**ELKO “HIGH ALTITUDE” INVITATIONAL SWIM MEET**

**JUNE 23 & 24, 2012**

**ELKO, NV**

**SPONSOR:** Elko Swim Team

**SANCTION:** The meet is held under sanction of USA Swimming and Snake River Swimming, Inc. Sanction No. 12-12. In granting this sanction number, it is understood and agreed USA Swimming shall be free from any liabilities or claims for damages to anyone during the conduct of this meet.

**LOCATION:** Elko Municipal Swimming pool

College Avenue and Golf Course Road, Elko, NV

**TYPE:** Invitational

**COURSE:** 25 meter, six lane, outdoor pool with Paragon starting locks and Adolf Keifer waveless racing lane lines. Pool depth from 3.5 to 6 feet (block at 6 feet). The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C(4).

**TIMING:** Colorado Timing System will be used on the six lanes.

**MEET REFEREE:** Judy Hohorst

2051 Monticello Drive

Idaho Falls, ID 83404-6423 (208)529-2990

**MEET DIRECTOR:** Phil Dalke

1930 Laxalt Way

Elko, NV 89801 (775)738-2110

**OFFICIALS:** We appreciate the help of certified officials from other clubs. If you know of an official attending the meet, please have them notify the meet referee in advance of the meet.

**ELIGIBILITY:** All swimmers must hold a current USA swimming registration card. Age of the swimmer on the first day of the meet will determine swimmers age group (June 23, 2012). Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding.

**MEETINGS:** *COACHES*: There will be a mandatory coaches meeting 15 minutes prior to the start of the warm-ups each day - 7:00 A.M.

*OFFICIALS:* There will be an officials meeting 45 minutes prior to the start of the meet each day - 7:45 A.M.

**SCHEDULE:** WARM - UPS: 7:15 to 7:45 A.M. 11 years and older

7:45 to 8:15 A.M. 10 years and under

START: 8:30 A.M.

During warm-ups, split lanes (to be posted) will be available by age. Snake River Swimming, Inc. Safety Guidelines and Warm-up Procedures will be effect at this meet. The indoor pool will be available for warm-ups and cool downs.

**RULES:** Current USA Swimming rules will apply and SRS Safety Guidelines will govern the meet and warm-ups. NO DIVING or BACKSTROKE starts off the starting blocks or pool deck during warm-ups. Racing starts will be allowed in designated sprint lanes the last 10 minutes of warm-ups.

All events will be swum as time finals. This is a no card meet. Swimmers in the 400 Meter must check in with the Clerk of Course by 9:30 A.M. Saturday. Swimmers in the 800 Meter must check in with the Clerk of Course by 9:30 A.M. Sunday. These will be deck seeded. Swimmers must provide 1 timer and their own lap counter. All other events will be pre-seeded.

Protests will be handled in the manner described in Section 102.11 of USA Swimming Rules and Regulations.

Relay cards will be given to the coaches in their packets. Relay cards must include first and last names and ages of the swimmers in order of their swim. Relays requiring a start on the shallow end of the pool will need to start in the water.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer’s coach with the entries, the swimmers will be required to start from the water.

Coaches should report scratches to the meet referee before the events begin each day.

Use of Audio or Visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**TIMERS:** Each team is expected to provide timers during the course of the meet.

**ENTRIES:** Swimmers may enter up to 4 events and 1 relay per day. Entries must include: Swimmers name, age, registration number, team name, team code, event name and number, and best time in SHORT COURSE YARDS. NO TIMES will be accepted. Teams using HyTek may send entries on a disk, a hard copy and entry fees must also be sent. Relay- only swimmers must be on the master entry form and fees paid. **DECK ENTRIES AND REGISTRATION WILL NOT BE ACCEPTED.**

As prescribed in Article 205.3.1 of USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

Swimmers starting on the end where the pool depth is 3’6” (less than 4 feet) will start from within the water.

Times achieved at this meet may use the altitude of 4,251- 6,500 feet as per USA Swimming rule 207.9.6. A swimmer or relay may use the adjustment to meet a qualifying time standard.

**TIME TRIALS:** Time trials will be offered at the conclusion of Saturday’s and Sunday’s events. Each trial swim will count as one (1) toward the daily event with the combination of time trials and meet events not to exceed four (4) events per day. Entries must be turned in to the Clerk of Course with a $2.00 fee one-half hour before the projected end of the day’s events.

**FEES:** An entry fee of $2.00 per event; $6.00 per relay; $12.00 surcharge per swimmer ($1.75 travel fund, $1.75 timing system, $6.00 pool rental, $1.00 SRS Zone Fund, $1.50 misc.fees).

Make check payable to **ELKO SWIM TEAM**. All fees MUST accompany entries. One check per team please.

**DEADLINE:** All entries must be postmarked no later than June15, 2012 mail entries to: Elko Swim Team

PO Box 2721

Elko, NV 89803

E-mail entries may be sent to Tiffany Boldon at [**wtjboldon@frontiernet.net**](mailto:wtjboldon@frontiernet.net). Please send entries as an attachment. If entering by e-mail, entry fees and hard copy must be received by **June 15, 2012**.

**SCORING:** Individual events: 7-5-4-3-2-1

8 & Under events will be separated into 6 & Under and 7-8 groups for scoring purposes.

13 & Over events will separated into 13-14 and 15-19 groups for scoring purposes.

**AWARDS:** Individual Events: Medals 1st - 3rd; Ribbons 4th - 12th

Individual High Points: Trophies 1st - 6th (by Age Group)

Relay Events: Ribbons 1st - 3rd

Awards will be given by age groups for each event swum:

6 & Under, 7-8, 9-10, 11-12, 13-14, and 15-19.

**MISCELLANEOUS:** Breakfast and lunch concessions will be provided. The water slide and pool will be opened after the meet on Saturday. City ordinance prohibits dogs in the park or pool area.

Times achieved can be adjusted to use for qualifying times.

**ALTITUDE ADJUSTMENTS ACCORDING TO USA SWIMMING:**

200’s 1.20 Seconds

400 & 500’s 5 Seconds

1000’s 10 Seconds

1650’s 23 Seconds

**ORDER OF EVENTS**

***SATURDAY: JUNE 23, 2012***

***WARM-UPS: 7:15 A.M. - 8:15 A.M.***

***MEET STARTS: 8:30 A.M.***

**GIRLS AGE GROUP EVENTS BOYS**

**1 19 & UNDER 200 M MEDLEY RELAY 2**

**3 12 & UNDER 200 M MEDLEY RELAY 4**

**5 10 & UNDER 100 M MEDLEY RELAY 6**

**7 13 & OVER 100 M FREESTYLE 8**

**9 11 & 12 100 M FREESTYLE 10**

**11 9 & 10 100 M FREESTYLE 12**

**13 8 & UNDER 50 M FREESTYLE 14**

**15 13 & OVER 200 M BREASTSTROKE 16**

**17 11 & 12 100 M BREASTSTROKE 18**

**19 9 & 10 100 M BREASTSTROKE 20**

**21 8 & UNDER 50 M BREASTSTROKE 22**

**23 13 & OVER 100 M BUTTERFLY 24**

**25 11 & 12 50 M BUTTERFLY 26**

**27 9 & 10 50 M BUTTERFLY 28**

**29 8 & UNDER 50 M BUTTERFLY 30**

**31 13 & OVER 200 M BACKSTROKE 32**

**33 11 & 12 100 M BACKSTROKE 34**

**35 9 & 10 100 M BACKSTROKE 26**

**37 8 & UNDER 50 M BACKSTROKE 28**

**39 13 & OVER 400 M INDIVIDUAL MEDLEY 40**

**41 11 & 12 200 M INDIVIDUAL MEDLEY 42**

**43 9 & 10 200 M INDIVIDUAL MEDLEY 44**

**45 8 & UNDER 100 M INDIVIDUAL MEDLEY 46**

**47 OPEN 400 M FREESTYLE 48**

**ORDER OF EVENTS**

***SUNDAY: JUNE 24, 2012***

***WARM-UPS: 7:15 A.M. - 8:15 A.M.***

***MEET STARTS: 8:30 A.M.***

**GIRLS AGE GROUP EVENTS BOYS**

**49 19 & UNDER 200 M FREE RELAY 50**

**51 12 & UNDER 200 M FREE RELAY 52**

**53 10 & UNDER 100 M FREE RELAY 54**

**55 13 & OVER 200 M FREESTYLE 56**

**57 11 & 12 200 M FREESTYLY 58**

**59 9 & 10 200 M FREESTYLE 60**

**61 8 & UNDER 100 M FREESTYLE 62**

**63 13 & OVER 200 M BUTTERFLY 64**

**65 11 & 12 100 M BUTTERFLY 66**

**67 9 & 10 100 M BUTTERFLY 68**

**69 8 & UNDER 50 M BUTTERFLY 70**

**71 13 & OVER 100 M BREASTSTROKE 72**

**73 11 & 12 50 M BREASTSTROKE 74**

**75 9 & 10 50 M BREASTSTROKE 76**

**77 8 & UNDER 25 M BREASTSTROKE 78**

**79 13 & OVER 50 M FREESTYLE 80**

**81 11 & 12 50 M FREESTYLE 82**

**83 9 & 10 50 M FREESTYLE 84**

**85 8 & UNDER 25 M FREESTYLE 86**

**87 13 & OVER 100 M BACKSTROKE 88**

**89 11 & 12 50 M BACKSTROKE 90**

**91 9 & 10 50 M BACKSTROKE 92**

**93 8 & UNDER 25 M BACKSTROKE 94**

**95 OPEN 800 M FREESTYLE 96**