## 2012 Whidbey Adventure Swim – 1.2 and 2.4 mile Events Saturday September 8<sup>th</sup>, 2012 Hosted By South Whidbey Island Masters (SWIM) Sanctioned by Pacific Northwest Association of Masters Swimmers for USMS, Inc. - Sanction # <u>XXXXXXX</u>

Name:		USMS#:	:	
Street:		Birth(mi	m/dd/yy) _	
City:		State:	_Zip:	
Email:		Phone:		
Emergency Contact:		Phone:		
Event choice (circle): 1.2 m	nile 2.4 mile	Gender (circle)	М	F
Fee Calculation:		Make checks pay	able and n	<u>nail to</u> :
Entry Fee (prior to 8/15)	\$40.00	SWPAF		
Late entry Surcharge	\$10.00	PO Box 157		
One-Event USMS fee (\$20)		Freeland, WA 98	8249	
Total Fees remitted				
Online registration:				
http://www.clubassistar	nt com			

\*USMS, Canadian, or foreign Masters Registration is required. For paper entries, non-PNA swimmers <u>must</u> enclose a photocopy of their current registration. Those without current Masters registration must pay the \$20 One-Event USMS entry fee.

\*\* 2.4 mile entrants must complete the first 1.2 miles within 50 minutes or they will be pulled from the race.

\*\*1.2 mile entrants must complete the first lap of their course in 30 minutes or they will be pulled from the race

**Liability Release:** "I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDIITON OF MY PARTICIPATION IN THE MASTER SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERTO, I HEREBY WAIVE ANY AND ALL RIGHT TO CLAIMS FOR LOSS OR DAMAGE, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTER SWIMMING COMMITTEES, THE CLUBS, HOST FACILITES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks."

## Must be signed and dated for acceptance.

Signed: \_\_\_\_\_

Date:

**Event**: 1.2 and 2.4-mile open water swim along the shores of Langley Washington in the waters of Saratoga Passage in Puget Sound. Both events will start in the water and finish on the beach. Swimmers will self seed with faster swimmers to the front. \*\*WETSUITS ARE REQUIRED. WATER TEMPERATURE IS EXPECTED TO BE 60 DEGREES OR BELOW\*\*

SCHEDULE fo	r September 8 <sup>th</sup> , 2012: Seawall Park – Langley
8:30-9:30	Pre-Race Check-in
9:30	Mandatory Competitors' Meeting for ALL swimmers.
10:00	Estimated start time for 1.2 and 2.4 swim group start.

**Eligibility**: 18 years of age or older as of September 8<sup>th</sup>, 2012; USMS or foreign registration for 2012 or \$20 One-Event USMS Registration fee.

**Entry Fee**: \$40.00 (US or Canadian). Late or Race Day registration is \$50.00. Fee includes official race swim cap, which must be worn during the swim.

Entry Deadline: Advance registration must be received by September 3<sup>rd</sup>, 2012.

Rules: Current USMS rules will govern the event. Neoprene wetsuits are required.

**Awards**: Each participant will receive a commemorative teeshirt. A participation raffle will take place during post race festivities.

**Safety**: Lifeguards and safety boats will monitor the entire racecourse. Swimmers must wear the swim cap provided and their race number on their hand and upper arm or leg. Swimmers **MUST** attend the pre-race meeting in order to compete.

**Results**: Results will be posted 15 minutes after the completion of the final event and will be available on the Whidbey Adventure Swim <u>http://ow.swhidbey.org/whidbey-adventure-swim</u> and PNA <u>http://www.swimpna.org/</u> websites shortly after event.

**Questions**: Contact Race Director at info@swhidbey.org or visit http://ow.swhidbey.org/home for more details.

**Directions**: From the Clinton Ferry travel northbound on SR 525. Turn north onto Langley Rd and travel to Langley. Location is Seawall Park at 1<sup>st</sup> Street and Anthes.

**Parking**: Public parking is available at the corner of 3<sup>rd</sup> Street and Anthes across the street from the Langley United Methodist Church