

# 2012, SD Snowfox Candy Cane Classic

Hosted By: Snowfox Swim Team

12/07/2012 – 12/09/2012

Sanction # SD

Sanctioned by (LMSC South Dakota) for USMS Inc. #

Times achieved at this competition will not be submitted for USMS Top Ten for record consideration.

- Sanction:** This meet is held under the sanction of South Dakota Swimming and USA Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming the city of Sioux Falls, SD and Snowfox Swim Team shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** YWCA Downtown  
300 W. 11<sup>th</sup> Street, Sioux Falls, SD 57104-6306
- Course:** 25 yard, 6 lane pool with wave-calming dividers; Daktronics timing system with manual backup. Meet management software will be TeamUnify's Touchpad. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4)
- Audio/  
Visual Recording:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (202.3.4 E).
- Water Depth:** Starting end depth 10'; midpoint depth 4'6"; turn end depth 3'6". Turn end water depth does not meet USAS minimum requirement for racing starts per Rule 103.2.3.
- Format:** This will be a Split meet. Please see below:  
**Friday Night 13 & Over I.M Tough Challenge:** This session is an interwoven USA Swimming and Masters session. This session is for 13 & Over & Masters swimmers only with all events being swum as timed finals. All heats will be seeded by time slowest to fastest. The goal for this event will be to establish the fastest combined 200 IM time. Awards ("I.M The Champ" T-Shirts) will be given out to the fastest combined 200 IM time for both boys and girls age groups 13-14, 15-16, 17-18, 19 & Older.
- Snowfox Candy Cane Classic (Saturday-Sunday):**  
**12 & Under Timed Finals:** All 12 & Under sessions will be conducted as timed final events. All heats will be seeded by time. 12 & under sessions will be run during the morning sessions.  
**13 & Over/Masters Timed Finals:** These sessions are interwoven USA Swimming and US Masters' sessions. All 13 & Over/Masters sessions will be run as timed finals following the conclusion of the 12 & Under sessions. All heats will be seeded by time.  
**Distance Event (13 & Over Mixed 500 Free):** This event will be swum as a timed final event. This event will be deck seeded upon the completion of the positive check-in. Positive check-in is required by the completion of the afternoon warm-up session on the day of the race. There will be a sign-up sheet at the timing table. Heats will be swum fastest to slowest. All heats will be seeded by time. All swimmers are required to provide a lap counter.

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**500 Candy Cane Mixed Freestyle Relays:** All teams may enter only 1 team each of 10 swimmers. Each swimmer will swim a 50 yard leg of the relay. You may combine any combination of gender to fill this relay. Every competitor will receive a candy cane for participating with the winning team winning a box of candy canes for each swimmer on that relay. This relay is **FREE** of charge to all teams. Relay cards will be handed out to all teams prior to the start of the Saturday sessions. We will ask for estimated final times to help with appropriate seeding of this event. *(If teams do not have 10 swimmers to participate, teams may recruit other swimmers from other teams to fill their relay or they may swim the relay with less than 10 swimmers having some athletes swim more than once.)*

**Starting Times:      Session 1: Friday PM (13 & Over/Masters I.M Tough Challenge)**

Warm-Up A: 4:45pm to 5:45pm

Timed Finals: 6:00pm

**Session 2: Saturday AM**

Warm-Up A – 7:00am to 7:45am

Warm-Up B – 7:45am to 8:30am

Meet Start: 8:45am

**Session 3: Saturday PM**

Warm-Up A – 1:00pm to 1:45pm

Warm-Up B – 1:45pm to 2:30pm

Meet Start: 2:45pm

**Session 4: Sunday AM**

Warm-Up A – 7:00am to 7:45am

Warm-Up B – 7:45am to 8:30am

Meet Start: 8:45 am

**Session 5: Sunday PM**

Warm-Up A – 1:00pm to 1:45pm

Warm-Up B – 1:45pm to 2:30pm

Meet Start: 2:45pm

**\*\* Teams will be notified of warm-up session assignments no later than **Tuesday, December 4th.** Snowfox reserves the right to move up the warm-ups & start times for the PM sessions if the AM sessions do not fill the full 4 hours after the meet seeding has been completed. *Masters will have a lane available to them in the second session of warmups in each of the 13 & Over Sessions.* This information will be reflected in the warm-up assignments handed out on Tuesday, December 4th.\*\***

**Meetings:**

There will be an Officials meeting 30 minutes prior to the start of every session located in the Second Floor Lounge Area. There will be Timers meetings 15 minutes prior to the start of every session at the start end of the pool. There will be coaches meetings 15 minutes prior to the start of each session at the discretion of the Meet Referee located in the Second Floor Lounge Area.

**Warm-ups:**

Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.

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- Swimwear Restrictions:** Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.
- Supervision:** A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.3.4A).** Only registered coaches, swimmers and officials will be allowed on the pool deck.
- Eligibility:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on December 7, 2012 determines the age of the swimmer for the entire meet.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. (202.3.4 B)
- Deck Registration:** On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.
- Deck Entries:** Deck entries will be allowed if space is available and at the discretion of the Meet Referee. Deck entry swims will not be scored.
- Scoring:** Team scores will be kept. Individual scoring will be as follows:
- |               |          |          |          |          |          |          |          |          |
|---------------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>PLACE</b>  | <b>1</b> | <b>2</b> | <b>3</b> | <b>4</b> | <b>5</b> | <b>6</b> | <b>7</b> | <b>8</b> |
| <b>POINTS</b> | <b>9</b> | <b>7</b> | <b>6</b> | <b>5</b> | <b>4</b> | <b>3</b> | <b>2</b> | <b>1</b> |
- \*\*The Friday Night 13 & Over Session Will Not Be Scored\*\***
- Event Limit:** **Friday PM (13 & Over/Masters I.M Tough Challenge)**  
Swimmers may enter into 4 events for this session
- Saturday to Sunday: (Snowfox Candy Cane Classic)**  
**All Swimmers:** May enter into a maximum of 6 individual events total with no more than 4 individual events per day.  
**\*\*The 500 Freestyle Candy Cane Relays DO NOT count towards the swimmer's total number of events.\*\***

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**Meet Length:** USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.

**Seeding:** All events will be seeded by time. All events will be swum slowest to fastest with the exception of event #71 & #72 (13 & Over Girls & Boys 500 Free) This event will be swum fastest to slowest and will be seeded after the positive check-in has closed.

**Time Trials:** There will be no time trials at this meet.

**Awards:** Individual High Point awards will be given out following the conclusion of the meet. Team High Point awards will be given on Sunday following the conclusion of the meet. Awards will be distributed by age groups and gender as follows: **6 & Under, 7-8, 9-10, 11-12, 13-14, 15 & Over.** Ribbons will be awarded 1st through 8th place finishes for individual events in each age group and gender.

**Entries:** Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software.

E-mail entries to: Clyde Smith, [snofox2@gmail.com](mailto:snofox2@gmail.com). Mail a printed copy of the entries and a check for entry fees payable to Snowfox Swim Team.

Mail to: Snowfox Swim Team  
PO Box 758  
Sioux Falls, SD 57101

**Fees:** Flat Fee of \$40 per swimmer (includes SD Head Tax, Facility Surcharge & all entry fees).

Make checks payable to *Snowfox Swim Team*.  
***There will be no refund of fees.***

**Deadline:** **Entry deadline is 11:59pm on Tuesday, November 27, 2012.**

**Protests:** Protests of any kind must be submitted to the referee in writing and will only be from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

**Concessions:** There will be a concession stand available in the lobby for Friday, Saturday, Sunday. Friday's concession stand will only consist of drinks.

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**Officials:**

Entries Chair:	Clyde Smith
Meet Director:	Dave Honner, 605-362-1135
Referee:	Russ Miller
Starter:	Aaron Boerama, Tom Austin
Marshall	Peter Liberko, Scott Bickler
Head Timer	Brenda Washenberger, Sherry Barkley

Meet Director, Referee, Starters and Stroke & Turn Officials must be registered USA Swimming members for the current year. Meet can be sanctioned before these positions are filled.

Meet Officials will meet the requirements of 202.3.3.

**Misc:**

Camping will be available in the Gym. Snowfox will camp in the aerobics studio overlooking the pool. No camping on the pool deck, this includes swimmers. Absolutely no glass or food is allowed in the pool area. Please help preserve the carpet in any location at the YWCA by making sure you are dry while outside the pool area. Hospitality and ribbon distribution will be located in the second floor lounge for coaches and officials only.

Use of the Touchpad meet management will allow for all parents with the OnDeck program instant access to their swimmers heat and lanes with their smartphones or other devices.

**Vendor:** Pure Blue will be selling swimsuits and swim accessories on Friday, Saturday, and Sunday.

**Hotel Accomodations:**

Sioux Falls Snowfox has booked 75 rooms at the Holiday Inn at a rate of \$94 for visiting teams. Please take advantage of these rooms by following this link:

<http://www.holidayinn.com/hotels/us/en/sioux-falls/fsddt/hoteldetail?groupCode=CAN>

This rate will end *November 23, 2012*.

**Order of Events:** \*\*Please see the following page\*\*

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Session 1: Friday PM (I.M. Tough)		
Girls	Event	Boys
1	13 & Over 50 Fly	2
3	13 & Over 50 Back	4
5	13 & Over 50 Breast	6
7	13 & Over 50 Free	8

Session 2: Saturday AM		
Girls	Event	Boys
9	8 & Under 100 Free	10
11	9 - 12 200 IM	12
13	8 & Under 25 Fly	14
15	9 - 12 50 Fly	16
17	8 & Under 50 Back	18
19	9 - 12 100 100 Back	20
21	8 & Under 50 Breast	22
23	9 - 12 100 Breast	24
25	8 & Under 25 Free	26
27	9 - 12 100 Free	28
	5 Minute Break	
29	500 Candy Cane Relay	30

Session 3: Saturday PM		
Girls	Event	Boys
31	13 & Over 400 IM	32
33	13 & Over 200 Free	34
35	13 & Over 100 Fly	36
37	13 & Over 200 Back	38
39	13 & Over 100 Breast	40
41	13 & Over 50 Free	42
	5 Minute Break	
43	500 Candy Cane Relay	44

Session 4: Sunday AM		
Girls	Event	Boys
45	12 & Under 100 IM	46
47	9 - 12 200 Free	48
49	8 & Under 50 Fly	50
51	9 - 12 100 Fly	52
53	8 & Under 25 Back	54
55	9 -12 50 Back	56
57	8 & Under 25 Breast	58
59	9 - 12 50 Breast	60
61	12 & Under 50 Free	62

Session 5: Sunday PM		
Girls	Event	Boys
63	13 & Over 200 IM	64
65	13 & Over 200 Fly	66
67	13 & Over 100 Back	68
69	13 & Over 200 Breast	70
71	13 & Over 100 Free	72
	10 Minute Break / Warm-up	

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73	13 & Over 500 Free	74
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## SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

8.1 **The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.**

8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.

8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.

8.4 General Warm-ups:

- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
- (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
- (3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".

8.5 Starts (Specific Warm-ups):

- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
- (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
- (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
- (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
- (5) There shall be one start end during warm-ups.

8.6 Mid-Meet Warm-ups/Cool-downs :

- (1) Swimmers must be supervised by a USA Swimming member Coach.
- (2) There will be no diving.
- (3) Circle swimming only.
- (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.

EXHIBIT #9 (Revised 9-17-11)

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## **U.S Masters Swimmers Participation Waiver**

Snowfox Candy Cane Classic (12/07/2012 to 12/09/2012)

All participating USMS athletes must complete this form and return it to the meet director prior to the first session of warm-ups on the first day of competition or participation in the meet will be denied.

I, THE UNDERSIGNED PARTICIPANT, INTENDING TO BE LEGALLY BOUND, HEREBY CERTIFY THAT I AM PHYSICALLY FIT AND HAVE BEEN OTHERWISE INFORMED BY A PHYSICIAN. I ACKNOWLEDGE THAT I AM AWARE OF ALL THE RISKS INHERENT IN MASTERS SWIMMING (TRAINING AND COMPETITION), INCLUDING POSSIBLE PERMANENT DISABILITY OR DEATH, AND AGREE TO ASSUME ALL OF THOSE RISKS. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGE CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. IN ADDITION, I AGREE TO ABIDE BY AND BE GOVERNED BY THE RULES OF USMS. (RULE BOOK ARTICLE 203.1)

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Print Name

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Date

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Signature