



Open Water Swim in Fabulous Las Vegas

OCTOBER 6, 2012

Sanctioned by Southern Pacific Masters Swimming
for USMS, Inc. Sanction #332-W003



1.2 MILE • 2.4 MILE • 8K • GRAND & SUPER SLAM

www.SlamTheDam.com

LOCATION:

Lake Mead NRA, Boulder City Nevada.
21 Miles south of Las Vegas NV.
There is a \$10 fee to enter the park.

COURSE

8K swimmers will start from the Sunset View/Scenic Overlook and return to Boulder Beach. 1.2 & 2.4 mile swimmers will start and finish at Boulder Beach.

FEES:

8K-\$85, 2.4mi- \$65, 1.2mi-\$50 Grand Slam (8k +1.2mi)- \$105, Super Slam (2.4 + 1.2)-\$95. Prices increase on August 1. No wetsuits are allowed in the Grand Slam and 8k events. Grand & Super Slam Swimmers must finish their event 15 minutes prior to the start of their second event. Course closes at 11:00 am for all swimmers.

ALL ENTRANTS MUST BE MEMBERS OF UNITED STATES MASTERS SWIMMING or pay a \$15 fee for one day coverage. Absolute last day for registration is in person on October 5th at packet pick up, if space is available. This swim sold out in 2011 so be sure to register early!

WARNING

Participants should be adequately trained for competition. Previous experience is required for the 8k & Grand Slam. First timers, at any distance, are welcome to provide their own kayak escort.

ATTIRE

No speed suits, fins, buoys or other devices allowed. Wetsuits are permitted, but not eligible for awards. Typical water temp on race day is 80°, air temperature is 90°.

PARKING

8K swimmers must drop their kayaks at Sunset View and park at Boulder Beach. A shuttle will be available from 5 am - 6 am. It is highly recommended swimmers carpool as parking is limited. 2.4 & 1.2 mile swimmers park at Boulder Beach Special Events Beach.

PACKET PICK UP

Hacienda Hotel on US-93, outside the park entrance. October 5th from 3-7 p.m. Attendance is mandatory for 8k & Grand Slam swimmers. 2.4 mile & 1.2 mile participants are welcome to come for course review and expo.

DIVISIONS

Masters divisions 18-24, 25-29, 30-34 etc., male and female.

AWARDS

All entrants will receive an official race cap, official event shirt and finisher award. Top 1-3 in each age group will receive awards.

POST SWIM

Stop in for lunch at the the Great Harvest Bread Co. rest and Re-Carb Tent. Additional lunches for spectators are available for pre-purchase.

SAFETY

Each swimmer must wear the provided swim cap during the event. PFD's are required in each boat and we recommend: brightly colored flags, whistle, cell phone or marine radio.

TIME LIMITS

8k course: 4 hours (with 2 cut off points, see map)
2.4 mile course: 3 hours
1.2 mile course: 1 hour
*Grand Slam & Super Slam: arrive 15 min. prior to start of next event.

REFUNDS

50% refund will be given for cancellations received in writing before July 1. In the event of cancellation due to in-climate weather (high winds/lightening) no refunds will be given.

This swim is hosted by Swim Las Vegas • USMS • www.swimlv.com



Race day Timeline

Distance	Start Time	by Aug 1	by Sept 30	Max Swim Time	Finish By
*Grand Slam (8K+ 1.2Mi)	*must finish 8k within 15 minutes of 1.2 start	\$105	\$115	2h 45m 1h 30m	11:00 am
*Super Slam (2.4Mi + 1.2Mi)	*must finish 2.4 within 15 minutes of 1.2 start	\$95	\$105	1h 45m 1h 30m	11:00 am
8K	7:00 am	\$85	\$95	4 Hours	11:00 am
2.4 Mile	8:00 am	\$65	\$75	3 Hours	11:00 am
1.2 Mile	10:00 am	\$50	\$60	1 Hour	11:00 am

GRAND SLAM

Check-In at Sunset View

5:00 am Check-in opens
6:45 am Safety Meeting
7:00 am 8k Race begins

After arriving at Boulder Beach, swimmers completing the 8k course must check in with the timers to continue on with the 2.4 mile event.

SUPER SLAM CHECK-IN

Check-In at Boulder Beach

6:30 am: Check-in opens
7:45 am: Safety Meeting
8:00 am 2.4 mile race begins.

After completing the 2.4 mile event, swimmers must check in with the timers to continue on with the 1.2 mile event.

8k SWIMMERS

Check-In at Sunset View

5:00 am Check-in opens
6:45 am Safety Meeting
7:00 am 8k Race begins.

2.4 mi SWIMMERS

Check-In at Boulder Beach

6:30 am: Check-in opens
7:45 am: Safety Meeting
8:00 am 2.4 mile race begins.

1.2 mi SWIMMERS

Check-In at Boulder Beach

8:00 am check in for 1.2
9:45 am Safety Meeting
10:00 am 1.2 mile race begins.



Award Timeline

Distance	Unofficial	Distance	Unofficial
8k	9 a.m./+15min	Grand Slam	11:30 a.m.
2.4 mile	9 a.m./+15min	Super Slam	11:30 a.m.
1.2 mile	10:30 a.m./+15min		

Due to the nature of the multiple events, results will not be immediately available. Participants will receive a finisher medal as they exit the water and will need to wait for age group awards. Times will be posted at the Great Harvest Bread Co. Rest & Re-Carb tent at the time intervals listed.

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Online entries are preferred for accuracy. Mail in entries will be accepted through August 1.

Include a copy of your 2012 USMS Card, signed liability release and make checks payable to:

Swim Las Vegas
2605 Shakespeare Rd
Las Vegas, NV 89108

To register online: www.active.com or www.slamthedam.com

Name:	DOB:	Age:	Gender: M/F
Address:	City	State	
Zip	Phone:		
Emergency Contact:	Phone:		
Email Address:			
Please enter your membership # & team affiliation. Or pay 1 day \$10 registration fee.		USMS# _____	Team Name _____
		Team Abb. _____	One Day Reg \$10 _____
Distance(circle):	Grand Slam	Super Slam	8k 2.4Mi 1.2Mi
Category: (circle)	Wetsuit	Non-Wetsuit	Est. Finish Time:
Health Concerns:			
Open Water Experience:			
T-Shirt Size: S M L XL XXL			
8k & Grand Slam Participants:			
Kayaker Name:			
Kayaker email:		Phone:	

Liability Release

*****A signature and date are required*****

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming, and agree to assume those risks. (rule book article 203.1)

PRINTED NAME _____ Age _____

SIGNATURE _____ Date _____

SLAM

the DAM

LAS VEGAS NEVADA



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8K / GRAND SLAM SWIMMER DETAILS:

Due to increased park regulations and fees, we have implemented a 4 hour cut-off time for this swim. Space is limited to 70 swimmers. All 8k & Grand Slam participants must attend the mandatory safety meeting October 5 at the Hacienda Hotel between 4-7 pm. Briefings will be every 15 minutes, with the last at 6:45 pm.

COURSE

8K swimmers will start from the Sunset View/Scenic Overlook and return to Boulder Beach. The first turn is at mile 2. The 2nd turn is at the entrance to Boulder Harbor Marina. Cut off times have been established. Swimmers will be pulled by the safety craft if they do not reach the locations in time. Please view chart below the map for times/speed. *Grand Slam participants who do not meet the swim times will not be able to swim in the 1.2 mile event. Once you pass the Harbor, you will align with 4 buoys to the finish line. **NOTE: This course is specifically designed with limited buoys on the most beautiful part of the course to enhance the sensation of pure open water swimming.**

OTHER RESTRICTIONS:

No wetsuits are allowed in the Grand Slam and 8k events. Grand & Super Slam Swimmers must finish their event 15 minutes prior to the start of their second event. Course closes at 11:00 am for all swimmers.

WARNING

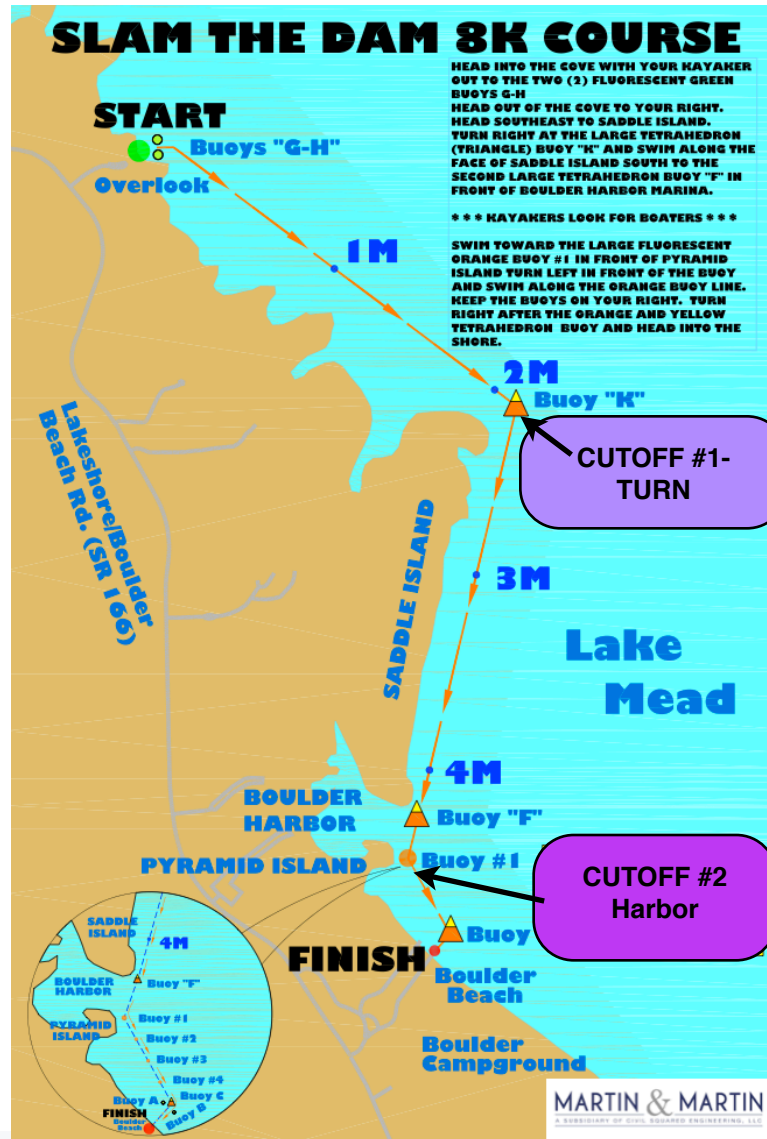
Participants should be adequately trained for competition. Previous experience is required for the 8k & Grand Slam.

KAYAKER SUPPORT

A limited number of kayaks can be reserved through the Race Director for a \$50 fee. Sign up at www.slamthedam.com/need-a-paddler.html

DIRECTIONS

Lake Mead NRA is 21 miles outside of Las Vegas. Take Nevada Hwy/US-93 south to Lake Mead NRA. Turn west at Lakeshore Rd/NV-147 W/NV-166 N. 8K swimmers will start at the Sunset View/Scenic Overlook turnoff 10 miles into the park.



	The Turn	Harbor	Finish
	3907 yds	7762 yds	8765 yds
1:10/100 yd	0:45:35	1:30:33	1:42:15
1:53/100 yd	1:13:33	2:26:07	2:45:00
2:44/100 yd	1:46:47	3:32:10	3:59:35
7:00:00 AM			
1:10/100 yd	7:45:35 AM	8:30:33 AM	8:42:15 AM
1:53/100 yd	8:13:33 AM	9:26:07 AM	9:45:00 AM
3:05/100 yd	8:46:47 AM	10:32:10 AM	10:59:35 AM

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