcome and encouraged to compete, but will not be included in the scoring. Relays will be swum in the 10&U, 11-12, 13&O age groups. **Swimmers with disabilities are welcome.** **Those swimmers must contact the Meet Referee to arrange for any needed accommodations before January 21, 2013.** It is at the discretion of the Meet Referee to determine whether the needed accommodation(s) can be met by the meet resources. Each swimmer may compete in a maximum of five (5) individual events per day and one (1) relay each day, up to a meet total of eleven (11) individual events and 2 relay events. **SPECIAL NOTE:** If entries for the meet exceed 320 this meet will be swum as a **split session** meet. The event file has been set up as a single session meet. The host team will take care of changing to split session at the time, if it is warranted. Hard copies of team entries must be sent in order to assure that your swimmers are in the correct events. If it becomes necessary to change to a split session notification, with warm up schedule and approximate time frames, will be shared with teams and coaches.

Entries are to be submitted using one of three methods:

1. **E-mail (preferred):** to meetsignup@billingsaquaticclub.com. Along with entries, include a file containing your team entry report and a relay report from Team Manager. Completed paperwork, disk and entry fees must be received by the entry deadline.
2. **Hy-Tek disk:** Team entries should be made on a 3.5” Hy-Tek disk with Team Manager software. Please send a “**Team Entry Report**” as a backup. If relay entries are submitted on the disk, please include a written relay report indicating the relay team members and alternates.
3. **Master Entry Form:** Entry information must be completely filled out as follows: first name and last name, actual age, gender, USA registration number, event and entry time for each swimmer.

The 1000 yd freestyle, the 400 yd individual medley, and the 500 yd freestyle will be seeded by time only, swum with ages and sexes combined, and will be scored and awarded by age group and female/male. **The 1000 and 500 yd freestyle and the 400 yd individual medley will be swum fastest to slowest times. All swimmers in the 1000 yd and 500 yd freestyle must supply their own timers and counter.**

**Entry Fee:**  An entry fee of $18 plus $2 per event will be charged. Relay entries are $8 per team. Checks may be made out to the Billings Aquatic Club. No entries will be accepted without entry fee. No refunds will be given.

Deadlines: All entries must be received no later than **January 25, 2013**. Waivers must be signed. Please do not ask to enter an entire team by phone. Phone entries must send entry prior to start date of meet.

 **E-Mail** – meetsignup@billingsaquaticclub.com

 **U.S. Mail** – BAC c/o Ruth Boese, 2111 Sunnyview Lane, Billings, MT 59102.

 **Phone** – (406) 696-0185

**Confirmation:** A confirmation will be sent if an email address is included.

**Schedule:** The warm-up schedule and lanes assigned to teams will be posted on Montana Swimming website and e-mailed to the coaches after all entries are in place. The intent is to have 3, 20 minute warm-up periods during general meet session’s warm-ups and there will be a 15 minute rest period after the last warm-up. On Friday and on the early morning sessions, before the general meet, a 20 minute warm-up will be held followed by a 10 min resting period. The following general session’s warm up timing is listed but no warm-ups shall begin before the conclusion of the previous session nor before the posted time as noted in this contract.

Friday warm-ups will begin no sooner than 5:00 PM with a 20 minute warm-up session and a 10 minute resting period. There will be an Officials meeting at 5:20 PM. Events on Friday night will begin 10 minutes after the last warm-up session and the meet will start at 5:30 PM.

On Saturday the 500 Freestyle event warm-ups will begin at 7:30 AM. There will be a 20 minute warm-up followed by a 10 minute rest period. The 500 freestyle will begin at 8:00 AM.

General session warm-ups on Saturday will begin after the final heat of the 500 Freestyle event but not before 9:00 AM. For the general session warm ups there will be 3, 20 minute warm-up sessions. Lanes and team assignments shall be posted on the Montana Swimming web site. There will be a coaches meeting at 8:45 AM and an Officials meeting on Saturday at 9:30 AM. The meet shall start at 10:15 AM.

On Sunday the 400 IM event warm-ups will begin at 7:30 AM. There will be a 20 minute warm-up followed by a 10 minute rest period. The 400 IM will begin at 8:00 AM.

General session warm-ups on Sunday will begin after the final heat of the 400 IM event but not before 9:00 AM. For the general session warm ups there will be 3, 20 minute warm-up sessions. Lanes and team assignments shall be posted on the Montana Swimming web site. There will be a coaches meeting at 8:45 AM and an Officials meeting on Sunday at 9:30 AM. The meet shall start at 10:15 AM.

Lane assignments will be e-mailed and posted on the BAC website (billingsaquaticclub.com) by January 30, 2013. Depending on the number of registered swimmers, the warm-up and start times as well as the number of warm-up sessions may be adjusted.

**Awards:**  There will be no awards presented at this meet. Individual participation items will be given to the coaches of each team. Those swimmers associated with a team with no coach present at the meet can pick up their participation item at the swim shop at any time during the meet. Points will be scored by 19-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 for individual events. Relay points will not count in individual scoring.

**Scratches:** Coaches are advised to scratch swimmers prior to the coaches meeting with the meet computer operator located in the lifeguard room at the NW corner of the pool. Swimmers will be scratched at the block after two calls. Delay of Meet disqualifications will be issued if the swimmer is not in the STARTING AREA. There will be no Clerk of Course.

**Racing Starts**: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Officials and Timers:**  To the extent possible, teams are asked to provide certified officials. There will be a sign up sheet posted at the meet. Thank you.

**Concessions and Swim Shop:** Will be provided by BAC parents.

Rocky Mountain College requires that **NO FOOD, COOLERS, OR BEVERAGES OTHER THAN WATER IN RECLOSABLE CONTAINERS BE ALLOWED IN THE POOL AREA.**  Please help us comply with this regulation. Also, please be aware that the Fortin Center will be open to the public before, during and after the meet during all three days. No areas of the center should be considered secure. The Billings Aquatic Club and Rocky Mountain College will not be responsible for loss of or damage to any items.

Meet Referee: Duane Luterbach (406) 698-1727

Meet Manager: Dan Carter (406) 534-3381

Assistant - Mitch Crouse (406) 690-3449

Safety Marshal: Billie Kouwenhoven (406) 698-5621

Meet Registrar: Ruth Boese (406) 696-0185

We look forward to seeing you in February!!!!

5 Individual Events per Day and 1 Relay per Day

Up to a meet total of eleven (11) individual events and two (2) relay events

**2013 BAC Rocky Mountain Invitational**

**Schedule of events**

 **2013 BAC Rocky Mountain Invitational**

**February 1-3, 2013**

**ENTRY SUMMARY FORM**

TEAM: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COACH: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of swimmers entered: \_\_\_\_\_\_\_\_\_\_\_\_\_ X $18.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of individual entries: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ X $2.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of relay entries: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ X $8.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please indicate the approximate number of qualified stroke and turn officials who may be attending this meet and would be willing to officiate: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please furnish name, address, e-mail address and telephone number of your Team representative who may be contacted regarding these entries:

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**Waiver and Montana Swimming and USA Swimming Registration Confirmation**

In consideration of this entry, I/we the undersigned parent, guardian/ club, or coach, hereby for ourselves, our heirs, administrators or assigns, so waive, release, and forever discharge any and all rights and claims for damages I/we may have against Billings Aquatic Club, Montana Swimming, USA Swimming, their agents, representatives, successors, and assigns for any or all injuries arising out of travel to and from, or participation in said meet.

We hereby submit our team’s entries and fees for your upcoming meet and verify that the below named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming: Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid, and Cardiopulmonary Resuscitation as well as a current Background Check currently in place with USAS.

**Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requireme**nt.

**Clubs sending swimmers without a coach should notify the meet referee when arriving on site.** **They will be assigned to warm-up under the supervision of a coach in attendance at the meet. The swimmers coach must sign off on this form and it must be presented with the entry information if your coach will not be attending this meet.**

We further verify that all our entered swimmers are currently registered athlete members of USA Swimming, FINA, or US Masters and that all swimmers are competent in racing starts in all events. An exception list must be attached for in water starts.

Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Board Member\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Head Coach’s Name and signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Group Coach’s Name and signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Group Coach’s Name and signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Group Coach’s Name and signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name and contact info for person (parent) submitting the entries: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The above information must be furnished and the proper signatures executed before entry into the meet will be allowed.

Meet Name: 2013 BAC Rocky Mountain Invitational

Meet Dates: February 1-3, 2013

Meet Location: Fortin Center, Rocky Mountain College

Host Club: Billings Aquatic Club

**RELAY ENTRY SHEET**

**Event: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Event # \_\_\_\_\_\_\_\_Age Group \_\_\_\_\_\_\_\_\_F \_\_\_\_\_M\_\_\_\_\_ Mixed \_\_\_\_**

 **Team A Team B Team C**

1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Event: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Event # \_\_\_\_\_\_\_\_Age Group \_\_\_\_\_\_\_\_\_F \_\_\_\_\_M\_\_\_\_\_ Mixed \_\_\_\_**

 **Team A Team B Team C**

1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Event: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Event # \_\_\_\_\_\_\_\_Age Group \_\_\_\_\_\_\_\_\_F \_\_\_\_\_M\_\_\_\_\_ Mixed \_\_\_\_**

 **Team A Team B Team C**

1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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MASTER ENTRY FORM

BAC ROCKY MOUNTAIN INVITATIONAL

February 1-3, 2013

FORTIN CENTER ROCKY MOUNTAIN COLLEGE, BILLINGS, MT

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 Total Swimmers this sheet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $18.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Total Individual Events this sheet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $2.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **TOTAL DUE THIS SHEET: $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**