

Colorado Swimming Hall of Fame

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3rd Annual Colorado Swimming Hall of Fame Pentathlon & Decathlon Challenge

Sponsored by Stan Benson, Ameriprise Financial Advisors, Boulder Aquatic Masters and Swim Dogs



Meet Information

A portion of the proceeds will go to the Colorado Swimming Hall of Fame (additional contributions are tax deductible).

Past and current Hall of Fame inductees are invited to attend.

Stan Benson, Ameriprise Financial Advisors, will host an after-party.

Facility: George Washington High School, 655 South Monaco Parkway,

Denver, CO. GWHS is a 6-Lane, 25-Yard competition pool. Colorado Timing Systems touch-pads and scoreboard will be used. Depending upon the overall meet timeline, one lane

MAY be used for continuous warm-up/warm-down.

Dates/Times: Saturday, January 19, 2013 8:00 Warm-up, 9:00 Start.

Age Groups: 18-24, 25-29, 30-34, 35-39, 40-44,.....100+ "Decathletes" will

receive a commemorative t-shirt.

Eligibility: Anyone ages 18+ is eligible to participate. Due to the nature of

the decathlon, this meet is NOT sanctioned. It is recognized,

so times may count toward USMS Top 10.

Entries: Click here to ENTER ONLINE: E-mail or call the Meet Director if

you have any questions.

Mark Johnston

9262 East Eastman Pl. Denver, CO 80231 Fax: (303) 306-1965

ENTRIES ARE DUE BY WEDNESDAY, JANUARY 16th at 8:00pm.

Entry Fees: Flat Fee of \$30.00 for up to 10 events. Most will either swim

50's and the 100 IM or 100's and the 200 IM.

DECATHLON CHALLENGE: Swim all ten and receive a

commemorative t-shirt.

Make checks payable to "Swim Dogs".

Meet Directors: Stan Benson: Phone (720) 321-1400 / E-Mail

SBenson7@msn.com

Mark Johnston: Phone (303) 887-3930 / E-mail

Coach@SwimDogs.net

Men	Order of Events	Women
1	1 00IM	2
3	100 Fly	4
5	50 Free	6
7	100 Back	8
9	50 Breast	10
11	100 Breast	12
13	50 Back	14
15	100 Free	16
17	50 Fly	18
19	200IM	20