

Big Island SCY Dual Sanction Swim Meet

Saturday April 7, 2012 9:00am
Dowsett Pool, HPA, Kamuela, HI

Warm-up 8:30am Meet Start 9:30am	
Event	Entry Time (or NT)
200 yd Fly	
200 yd Breast	
50 yd Free	
100 yd Back	
200 yd Free	
400 yd IM	
500 yd Free	

Name			
Address			
City, State Zip			
Telephone			
USMS Number			
Club			
Birthdate		Age on race day	
Sex <input type="checkbox"/> Male <input type="checkbox"/> Female			
email			
First USMS Meet?		<input type="checkbox"/> Yes <input type="checkbox"/> No	

LOCATION:	Dowsett Pool-HPA Kamuela, Hawaii	FACILITY:	25y by 25m pool. Warm-up lanes available during meet.
WARM-UP	7:30-8:45am warm-up; 9:00am meet start after Age Group 200m Free. No diving except in designated "start" lanes. There will be separate warm- up lane(s) for USA-S and USMS swimmers.	MEET FLOW	This is a dual sanction meet with USMS swimmers mixed in heats with USA-S swimmers based on entry tie. USA Swimming meets require ages 12 and under to complete all swims in UNDER 4 hours.
AWARDS:	Men & Women: Results will be listed by age group: 19-24, 25-29, 30-34 to the top age group. No awards will be given	ELIGIBILITY:	All participants must be members in good standing with United States Masters Swimming, Inc. Swimmers 19 & over that are not registered can sign-up for one-day registration with USMS on race day. One year USMS membership (valid thru 12/31/12) is \$40. One day membership is \$15.
CONTACTS:	Meet Director: Mark Noetzel 808 640-6236 mnoetzel@hpa.edu Entry contact: Ann Imoto 808 938-9638 imoto4a@hawaii.rr.com	ENTRIES: FEES & DUE DATES	\$10 per swimmer; Payable to Big Island Swimming. Race-Day Entries \$25. Manual Entries (using this form): Mon April 2, 2012. Send email entry information to entry contact. Bring filled out signed form with \$10 to Clerk of Course to check in.
SANCTION by:	Hawaii Masters Swim Assc. for USMS, Inc #S392-P003	SEEDING:	All events will be seeded slowest to fastest, by entered time, ages combined, sexes separate.
TIMING:	Electronic with Colorado Timing System courtesy co- host Maui County Aquatics; run by MAGSA officials.	RULES & JUDGING:	2012 USMS and HMSA rules will govern. All events are timed finals. A swimmer who misses their heat will not be re-seeded into a later heat and will be disqualified for that event.

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Athlete Signature _____ **Date** _____