



Newburgh Sea Creatures
Swim the Moat Long Course Meet
June 2, 2012

Sponsored by: Newburgh Sea Creatures

Sanctioned by Indiana LMSC for USMS, Inc.

Location: Castle High School Natatorium, 3344 Indiana 261, Newburgh, IN 47630. The pool is located on the north side of the school and has a separate entrance.

Facility: The Natatorium will be set as a 9-lane Long Course pool, with one lane set aside for warm-up and warm-down during the meet. The pool is a new facility with portable bleacher seating on deck for participants and spectators, and additional seating for spectators in the gallery. Daktronics electronic timing will be in use for the meet. The pool is certified with touchpads at both ends, so times may be submitted for Top 10 consideration.

Schedule: Saturday, warm-ups will begin at 12:00 PM CDT with the meet starting at 1:00 PM CDT. All swimmers must check-in before 12:45 PM CDT or be scratched.

Meet Conduct: 2012 USMS rules will govern the meet

Eligibility: All entrants must be registered with United States Masters Swimming, Inc. All swimmers must include a copy of their USMS registration card with this entry form. Your age as of December 31, 2012 will determine your age for the meet.

Age Groups: 18-24, 25 - 29, 30 - 34, etc.

Entries: Swimmers are limited to five (5) individual events per day.

Entry fee: The entry fee is \$25.00 for up to five (5) individual events. Entries postmarked after 5/14/12 will be \$30.00 for up to five (5) individual events. Deck entries will be available for this event for \$40 for up to five (5) events. Please make checks payable to Newburgh Sea Creatures and note "Swim the Moat" on your check. Deck entries will be available for the 1500m if there is space available. The 1500m will be limited to the first 24 entries.

Relays: Relays will be deck-entered at no charge before the end of warm-ups on Saturday.

Deadline: Entries must be postmarked by Monday, May 21, 2012. Online entry will close Wednesday, May 30.

Seeding: Swimmers will swim from slowest heat to fastest heat, without regard to age. Men's and women's events may be combined at the Meet Director's discretion. The 1500m and 400m free will swim men and women's events together.

Awards: No event awards will be given. An award for overall men's and women's high point will be given.

Results: Complete results will be posted on the state masters website. www.grinsswim.org.

Mail entries to: Heather Bowling, Meet Director
4966 Tippecanoe Dr., Newburgh, IN 47630.

Questions? Call Heather at 812-629-3857

Directions: From Indianapolis: Take I-70 W/St. Louis to exit 7, US-41 South . Take US-41S to Evansville as it winds through US150E/US50E, but stay on US41 South. Hop up on I-64E to Louisville. Stay on I-64E for about 4.4 miles. Take I-164 South toward Evansville/Henderson, KY.

For hotels, take the I-164 exit to the Lloyd Expressway **West**.

To come to the pool, take the I-164 exit for the Lloyd Expressway **East**. Follow the Lloyd to IN-261 N. Turn left on IN-261N. Castle High School will be on your right (.25 - .5 miles). The pool entrance is in the northeast corner of the school.

Hotels: NSC has partnered with area hotels to provide a reduced rate. Please be sure to reference Newburgh Sea Creatures when making your reservation.

LaQuinta Inn and Suites – 8005 E Division St, Evansville, 47715 and Baymont Inn and Suites – 8015 E. Division St, Evansville, IN 47715

E-mail Rita Bauer at lq6348gm@laquinta.com for either location or

Call Baymont directly at 812-477-2677 Call LaQuinta directly at 812-471-3414

Women	EVENTS	Men
1	1500m Freestyle	2
3	200 m Medley Relay	4
5	200 m Individual Medley	6
7	50 m Butterfly	8
9	100 m Breaststroke	10
11	200 m Backstroke	12
13	50 m Freestyle	14
15	200 m Mixed Free Relay	16
17	100 m Butterfly	18
19	200 m Breaststroke	20
21	50 m Backstroke	22
23	400 m Individual Medley	24
25	100 m Freestyle	26
27	200 m Butterfly	28
29	200 m Mixed Medley Relay	30
31	100 m Backstroke	32
33	50 m Breaststroke	34
35	200 m Freestyle	36
37	200 m Free Relay	38
39	400 m Freestyle	40

ENTRY FORM

NAME _____ SEX ____ AGE ____ BIRTHDATE _____

ADDRESS _____ CITY _____ STATE/ZIP _____

PHONE _____ TEAM _____ USMS# _____

EVENT NUMBER	EVENT NAME	SEED TIME
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

FEES: \$25 meet entry / \$30 after 5/16/2012 = _____

\$40 on-deck meet entry _____

Make checks payable to Newburgh Sea Creatures Total = _____

Is this your first Masters Competition? _____

RELEASE FROM LIABILITY:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule book article 204.1)

Signature _____ Date _____