

2012 Steve Engle Memorial PNA Championship Meet
Saturday, April 14th and Sunday April 15th, 2012
 Hosted by Blue Wave Aquatics
 Sanctioned by PNA for USMS Inc. #362-06

LOCATION: Weyerhaeuser King County Aquatic Center, 650 SW Campus Drive, Federal Way, WA 98023 206-296-4444

FACILITY: 50-meter championship pool set up as two 25-yd courses, each with 9-ft wide lanes and a water depth range of 9'-10.5' Continuous warm-up available in 7-lane, 25-yd dive tank.

TIMES: Saturday, Apr 14: Warm-up 11:00-11:50am, meet starts Noon
 Sunday, Apr 15: Warm-up 8:00-8:50am, meet starts 9:00am

MEET DIRECTOR: Steve Freeborn, 206-940-7442,
pnachamps@bluewave-aquatics.com

CONCESSIONS: Vendor contracted with WKCAC, available in lobby.

RULES: Current USMS rules will govern the meet. Strictly forbidden:
 Using hand paddles in warm-up areas; Diving in warm-up areas unless in designated sprint lanes; Smoking in any area where swimmers may be present.

ELIGIBILITY: Open to all 2012 USMS or foreign registered swimmers 18 and above as of 04/15/2012. Age groups based on the swimmer's age as of 04/15/2012.

ENTRIES: Swimmers may enter up to 6 individual events, 5 individual events/day max. Entries must be postmarked by Thursday, April 5th 2012 or online by Saturday, April 7th, 2012 PM (Pacific) Midnight. No entries will be accepted after these deadlines.

SEEDING: Two courses will be used for the 400 IM, 500 Free, 1000 Free and 1650 Free. A single course will be used for all other events. All events slow to fast. Pre-seeding except for asterisked events, below.

CHECK-IN: 1000 Free – end of Event #6; 500 Free – 8:30am Sunday; 1650 Free – end of Event #18. Swimmers missing the check-in deadline may be scratched from the event.

RELAYS: 18+, 25+ and subsequent ten-year increments as high as necessary to accommodate all swimmers. The age of the youngest member of the relay team shall determine the age group. Mixed relays require two men and two women. Check-In Events #9, #10, #11 by 1pm Saturday. Events #21, #22, #23 by 11am Sunday.

AWARDS: Ribbons for places 1 – 6. Medals may be purchased at meet

ORDER OF EVENTS:

Saturday, April 14	Sunday, April 15
1 400 IM	13 500 Free*
2 200 Back	14 200 Fly
3 50 Free	15 50 Breast
4 100 Breast	16 100 Free
5 50 Fly	Special Awards Presentation
6 200 Free	17 200 IM
7 100 Back	18 100 Fly
8 100 IM	19 50 Back
9 Women's 200 Free Relay*	20 200 Breast
10 Men's 200 Free Relay*	21 Women's 200 Medley Relay*
11 Mixed 200 Medley Relay*	22 Men's 200 Medley Relay*
12 1000 Free*	23 Mixed 200 Free Relay*
	24 1650 Freestyle*
	PNA Team Award

ENTRY FEES: \$31 (US or Canadian; includes LMSC and timing surcharges) PLUS \$2 per individual event (optional for seniors and needs-based swimmers). No charge for relays.

ONLINE ENTRIES: Enter online at:
https://www.ClubAssistant.com/club/meet_information.cfm?c=1449&SMID=3621

PAPER ENTRIES: Use the Entry Form of the right side of this page.

DIRECTIONS: From North or South Bound I-5 take exit 142 B, which directs traffic west on S 348th (a continuation of westbound Highway 18). Continue west on S 348th across Pacific Highway S (Highway 99) and across 1st Ave S (NOTE: 348th becomes SW Campus Drive after crossing 1st Ave S). The pool is on the right about 1/2 mile past 1st Ave S.



NOTES: Entry Confirmation: If entry confirmation is desired for a paper entry, include a self-addressed, stamped envelope or postcard with your entry. Swimmers should keep a copy of the completed entry form.

NAME: _____ M F AGE: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE _____
 Email _____
 BIRTHDATE: _____ USMS #: _____ - _____

Include a copy of your Masters Registration card if you are not a PNA member

LMSC (PNA, Oregon, Inland NW, etc.)	Club (PNA or BWAQ if registered in PNA)

TEAM - PNA teams must register with PNA by Thursday, March 29 2012)

ENTRY LIMIT: 6 INDIVIDUAL EVENTS (5 per day) PLUS RELAYS

Event #	Event Name	Entry Time

ENTRY FEE: Fees include WA State Sales Tax

SURCHARGE	\$31.00					
INDIVIDUAL EVENTS	+	\$2 Per Event. No charge for relays. No charge for seniors (65+) or need-based				
T-SHIRTS@20 UNISEX SIZING	+	Small	Med	Lg	XL	XXL
WOMEN'S FIT	+	Small	Med	Lg	XL	XXL
	+	+\$2 for XXL shirt				
TOTAL	\$	Make checks payable to BWAQ and mail to: Blue Wave Aquatics, PO Box 24083 Federal Way, WA 98093				

Questions? Email Steve Freeborn at pnachamps@bluewave-aquatics.com
 Entries must be postmarked by Thursday, April 5th 2012 or online by Saturday, April 7th, 2012 PM (Pacific) Midnight. No entries will be accepted after these deadlines. All swimmers must have a valid 2012 USMS (or foreign) registration prior to meet entry or submit an application accompanying this entry.

Blue Wave Aquatics, PO Box 24083, Federal Way, WA 98093 "WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. As a condition of my participation in the Masters Swimming Program or any activities incident thereto, I hereby waive any and all rights to claims for loss or damages, including all claims for loss or damages caused by the negligence, active or passive, of the following: United States Masters Swimming, INC., the Local Masters Swimming Committees, the Clubs, Host Facilities, Meet Sponsors, Meet Committees, or any individuals officiating at the meets or supervising such activities. In addition, I agree to abide by and be governed by the rules of USMS.

Signature	Date
_____	_____
<input type="checkbox"/> This is my first Masters meet	