

Lake Juniper Open Water Swim

May 12, 2012

Clinic Safety Plan

The 'Lake Juniper' Open Water Swim Clinic will be held in the covered 50-meter pool at Juniper Swim & Fitness Center in Bend, OR. The water depth of the clinic area ranges from four to seven feet, the water quality provides a clear view of the entire pool bottom, and the water temperature is controlled by thermostat to approximately 80 degrees Fahrenheit.

The professional aquatic staff of the Juniper Swim & Fitness Center will provide swimmer safety for the clinic according to the facility emergency action plan & rescue protocols.

- Lifeguards: At least two licensed lifeguards will be on duty throughout the event, including warm-up, heats, and warm-down, and will serve as first-responders.
- Safety Director: The supervisor on duty will serve as the Safety Director.
- EMTs and ambulance: The nearest station of Bend Fire Department, located five minutes from the pool, will be on call to handle life-threatening medical emergency situations.

In the case of a life-threatening emergency, the patient may be transported by ambulance to the St. Charles Hospital, located five minutes from the pool. If a case is not life-threatening but needs emergency treatment, the patient may be transported by private car to the Hospital or an emergency walk-in clinic in Bend. Maps to these places will be available on site.

If conditions may adversely affect the clinic, the Event Director or Clinician is authorized to postpone the clinic. The most likely adverse conditions are thunderstorms or pool mechanical problems. Since the clinic is scheduled in the morning, there may be ample time to delay until the danger has passed. Event Director is authorized to cancel the swim, but only continuing dangerous conditions would warrant cancellation.

If evacuation from the water during a heat becomes necessary, the Event Director or Clinician will notify all lifeguards by standard signal to clear the pool by directing swimmers to the nearest pool edge, which in the furthest case is ten meters.