



## Plantation Piranhas LCM Masters Invite June 23-24, 2012

Sanctioned by Florida Gold Coast for USMS, Inc. Sanction Number Pending

**Saturday: Warmup – 9am; Meet Start – 10am**

**Sunday: Warmup – 7:30am; 1500 Start – 8:30am**

**Remainder of meet begins no earlier than 11:00am**

**Location:** Plantation Aquatic Complex – 9151 NW 2<sup>nd</sup> St. Plantation, FL 33324

Phone: 954-452-2526 Meet Director Email: [tomcpst@aol.com](mailto:tomcpst@aol.com)

**Facility:** Competition will be held in an 8-lane, 50 meter pool. Warm down space is available in a separate 25 yard pool. Colorado 6 timing system will be used with an 8-lane scoreboard to display results. Hy-tek Meet Manager Software will be used for the meet.

**Meet Conduct/Eligibility:** Current USMS rules will govern the conduct of the meet. All competitors must hold current USMS registrations or valid travel permits or their equivalents, or have other acceptable proof of current FINA Masters swimming registration, and must be 18 years of age or over.

**Age Groups:** Individual Events: 18-24, 25-29, 30-34, 35-39, etc. in 5-year increments.

Relay Events: 72–99, 100–119, 120–159, 160–199, 200–239, 240–279, 280–319, 320–359, 360–399... (40-year increments as high as is necessary). The aggregate age of the four relay team members shall determine the age group.

**Entry Method:** As always paper entries may be mailed as indicated on the entry form. This year we will also have online entries available through Club Assistant. Online entries may be done at:

[https://www.clubassistant.com/club/meet\\_information.cfm?c=1906&smid=3873](https://www.clubassistant.com/club/meet_information.cfm?c=1906&smid=3873). Please note: If entering online and paying by credit card, your credit card statement will reflect a charge from "Club Assistant.com Event Billing."

**Entry Fees:** A \$30 flat fee if received by Monday, June 18, 2012. A \$40 fee will be charged if received after June 18 (including deck entries). **There will be no charge for relays. Make checks payable to PST Booster Club.**

**Entry Limit:** A maximum of 5 individual events may be swum each day. Swimmers posting entries over the entry limit will be considered as entered in the first five events. The 100 IM does not count towards the 5 event limit.

**Seeding:** Swimmers will be seeded on the basis of submitted times regardless of age. Men and Women may be seeded together. Entrants submitting "no time" may be placed in the slowest heat for that event. All heats will be swum from slow to fast.

**100 IM:** The 100 IM will be swum as a fun event only. Results of this event will not count as an official USMS swim. This event will not count towards the 5 event daily limit. There will be a "transition zone" in the middle

of the pool designated by cones on the bottom of the pool. Swimmers may switch from fly to back (1<sup>st</sup> 50) and breast to free (2<sup>nd</sup> 50) anywhere in the “transition zone”.

**Awards:** Award sheets will be available upon completion of the meet.

**Deck Entries:** Deck entries will be accepted until 45 minutes prior to the start of each session only in events with open lanes available. No new heats will be created. All relays will be deck entered. All deck entries will be seeded “NT”.

**Meet Director:** Tom Cuticchia, Masters Coach, Plantation Swim Team – [tomcpst@aol.com](mailto:tomcpst@aol.com). Meet Director reserves the right to make changes in order to run an efficient meet.

**Join us for the**

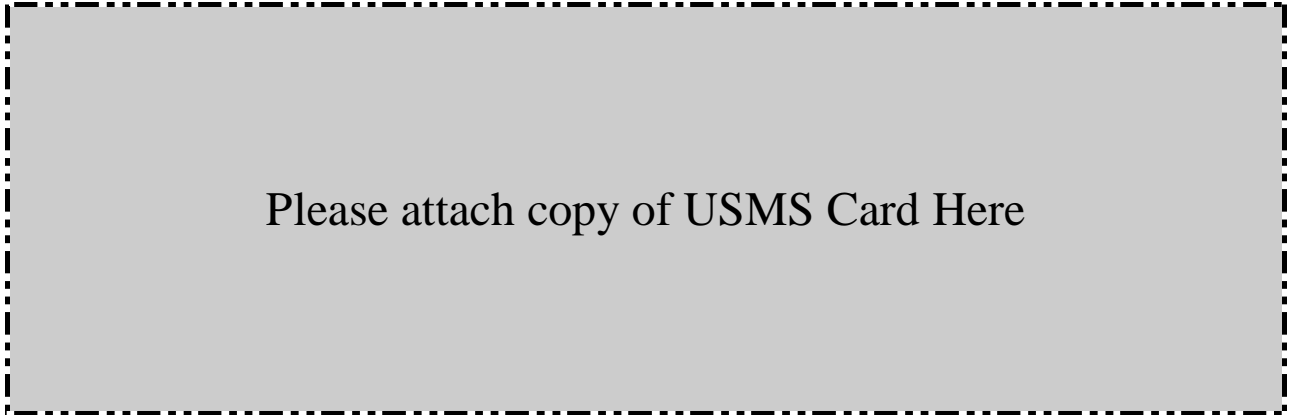


**Immediately following Saturday's session of our LCM Invite  
June 23, 2011 at the Pool!**

**No Additional Fee!**

**On your entry form, please indicate whether you plan on attending so we can make sure there is  
enough food for everyone!**

**Plantation Piranhas LCM Masters Invite Entry Form  
Sanctioned by Florida Gold Coast for USMS, Inc. Sanction Number Pending**



Phone # \_\_\_\_\_ Email address \_\_\_\_\_

Circle the event numbers in which you would like to be entered and show your seed time to the hundredth of a second. If you do not enter a time, you will be entered "NT". Limit of five individual events plus relays per day.

Saturday, June 23, 2012: Warm-up starts at 9 AM; meet starts at 10 AM

Women	Men	Event Name	Seed Time
1	2	400 IM	_____
3	4	50 Freestyle	_____
5	6	200 Backstroke	_____
7	8	50 Butterfly	_____
9	10	200 Freestyle Relay	ENTER AT MEET
11	12	100 IM	_____
13	14	200 Butterfly	_____
15	16	100 Breaststroke	_____
17	18	100 Backstroke	_____
	19	Mixed 200 Free Relay	ENTER AT MEET
21	22	800 Freestyle	_____

**Do you plan on attending the cookout immediately following Saturday's session?**

\_\_\_\_\_ **YES**

Sunday, June 24, 2012: Warm-up starts at 7:30 AM; meet starts at 8:30 AM

Women	Men	Event Name	Seed Time
23	24	1500 Freestyle	_____
Minimum 30 min. Warm-up Period – Meet will resume no earlier than 11:00 AM			
25	26	200 IM	_____
27	28	50 Breaststroke	_____
29	30	100 Butterfly	_____
31	32	200 Freestyle	_____
33	34	200 Medley Relay	ENTER AT MEET
35	36	50 Backstroke	_____
37	38	100 Freestyle	_____
39	40	200 Breaststroke	_____
	41	Mixed 200 Medley Relay	ENTER AT MEET
43	44	400 Freestyle	_____

\_\_\_\_\_ **NO**

**Mail entries to: Tom Cuticchia, Meet Director, Plantation Swim Team, 9151 NW 2<sup>nd</sup> St. Plantation, FL 33324**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCALS MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## AREA HOTELS:

### **Staybridge Suites**

410 N. Pine Island Road  
Plantation, FL 33324  
954-577-9696  
0.3 miles from pool.

### **La Quinta**

8101 Peters Road  
Plantation, FL 33324  
800-687-6667  
2.5 miles from pool.

### **Sheraton Suites Plantation**

311 N. University Drive  
Plantation, FL 33324  
954-424-3300  
1.5 miles from pool.

### **Plantation Hotel & Conference Center**

1711 N. University Drive  
Plantation, FL 33322  
954-566-8200  
sales@plantationlcc.com  
www.plantationhotelcc.com

### **Marriot Courtyard**

7780 SW 6th Street  
Plantation, FL 33324  
954-475-1100  
2.3 miles from pool.

### **Marriott Residence Inn**

130 N. University Drive  
Plantation, FL 33324  
954-723-0030  
2.2 miles from pool.

### **Wellesley Inn**

7901 SW 6th Street  
Plantation, FL 33324  
954-473-8257  
2.1 miles from pool

### **Hampton Inn Plantation**

7801 SW 6th Street  
Plantation, FL 33324  
954-382-4500  
2.5 miles from pool

### **Renaissance Plantation**

1230 South Pine Island Rd.  
Plantation, FL 33324  
954-472-2252

### **Hyatt Place**

8350 W. Broward Blvd.  
Plantation, FL 33324  
954-370-2220