

THE 6TH ANNUAL
SHANA OCEAN SWIM RACE
 TO BENEFIT THE SHANA FOUNDATION



SUNDAY July 29th, 2012
MONMOUTH BEACH BATHING PAVILLION

EVENT INFORMATION

8:00am start time Registration begins 7:00am

Entry fee:

- \$20 Pre-Registration received by July 28th
- \$25 Race Day
- \$15 kids 100 yard fun dash only
- T-shirts to all pre-registered by July 25th
- Course: To be determined day of race depending on currents. Cancellation of swim in the event of unsafe conditions, rain date TBD

AWARDS

1-MILE SWIM

•Overall: 1st, 2nd, & 3rd Male and Female
 19 & under, 20-29,30-39, 40-49, 50-59, 60-69, 70 & up Male
 & Female 1st & 2nd

1st Monmouth Beach Male and Female

KIDS 100 YARD DASH RACE to follow

1-mile swim, male & female 1st, 2nd, 3rd

No duplicate awards, Wetsuit wearers are not eligible for awards

Swim-a-thon: use sponsor sheet for pledges

REGISTER ONLINE WWW.THESHANAFUNDATION.ORG

OR MAIL CHECK AND THE FORM BELOW TO

check payable to: THE SHANA FOUNDATION

8A SPAULDING PLACE, MONMOUTH BEACH, NJ 07750

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Age ___ Male ___ Female ___

Email _____ Phone _____

Race _____ 1 mile _____ 100 yard dash

The Shana Ocean Swim Race Waiver & Release

In consideration of this entry acceptance, I hereby for myself, my heirs, executors and administrators, waive any and all claims for damages I may have against the Borough of Monmouth Beach, the representatives, successors or assigns of the participating organizations, race volunteers, and all sponsors for any injuries that may be suffered by me in this event. I will additionally permit the use of my name and pictures in media coverage. I further attest and verify that I am physically able to participate in this event. I attest that I have read the rules and regulations of the Monmouth Beach Bathing Pavilion and will follow them to the best of my ability. I release any other organization involved in the race.

Printed Name: _____

Signature: _____

Parent(or guardian if under 18) _____

Life is precious, let's keep our children living free of bacterial meningitis